

Provincial Detox & Substance Use Treatment Facility Directory

[As of October 1, 2020, all Detox & Treatment Services are free, unless specified otherwise; Listed services are for 18+, unless specified otherwise]

Withdrawal Management/Detox Facilities (Co-ed)			
Program	Location	Contact Info	Description
Thorpe Recovery Centre	Blackfoot (Lloydminster)	780-875-8890 / 1-877-875-8890 780-875-2161 (Fax) info@thorperecoverycentre.org www.thorperecoverycentre.org	12 beds. 7-10 days. Free service (8 AHS Funded beds) or Fee-For-Service (\$350/day). Suboxone inductions available, not required . Methadone & Suboxone accepted. Dorm-style (3/room) & double rooms. Smoking allowed at designated times. No access to cell phones/electronics/internet. 24/7 staffing & medical monitoring. Phone assessment required, first come first served.
Calgary Alpha House	Calgary	403-234-7388 ext.2 403-234-7391 (Fax) detox@alphahousecalgary.com www.alphahousecalgary.com	8 beds (4 male/4 female). 7-10 days. Suboxone inductions available, not required . Methadone & Suboxone allowed. Dorm-style (3+/room) rooms. Wheelchair accessible. Smoking allowed; nicotine replacement options provided. 24/7 staffing & medical monitoring. Access to: Nurses, Pharmacist, Physician, & Addiction Support Workers. Limited access to cell phones. Phone interview or drop-in assessment required. [Transitional Program: 12 transitional beds. 30 days. Harm Reduction model with 12-Step & Well-briety programs integrated. Dorm style (3+/room). Access to cell phones, computers, client phone. Limited family visits & passes.]
Renfrew Recovery Centre (AHS)	Calgary	403-297-3337 403-297-4592 (Fax) www.albertahealthservices.ca/services/renfrewrecoverycentre.aspx	40 beds. 5-8 days. Suboxone inductions available, not required . Suboxone, Methadone, & Kadian allowed. No opioid pain medications allowed. Dorm-style (3+/room) rooms. No smoking; nicotine replacement options provided. No visits. No cell phone or internet access; resident phone access for local & long-distance calls. 24/7 staffing & medical monitoring. Access to: Physicians, Nurses, Addiction Counsellors, & Client Care Assistants. Services provided: Naloxone training, Safeworks groups, 12-Step groups, SMART Recovery, Recovery Dharma, PALS, indigenous based groups, & recreation activities. Clients must present to 1611 Remington Rd NE between 7-7:15am for assessment. Beds assigned based on availability and medical need. Youth requiring medical detox may be accepted with prior arrangement. Respiratory or influenza-like symptoms will be screened and monitored every shift. Clients with symptoms may be asked to wear a mask for symptom management and client safety. Service available for alcohol and drug withdrawal as well as gambling stabilization. [Call 403-297-3337 press 1 for more detailed admission information; Renfrew pre-books 2 admissions beds daily - call 403-297-3337 press 2 to leave a message; Waiting room = 14 client capacity]

Addiction Recovery Centre (AHS)	Edmonton	780-342-5900 780-342-5932 (Fax)	42 beds (26 male, 14 female, 2 flex beds). 5-day average stay. Suboxone & Sublocade inductions available, not required . Methadone & Suboxone allowed. No smoking; nicotine replacement options provided. Limited visitors/passes. Individual, Double, & Dorm-style (4/room) rooms. No cell phone access; Phone, TV, & computer access available. No visits/passes. 24/7 staffing & medical monitoring. Access to: Nurses, Physician, Psychiatrist, & Addiction Counsellors. Services provided: 12-Step Meetings, recreation & leisure activities, smoking cessation groups, Naloxone training, overdose education, & discharge planning/support. Triage: 10-11am daily - beds assigned based on need. Detox located in Alberta Hospital Edmonton.
George Spady Centre Detox	Edmonton	780-424-8334 ext. 0 587-524-1531 (Fax) admin@gspady.ab.ca www.gspady.org	35 beds. 3-15 day stay, with flexibility. Suboxone inductions available, not required . Methadone & Suboxone allowed. No medication restrictions. Smoking allowed. Family visits encouraged. Dorm-style (3+/room) rooms. No cell phones access; TV, internet, & phone access available. 24/7 staffing & medical monitoring. Access to: Physician, Nurse Practitioner, & Addiction Counsellors. Services offered: 12-Step Meetings, overdose education, Naloxone training, education sessions, recreation/leisure activities, self-help groups, & referrals to community resources. Clients can self-refer in person at 10:30am at 10015 105A Avenue, North Gate or by phone: 780-424-8335 ext 0. No on-site parking.
Foothills Centre	Fort Macleod	403-553-4466 403-553-4819 (Fax) foothillscentre@gmail.com www.foothillscentre.ca/	21 beds. 5-7 days, determined by assessment. Support for community managed Suboxone inductions available, not required . Methadone & Suboxone allowed. Individualized medication management. Smoking allowed. Dorm-style (3+/room) rooms. Partially wheelchair accessible (no access to TV/recreation room). No cell phone or internet access. Client phone available for personal calls. No visits/passes. 24/7 staffing. Access to: Paramedics & 1-1 Case Managers. Services offered: Discharge planning, 12-Step Meetings, mandatory daily group sessions, Pre-Treatment detox, Transition program (volunteering, life-skills, outings), & 3-Day Relapse Prevention stays. Self-Referral. Phone assessment required. (COVID-19: Pre-admission screening. Masking is recommended, not required. Symptomatic individuals will be tested, will be required wear a mask and may be placed in isolation. Must isolate elsewhere if positive test results. CPAP machines allowed. No blow dryers, bedding, or pillows from home.)

Pastew Place Detox Centre	Fort McMurray	780-791-2525 780-791-0358 (Fax) ppdcs@shaw.ca	16 beds (12 male/2 female/2 observation). Length of stay determined by assessed medical need. Social/Non-Medical detox. Suboxone inductions not required ; available through AHS Virtual Opioid Dependency Program referral. Smoking allowed. Dorm-style (3+/room) rooms. Wheelchair accessible. Limited access to cell phones. Visits available. 24/7 staffing. Access to: Client Care Aides, Program Facilitator, & Client Co-ordinator. Services offered: 5-day psycho-educational sessions, 12-Step Meetings, referrals to community resources, Pre-Treatment detox co-ordination (3 beds), & Post-Treatment aftercare program (2 fee-for-service beds). Outpatient Day Programming offered (M-F; 9:15-3:30; must be 3+ days without substances; lunch provided). Self-Referral.
Northern Addictions Centre Detox (AHS)	Grande Prairie	780-538-6303 780-538-6369 (Fax)	20 beds. 5-10 days. Suboxone inductions available, not required . Smoking allowed in designated areas; nicotine replacement options provided. Double or Dorm-style (3+/room) rooms. Wheelchair accessible. Access to cell phones. Visits/Passes allowed after 48 hours. 24/7 staffing & medical monitoring. Access to: Nurses, Physician, & Addiction Counsellors. Services offered: Naloxone training, self-help meetings, information sessions, referrals to community resources, & Relapse & Recovery Planning. Self-Referral.
MITAA Detox Centre (Metis Indian Town Alcohol Association)	High Prairie	780-523-3372 / 1-800-207-9320 780-523-3922 (Fax) mitaa@telusplanet.net	8 beds (5 male/3 female). 5-14 days. Suboxone inductions not required . Limited Methadone/Suboxone allowed. Smoking allowed. Social/Non-Medical detox. Single & double rooms. No cell phone/internet access. Phone available. 24/7 staffing. Access to Addiction Counsellors & Elder. Services offered: 1-1 Counselling, 2 off-site 12-Step Meetings/week. Self-referral. (COVID-19: 6 beds available (4 male/2 female). No visits allowed. Continuous masking required for entirety of stay. Negative test required prior to admission. No elder at this time.)
Lethbridge Recovery Centre Detox (AHS)	Lethbridge	403-388-6243 403-388-6528 (Fax) Referral form available at: www.abaddictiontx.ca/directory	Located in hospital (use 17 th St entrance nearest to 10 th Ave). 8 beds. 7-10 days. Suboxone & Sublocade inductions available & required for dependant opioid use . Methadone, Suboxone, & Kadian allowed. No smoking; nicotine replacement options provided. Single rooms; shared bathrooms. Wheelchair accessible. No cell phones. Shared tv/phone access. 2 visitor policy/no passes. 24/7 staffing & medical monitoring. Access to: Nurses, Health Care Aides, Spiritual Care Provider, Elder, Recreation Therapist, Physician, Addiction Counsellor, & Social Worker. Services offered: 1-1 & Group Counselling, Naloxone training, optional group programming, virtual 12-Step Meetings, & Relapse Prevention/Discharge planning. Service provider referral required for admission. (COVID-19: Continuous masking required for entirety of stay. Testing as needed. COVID+ individuals will be placed in isolation.)

Nayoskan Detox	Maskwacis	780-585-2268 780-585-3381 mcss@mymhs.ca	12 beds. 10 days. Suboxone & Sublocade inductions available, not required for opioid use . All regularly prescribed medications are supported; must be in original packaging or bubble packs. Smoking allowed; nicotine replacement options provided. Single rooms. Wheelchair accessible. Access to cell phones, internet, & resident phone. Visits available on Saturdays; no passes. 24/7 staffing & medical monitoring. Access to: Nurses, Elders, Addiction Counsellors, Social Workers, Mental Health Therapists, Psychologists, & Health Care Aides. Services offered: 1-1 Counselling, traditional parenting skills programming, 12-Step groups, cultural activities (smudging, sweat lodge, pipe ceremonies), Relapse Prevention Planning, Grief & Loss support, Equine Therapy, & Community Support navigation. Referral required from involved service provider or NNADAP worker; in-person assessment required.
Medicine Hat Recovery Centre Detox (AHS)	Medicine Hat	403-529-9021 403-529-9065 (Fax)	6 beds. 5-12 days. Suboxone & Sublocade inductions available with special consideration & required for opioid use . Methadone, Suboxone, & Kadian allowed. All regularly prescribed medication allowed. No smoking; nicotine replacement options provided. Single rooms with attached bathroom. Wheelchair accessible. Limited cell phone access. Internet/TV/phones available. Limited visits/passes. 24/7 staffing & medical monitoring. Access to: Nurses, Client Care Assistants, Physicians, Mental Health Clinician, & Addictions Counsellors. Services offered: Fitness Room, Discharge Planning, & Naloxone training/kits. Completion of "Screen for Service" (in person/on phone) required. Self-referral. Once approved, all beds assigned on a queue system.
Safe Harbour Society	Red Deer	403-347-0181 403-347-7275 (Fax) office@safeharboursociety.org www.safeharboursociety.org	20 beds. 5-10 days. Suboxone inductions available, not required . Methadone & Suboxone allowed. No opioid medications allowed. Benzos must be Physician-reviewed. Smoking allowed; nicotine replacement options provided. Dorm-style (3+/room) rooms. Not wheelchair accessible. No cell phones; phone access for local calls, calling cards required for long distance. Limited internet access. No visits/passes. 24/7 staffing & medical monitoring. Access to: Nurses, Addiction Counsellors, Physician, Elders, & Psychiatry (limited). Services offered: Excellent meals, healthy living conversations, Many Healing Blankets Aboriginal program, 12-Step meetings, Well-briety meetings, sharing circles, & cultural activities. Ability to attend sweat ceremonies. (COVID-19: Clients are encouraged to mask; not required unless symptomatic. Rapid tests provided if individual shows symptoms. Vaccinations available, upon request. If outbreak occurs, capacity = 13, everyone to be tested.)

Poundmaker's Lodge Detox	St. Albert	780-458-1884 / 1-866-458-1884 780-459-1876 (Fax) detox@poundmaker.org http://poundmakerslodge.ca/	5 beds. 5-7 days. Suboxone inductions available, not required . Privacy curtains used to separate beds. Medically-supported detox. Smoking allowed; nicotine replacement options provided. Limited access to cell phones. No internet access. TV available. 24/7 staffing & medical monitoring. Access to: Nurses, Elders, Physicians, Psychologist, & Addiction Counsellors. Services offered: Discharge Planning/support, seamless transition into treatment – as able. Self-Referral. Pregnant women will be fast-tracked. Detox services available only for individuals accepted into Poundmaker's treatment program. (COVID-19: Symptomatic individuals will not be admitted; all admissions will be tested. Continuous masking in effect.)
Bringing the Spirit Home Detox	Standoff	403-737-8600 (ext. 2) 403-737-8601 (Fax) www.btdh.ca	24 beds. 10-14 days. Suboxone inductions available, not required . No opioid medications allowed. Double rooms. Smoking allowed; nicotine replacement options provided. Access to phone & internet. Visits allowed. 24/7 staffing & medical monitoring. Access to: Physicians, Paramedics, Addiction Counsellors, & Elders. Services offered: 1-1 & Group Counselling, Cultural programming, Optometry, Dental Care, & Post-Treatment transitional support. Self-Referral. Pregnant women will be fast-tracked. (COVID-19: Isolation beds utilized until negative test received; daily symptom screening x2, limited visitors.)
Swan Hills Detox (AHS)	Swan Hills	780-333-7000 780-333-7009 (Fax)	3 beds. 6-10 days. Suboxone inductions available, not required . All regularly prescribed medications reviewed prior to admission. Medically-supported detox. Single rooms. Wheelchair accessible. Limited smoking; nicotine replacement options provided. No cell phone, internet, or electronic device access. Visits allowed. 24/7 staffing & medical monitoring. Access to: Physicians, Nurses, Mental Health Therapist, Addiction Counsellor, & Elders. Services offered: 1-1 Counselling (virtual), Naloxone training, beautiful location/nature, & discharge planning. (COVID-19: Screening on admission; continuous masking; physical distancing in effect.)

Intensive Adult Concurrent Disorders Treatment Facilities (Co-ed)

Program	Location	Contact Info	Description
Claresholm Centre for Mental Health & Addictions [Concurrent Disorders Capable Program] (AHS)	Claresholm	403-682-3500 403-682-3527 (Admissions Coordinator) 403-625-3051 (Fax) claresholmcentre@ahs.ca www.albertahealthservices.ca/services/page13575.aspx	28 beds. Up to 90 days. Suboxone, Methadone, & Kadian allowed. Benzo, Stimulant, & Opioid medications allowed with agreement to supportive taper; taper may be requested prior to admission. No smoking; nicotine replacement options provided. Single & double rooms. Wheelchair accessible. Limited cell phone access (3hrs on weekends). Internet access on Fridays. Visits allowed; passes after 6 th week. Abstinence model. 24/7 staffing. Access to: Nurses, Social Workers, Physician, Psychiatrists, & Psychologist. Services offered: Daily education sessions, Group Programming (Cognitive-Behavioural Therapy & Dialectical Behavioural Therapy skills), Vocational Rehab Program (Computers, Horticulture, Woodworking, & Crafts), Individualized Case Management, Recreation sessions, Relapse Prevention Planning, & Medication Management. Focus on Substance Use Recovery & Concurrent Disorders. AHS or Physician referral only; recent psychiatric assessment required (within last 1 year). Program mandate does not include disorders involving psychotic features (ie: Schizophrenia, Schizoaffective Disorder) (COVID-19: Physical distancing encouraged)
Centennial Centre for Mental Health & Brain Injury (AHS)	Ponoka	403-783-7754 403-783-7896 (Fax) https://www.albertahealthservices.ca/findhealth/facility.aspx?id=1000242	20 beds. 22 days. Minimum 5-7 days substance-free before admission. Ages 18-64; Priority for pregnant women & individuals aged 18-24. Must have valid Alberta PHN card. Transportation is client's own responsibility. Suboxone & Methadone accepted. Benzo, Stimulant, & Opioid medications allowed with agreement to taper. No smoking/vaping allowed; nicotine replacement options provided. Double rooms. Wheelchair accessible. Limited cell phone access. Internet/phone access. Limited visits allowed; no passes. Harm Reduction approach. Must have severe, persistent, co-occurring mental health & substance use disorders. Requires ongoing connection with Addiction & Mental Health clinician & an attached Psychiatrist. Drug tested on intake & randomly throughout. 24/7 staffing. Access to: Addiction Counsellors, Social Workers, Physicians, Nurses, Psychiatrists, Psychologists, & Recreation Therapists. Services offered: Daily education sessions, 1-1 & Group Counselling, Relapse Prevention Planning, Medication Management, & Aftercare follow-up by phone. Focus on Substance Use Recovery & Concurrent Disorders. AHS or Physician referral only. (COVID-19: Open with limited capacity; Outside food/beverages not allowed. Require 7-10 day self-isolation prior to admission; Vaccinations not required, but encouraged. Continuous masking outside of bedrooms/eating area.)

Intensive Adult Substance Use Treatment Facilities (Co-ed)

Program	Location	Contact Info	Description
Thorpe Recovery Centre	Blackfoot (Lloydminster)	780-875-8890 / 1-877-875-8890 780-875-2161 (Fax) info@thorperecoverycentre.org www.thorperecoverycentre.org/	60 beds (38 AHS funded). 42-90 days. No Benzo/Stimulant/Opioid medications. 30-day Suboxone/2-3 month Methadone stability required. Smoking allowed at designated times. Double rooms. No cell phone or internet access. 2x20min calls/week. No passes. Visits available on 2 nd Sunday. Therapeutic Community model. 24/7 staffing. Access to: Nurse Practitioner, Nurses, Addiction Counsellors, & Social Workers. Services offered: Daily education sessions, 1-1 sessions (x3) & Group Counselling, Music Therapy, Life Skills, Seeking Safety (PTSD + Substance Use) Program, Gym, Yoga, 12-Step Meetings, SMART Recovery, Emotional Freedom Technique (EFT), Relapse Prevention Planning, & referrals to appropriate community resources. Programming for affected family members (partners & kids). Focus on Substance Use, Concurrent Disorders, Sex Addiction, & Gambling Recovery. Self-Referral for Fee-For-Service bed. AHS referral required for funded beds. (COVID-19: Continuous masking for 14 days; Physical distancing always expected between clients, staff, & visitors.)
Lander Treatment Centre (AHS)	Claresholm	403-625-1395 403-625-1300 (Fax) www.albertahealthservices.ca/services/Page13119.aspx	48 beds. 29 days (flexibility of discharge date, if beds are available). Stable Methadone & Kadian (min. 2 weeks @ optimized dose), Suboxone, & Sublocade allowed. Medications reviewed through application process. No smoking; nicotine replacement options provided. Double rooms. Cell phone access outside of programming; no computer access. Scheduled visits allowed, outside of programming. 24/7 staffing. Access to: Addiction Counsellors, Nurses, Client Care Assistants, Mental Health Therapist, & Recreation Therapist/Therapy Assistants. Services offered: Daily education sessions, 1-1 & Group Counselling, Relapse Prevention Planning, Introduction to Self-Help/12-Step Programs, Opioid Poisoning Education (including Naloxone), & Recreation/Leisure Programming. Focus on Substance Use, Tobacco, & Gambling Recovery. Community or Self-Referral. (COVID-19: Physical distancing encouraged)
Henwood Treatment Centre (AHS)	Edmonton	780-422-4466 (Admissions) 780-422-9069 (Main) 780-422-5408 (Fax) henwoodadmissionsdepartment@ahs.ca	62 beds. 19 days. Methadone, Suboxone, Kadian, & Benzos allowed (may be continued or started). All restricted medications will be reviewed by Physician. Smoking allowed & nicotine replacement options provided. Dorm-style (3+ /room) rooms. Wheelchair accessible. Cell phone & on-site wifi access. Visits allowed on weekends; limited passes. Holistic, Abstinence-focused model. 24/7 staffing. Access to: Nurses, Social Worker, Peer Support Worker, Recreation Activity Assistant, Addiction Counsellors, Mental Health Therapist, Physician, & Psychiatrist. Services offered: Daily education sessions, 1-1 & Group Counselling, Gender-specific programming, person-centred treatment planning/goal-setting to support reducing or stopping substance use, & referrals to community programs/services. Focus on Substance Use Recovery. Self, Agency, & Community Referral. (COVID-19: Continuous masking & screening in effect. Screening upon entry. Isolation/testing available for symptomatic individuals.)

Fort McMurray Recovery Centre (AHS)	Fort McMurray	780-793-8300 780-793-8301 (Fax)	16 beds. 28 days. Methadone & Suboxone allowed. All medications reviewed prior to admission. No smoking; nicotine replacement options provided. Single rooms; shared bathrooms. No cell phones, electronics, or internet access. Strengths-based approach supporting 12-Step & abstinence models. 24/7 staffing. Access to: Nurses, Addiction Counsellors, Client Care Aides, & Recreation Therapist. Services offered: Daily education sessions, 1-1 & Group Counselling, Recreational Activities, & Relapse Prevention/Aftercare planning. 10-day Virtual Intensive Day Treatment Program via Zoom (on hold as per October 2023) requires access to phone/tablet/computer supporting audio and visual capability, with internet. Focus on Substance Use Recovery. Referral from addictions professional with medical assessment required. (COVID-19: Continuous masking in effect. Daily screening/temperature checks. No weekend passes. Social distancing & enhanced sanitization protocols.)
Northern Addictions Centre (AHS)	Grande Prairie	780-538-6350 780-538-6313 (Fax) GrandePrairieResidentialTreatment@albertahealthservices.ca	40 beds. 21 days – up to 6 weeks. Opioid Agonist Treatment allowed. Smoking allowed in designated areas; nicotine replacement options provided. Dorm-style (4/room). Wheelchair accessible. No cell phones or internet access. Scheduled visits/passes provided. Abstinence approach. 24/7 staffing. Access to: Addiction Counsellors, Recovery Workers, Nurses, Public Health (weekly) & Physician (weekly). Services offered: Daily education sessions, 1-1 & Group Counselling, Relapse Prevention Planning, 12-Step Meetings, Peer Support, Recreation Therapy, & Family Support. Focus on Substance Use & Gambling Recovery (Specialized Gambling Programming available). Self, Agency, & Community Referrals.
Fresh Start Recovery Centre Lethbridge	Lethbridge	403-329-6603 403-328-5756 (Fax) Info@freshstartrecovery.ca www.freshstartrecovery.ca/about-us/lethbridge/	23 beds (13 male/10 female). 90 days. Suboxone allowed. No Methadone. Smoking allowed in designated areas. Double rooms. Not wheelchair accessible. Access to cell phones & internet. Passes & visits available. 12-Step, Abstinence model. 24/7 staffing. Services offered: Daily education sessions, 1-1 Counselling, Exercise Facilities & fitness classes, 12-Step Meetings (on & off-site), weekly alumni meetings, Family Healing Program, Relapse Prevention Planning, & outpatient services. 52 Post-Treatment housing beds available for as long as needed. Focus on Substance Use Recovery. Self-Referral. (COVID-19: Continuous masking, individuals placed in isolation when presenting with symptoms or testing positive).

Medicine Hat Recovery Centre (AHS)	Medicine Hat	403-529-9021 403-529-9065 (Fax)	12 beds. 28-day program with possible Phrase 3 extension if bed availability. Stabilized Opioid Agonist Treatment allowed. Prescribed Benzos/Stimulants/Opioid Pain medication allowed. No smoking; nicotine replacement options provided. Single & double rooms. Wheelchair accessible. Limited cell phone access. Access to internet, tv, & 2 phones. No passes; visits available. Holistic, Recovery-Oriented approach. 24/7 staffing. Access to: Physicians, Nurses, Addiction Counsellors, Recreation Therapist, Mental Health Clinician, & Client Care Assistants. Services offered: Daily education sessions, Group & 1-1 Counselling, Relapse Prevention Planning, Fitness Room, Leisure/Recreation Activities, Naloxone Training, MyRecovery Planning, spacious backyard, & an introduction to recovery resources/community supports. Focus on Substance Use Recovery. Self-Referral. Once approved, beds are assigned on a queue system.
Red Deer Recovery Community (Edgewood)	Red Deer	(No Phone) (No Fax) info@reddeerrecovery.com www.ehncanada.ca	75 beds. 6-12 months. Recovery Community & Recovery Capital Model, with 12-Step integrated approach. 24/7 staffing. Access to: Clinical Counsellors, Indigenous Liaison, Recovery Coaches, & Case Managers. Services offered: Daily education sessions, Group Counselling, Dialectical Behavioural Therapy (DBT), Cognitive Behavioural Therapy (CBT), gender-specific programming, 12-Step Meetings, Relapse Prevention Planning, After-care Co-ordination, Phrased program, & Alumni outreach program. Focus on Substance Use Recovery. Online Professional or Self-Referral.

Intensive Adult Substance Use Treatment Facilities (Male)

Program	Location	Contact Info	Description
Recovery Acres Calgary Society (1835 House)	Calgary	403-245-1196 403-244-4019 (Fax) info@recoveryacres.org https://recoveryacres.org/	30 beds. 42 days – 1 year. Suboxone & Sublocade accepted on case-by-case basis. No Methadone, Benzos, or Opioid medications allowed. Smoking allowed. Double & dorm-style (3+/room) rooms. 12-Step, Abstinence-based Cognitive Behavioral Therapy approach. Access to cell phones & internet. Passes provided after 28 days. Family visits available. 24/7 staffing. Access to: Psychologist, Peer Support, Addiction Counsellors, & Physician. Services offered: 1-1 & Group Counselling, 12-Step Meetings, virtual session availability for community supports, workshops for anxiety, depression, trauma, & suicidality. 12 after-care spaces available for up to 2yrs. Focus on Substance Use Recovery. (COVID-19: Symptomatic individuals will be placed in isolation. Daily symptom screening.)
Calgary Dream Centre	Calgary	403-243-5598 403-287-9680 (Fax) info@calgarydreamcentre.com www.calgarydreamcentre.com	30 beds. 49 days. \$1200 intake fee for non-AB residents. Suboxone & Methadone allowed. All Benzos, Sleep-aid, & Opioid pain medications require physician consultation beforehand. Smoking allowed; nicotine replacement options provided. Dorm-style (3+/room) rooms. Wheelchair accessible. Abstinence model. Passes & visits available. 24/7 staffing. Access to: Addiction Counsellors, Social Workers, Pastor, & Psychologist. Connected to Alex Community Health Physicians. Services offered: 1-1 & Group Counselling, Education sessions, 12-Step Meetings, Cognitive Behavioural Therapy, Dialectical Behavioural Therapy, Exercise/Fitness activities, Equine Assisted Learning, Mindfulness practice, Woodworking, Volunteering, & After-care/Relapse Prevention planning. Focus on Substance Use Recovery. Self-Referral. [Transitional Housing After-Care Program: Regular bed openings. Access to Case Management. Services offered: 12-Step Meetings, On-site church services.] (COVID-19: Limited passes & visits. Continuous masking encouraged. Physical distancing implemented in elevator & dining area.)
Fresh Start Recovery Centre Calgary	Calgary	403-387-6266 / 1-844-768-6266 403-235-1532 (Fax) info@freshstartrecovery.ca www.freshstartrecovery.ca/	50 beds. 90 days. Suboxone allowed. No Methadone. Smoking allowed in designated outdoor areas. Double rooms. Wheelchair accessible. Cell phone & internet access. Passes & visits allowed. 12-Step, Abstinence Model. 24/7 staffing. Access to: Physical Trainer, bi-weekly Naturopath & Physician visits. Services offered: Daily education sessions, 1-1 Counselling, Exercise Facilities & Fitness classes, 12-Step meetings (on & off-site), weekly Alumni Meetings, Family Healing Program, & outpatient services. 52 Post-Treatment housing beds available for as long as needed. Focus on Substance Use Recovery. Self-Referral. (COVID-19: Continuous masking, individuals placed in isolation when presenting with symptoms or testing positive).

Simon House Recovery Centre	Calgary	403-247-2050 (No Fax) info@simonhouse.com https://simonhouse.com/	64 beds. 84 days. Methadone, Suboxone, & Stimulant medications allowed. No Benzo or Opioid medications allowed. Medication management on-site. Drug testing at admission & randomly after. Smoking & non-refillable vapes allowed. Double rooms. Not wheelchair accessible. Harm Reduction & Abstinence-based 12-Step approaches. Cell phone access between 9am-11pm. Wifi access during leisure time. Overnight passes with counsellor-approval. Visits allowed. 24/7 staffing. Access to: Social Workers, Addiction Counsellor, Pharmacist, Nurse Practitioner, Psychiatrist, & First Nations Elders. Services offered: Daily education sessions, 1-1 & Group Counselling, AfterCARE & FamilyCARE programming (remote/virtual). 12-Step Meetings required. Focus on Substance Use & Process Addiction Recovery. Self-Referral; incarcerated individuals must be released before applying. Continuous intake = quicker admission process. (COVID-19: Ongoing AHS mandated protocols)
Our House Addiction Recovery Centre	Edmonton	780-474-8945 780-479-2271 (Fax) house@ourhouseedmonton.com www.ourhouseedmonton.com/home.html	60 beds. 10-12 months. Methadone & Suboxone allowed. Smoking allowed. Double rooms. Not wheelchair accessible. Therapeutic Community approach using 12-Step/abstinence based model- must complete up to Step 5. Access to cell phones & internet. Visits & passes provided. Staffing until 2am. Access to: Addiction Counsellors, Social Workers, & Peer Support. Services offered: 1-1 & Group Counselling, 12-Step Meetings, Trauma intervention, Understanding Anger, Mental Health First Aid, & 18-Session Men in Recovery programming. Focus on Substance Use, Gambling Recovery, & Concurrent Disorders. (COVID-19: Continuous masking for entirety of stay. 14-day quarantine upon admission. No visits. Passes for essential needs only. Symptomatic individuals placed in isolation immediately.)
Recovery Acres (Recovery Acres Society of Edmonton)	Edmonton	780-471-2996 780-477-1578 (Fax) info@recoveryacres.ca www.recoveryacres.ca	34 beds. 90 days. (\$40/day without active Alberta Health Care #). Suboxone & Methadone allowed, with taper plan. No medication restrictions. Random drug testing. Smoking allowed; nicotine replacement options provided. Dorm-style (2-4/room) rooms. Not wheelchair accessible. Limited cell phone access. Passes available on 4 th weekend. Visits allowed. 12-Step Abstinence-based approach. 24/7 staffing. Access to: Social Worker & Addiction/Relapse Prevention Counsellor. Services offered: 1-1 & Group Counselling, Cognitive Behavioural Therapy, Art Therapy, 12-Step support, Educational Workshops, Medication Management, Men's Support Groups, & Life-Skills. 90-day Relapse Prevention/Community Transition Program available. Supportive Recovery Housing (Robson Housing) available after treatment. Focus on Substance Use & Process Addictions Recovery. Pre-admission interview required. (COVID-19: Continuous masking. No overnight passes. All visits must take place outside.)

<p>Transformations Program (Salvation Army)</p>	<p>Edmonton</p>	<p>780-429-4274 780-426-5392 (Fax) arc_edmonton@can.salvationarmy.org www.edmontonarc.org/transformations</p>	<p>4 months. No Methadone, Suboxone, Stimulant, Opioid, or Benzo medications allowed. Not wheelchair accessible. Abstinence & faith-based, holistic approach. Random Drug Testing. No smoking; nicotine replacement options provided. No walkers/IVs/Oxygen. Access to: Addiction Counsellors, Chaplain, & Peer Support. Services offered: 1-1 & Group Counselling, Spiritual supports, Educational Workshops, Life-Skill Development, YMCA Pass, Relapse Prevention, Family Education sessions, 12-Step Meetings, & Chapel services. Focus on Substance Use recovery. Gr. 12 literacy required. Requires completed medical forms & 10-days substance-free prior to admission. [Keystone 2nd Stage Supportive Recovery Housing: 1-year. Regular bed openings. Access to Case Management. Services offered: 12-Step Meetings, On-site church services.]</p>
<p>Shunda Creek (Enviros Wilderness Treatment Base Camp)</p>	<p>Nordegg</p>	<p>403-340-5466 403-340-6827 403-340-4874 (Fax) Shundayadmissions@ahs.ca www.enviros.org/shunda-creek-wilderness-addiction-treatment/</p>	<p>10 beds. 90 days. Ages 18-24. Adventure-based treatment. Everything needed for wilderness activities is provided. Suboxone allowed with 2-week carries. No Benzo, Opioid, Sleep-aid, or Methadone medications. Limited Stimulant medication allowed. No smoking; nicotine replacement options provided. Single rooms. Not wheelchair accessible. No cell phones or tablets; 2 x 15 min personal phone calls/week. Limited internet access for employment/housing searches only. Individually tailored treatment to each client (12-Step Model, holistic, harm reduction, etc). 24/7 staffing. Access to: Addiction Counsellors, Mental Health Therapists, & Family Counsellor. Supported access of community Physician, Virtual ODP clinic. Services offered: Pre-admission support, Family, Group, & 1-1 Counselling, Wilderness-based programming (Camping, Canoeing, Rock Climbing, Hiking, Mountain Biking, etc), Indigenous Teachings, Sweat Lodge, Therapeutic Music Groups, Education sessions, Family Weekends, & After-care support. Focus on Substance Use Recovery & Concurrent Disorders. Referral required from AHS Addictions & Mental Health staff. Must be detoxed prior to admission. (COVID-19: Ongoing AHS-mandated protocols in place. Continuous masking.)</p>

Intensive Adult Substance Use Treatment Facilities (Female)

Program	Location	Contact Info	Description
Alcove Addiction Recovery for Women	Calgary	403-984-2707 403-242-3915 (Fax) intake@alcoverecover.net www.alcoverecover.net/	23 beds. 90 days. Family program for kids 0-6. Methadone & Suboxone allowed. No Stimulant, Benzo, Sleeping, Laxative, or Opioid medications. Pre-admission consultation required for all prescribed medications. Single & double (with kids) rooms. Not wheelchair accessible. Holistic, trauma-informed model. Smoking allowed. Cell phone access after 30 days. Tablets allowed for kids. Weekend passes & visits; no on-site visits. 24/7 staffing. Access to: Addiction Counsellors, Social Worker, Nurse Practitioner, Psychologist, & weekly Elder visits. Services offered: 1-1 & Group Counselling, Mother & Child program (including child therapy), Life Management Skills, Nutritional Groups, & Psychiatry. Off-site child-care required for kids 6+ months. Focus on Substance Use, Process Addiction Recovery, & Concurrent Disorders. (COVID-19: Continued masking.)
Aventa Centre of Excellence for Women with Addictions	Calgary	403-245-9050 403-245-9485 (Fax) info@aventa.org https://aventa.org/	46 beds (42-day Phase 2 program); 10 beds (90-day YAT program for 18-24 years); 16 beds (90-day Phase 3 program following completion of Phase 2 or YAT). Priority provided for pregnant/at-risk women. Methadone & Suboxone allowed. No Benzo or Opioid medications. Limited Stimulant medications allowed. Consult medications prior to admission. Smoking allowed at designated times; nicotine replacement options provided. Dorm-style (3/room) rooms. Wheelchair accessible. Gender-specific, trauma-informed treatment model. No cell phones/tablets. Daily access to phones, computers, & internet. Virtual visits in Phase 2/YAT; passes available after 2 nd week in Phase 3. 24/7 staffing. Access to: Nurses, Psychiatrist, Physician, Addiction Counsellors, Psychologists, Social Workers, Optometry, & Dental Care. Services offered: 1-1 & Group Counselling, Yoga, Community Walks, Fitness Room, Drumming, private smudging area, Alumnae Mentorship Meeting, 12-Step & SMART Recovery Meetings, Family Support workshops, Stephanie Covington's "Helping Women Recover" programming, weekly Continuing Care alumnae support groups. Focus on Substance Use, Process Addiction Recovery, & Concurrent Disorders. Must be detoxed prior to admission. (COVID-19: Continuous masking. Screening and rapid testing at admission and as required.)
Recovery Acres Society (1839 House)	Calgary	403-245-1196 403-244-4019 (Fax) info@recoveryacres.org https://recoveryacres.org/	8 beds. 42 days (Phase 1) → 1 year (Phase 2). Suboxone & Sublocade accepted on case-by-case basis. No Methadone, Benzos, or Opioid medications. Smoking allowed. Double rooms. Not wheelchair accessible. 12-Step, Abstinence-based Cognitive Behavioral Therapy approach. Access to cell phones & internet. Passes provided after 28 days. Family visits available. 24/7 staffing. Access to: Peer Support, Psychologist, Addiction Counsellors, & Physician. Services offered: 1-1 & Group Counselling, 12-Step Meetings, virtual support for community providers, workshops for anxiety, depression, trauma, & suicidality. Post-Treatment Supported Living beds available. Focus on Substance Use Recovery. (COVID-19: Symptomatic individuals will be placed in isolation. Daily symptom screening required.)
2 nd Floor FASD Recovery Centre	Cold Lake	780-594-9903 780-594-9907 (Fax) 2ndflooradmin@lcfasd.com https://lcfasd.com/the-2nd-floor/	9 beds. 42 days. Ages 15+. Specialized services available for pregnant women using substances (discharge = 1 month before due date). Pregnancy not required for admission. Methadone & Suboxone accepted. Limited medications allowed – consult beforehand. Single rooms. Wheelchair accessible. Harm Reduction & Trauma-informed model. Smoking allowed (6 breaks/day). No cell phones, tablets, or laptops. Passes/Visits allowed. Random drug tests. 24/7 staffing. Access to: Nurses, Addiction Counsellors, Dental Hygienist, & Eye Care. Services offered: 1-1 & Group Counselling, Life-skills, Circle of Courage programming, medicine wheel-based approach, FASD education, Yoga, Massage, Drumming, Meditation, Life-skills development, support to attend community appointments, volunteering, Legal Assistance, Pre/Post-natal health, aftercare planning, liaising with CFS. Focus on Substance Use Recovery & Harm Reduction. Self-Referral. Medical assessment required. 5-7 day medical detox required prior to admission. (COVID-19: Masking required in areas where social distancing cannot be maintained; encouraged at all times)

Indigenous/NNADAP Substance Use Treatment Facilities (Co-ed)

Program	Location	Contact Info	Description
Bonnyville Indian-Metis Rehabilitation Centre	Bonnyville	780-826-3328 780-826-4166 (Fax) bimrcdl@mcsnet.ca www.bimrc.ca/	42 days. Suboxone allowed; must be stable for 1+ month. No Methadone, Opioid or Benzo medications. Smoking allowed. Not wheelchair accessible. Holistic, 12-Step Model of recovery with culturally-specific programming. No cell phones; evening pay-phone access. TV access. Computer access for supervised virtual appointments. Passes/visits provided. 24/7 staffing. Access to: Elders, Addiction Counsellors, Social Workers, Trauma Counsellor, & Grief Support Counsellor. Services offered: Weekly Sweats, 1-1 & Group Counselling, 12-Step Meetings, & Educational Workshops. Focus on Substance Use Recovery.
Sunrise Healing Lodge	Calgary	403-261-7921 403-269-5578 (Fax) nasgeneral@nass.ca http://nass.ca/	36 beds. 98 days. No Methadone, Suboxone, Benzos, or Opioid pain medications allowed. Stimulant medications accepted on case-by-case basis. Smoking allowed; nicotine replacement options supported, if prescribed. No vaping. Double rooms. Wheelchair accessible. 12-Step/Abstinence model & Holistic, Indigenous-based approaches. No internet access. Limited cell phone access, with client phone available. Passes & visits available. Access to: Addiction Counsellors, Social Workers, 12-Step Sponsors, & Support Workers. Additional community partnerships with Pharmacist, Nurses, & Dental Care. Services offered: Educational groups, 1-1, Family, & Outpatient Counselling, Sweats, Pipe Ceremonies, Sharing Circles, Cultural Crafting, Traditional Medicines, Elder Visits, After-Care planning, active Alumni group, & support for 12-Step completion. Focus on Substance Use & Gambling Addiction Recovery. Self-Referral; incarcerated individuals must be released before applying.
Mark Amy Treatment Centre (Wood Buffalo Wellness Society)	Fort McMurray	780-334-2398 780-334-2352 (Fax) markamy@woodbuffalowellnesssociety.com matcintake@woodbuffalowellnesssociety.com www.markamytreatmentcentre.com	14 beds. 56+ days. (12 NNADAP funded beds; 2 United Way funded beds for non-Indigenous clients). Suboxone accepted (must have prescription for entire stay). No Methadone. Limited Benzo, Stimulant, & Opioid medications accepted. Consult around medication prior to admission. Smoking allowed; nicotine replacement options provided. Double & Dorm-style (3+) rooms. Wheelchair accessible. 12-Step/Well-briety Meetings, First Nations Holistic & trauma-informed model. Weekly phone access. No internet access. No passes provided; clients have weekly outings. Family visits on Sundays. 24/7 staffing. Access to: Addiction Counsellors, Social Workers, Peer Support, & Elders. Services offered: 1-1, Group, & Family Counselling, Psychiatrist Video-Conferencing/On-site monthly, Art Therapy, Residential School education, Cultural teachings, & Sweat Lodges. Focus on Substance Use, Process Addiction Recovery, & Concurrent Disorders. Continuous Intake. (COVID-19: COVID-tested upon admission. Masking required for 14 days, 2nd test taken before mask-free for rest of programming. Staff remain masked at all times.)

Kapown Treatment Program	Grouard	780-751-3921 1-888-751-3921 780-751-3831 (Fax) intake@kapown.ca www.kapown.ca	32 beds (16 male/16 female). 14-day mandatory stabilization phase followed by 56 days of treatment. NNADAP funding or \$163/day. Methadone & Suboxone accepted. Limited Benzo, Stimulant, & Opioid medications accepted. Drug tests completed. Smoking allowed. Individual rooms. Wheelchair accessible (designated 2 male/2 female rooms). 12-Step & First Nations Holistic approaches. Drug testing utilized. No electronics or cell phones; 2 x 10 min. phone calls/week. No internet access except for online banking. No passes. 4-hr weekend visits. Staffing available 7:45am-9:45pm; security from 9:45pm-8am. Access to: Addiction Counsellors, Mental Health services, Elder (bi-weekly) & Psychiatrist Video-Conferencing weekly/On-site monthly. Services offered: 1-1 Counselling, Seeking Safety (PTSD + Substance Use) Program, Cognitive Behavioural, Motivationally Enhanced & Solution-Focused Therapies, Sweat Lodge ceremonies, accommodations for special needs, mobility, & literacy concerns. Focus on Substance Use Recovery & Concurrent Disorders. 2 nd Stage Housing Program, including a mandatory 14-42 day outpatient aftercare program. (COVID-19: Negative rapid test upon intake. Continuous masking for 1st week of programming. Currently, no Methadone/Suboxone clients allowed, unable to accommodate wheelchairs at temporary location. Regular facility will be operational in September 2022)
Amisk Healing Lodge (formerly known as Beaver Lake Wah-Pow Treatment Centre)	Lac La Biche	780-623-2553 780-623-4076 (Fax) beaverlaketreatmentcenter@yahoo.ca www.beaverlakecreenation.ca/Health/	45 beds. 42 days. (35 NNADAP funded beds; 10 beds for non-Indigenous clients with \$2695 cost). Suboxone allowed with 1-week carries. Limited Benzo medications. No Methadone or Opioid medications. Smoking allowed. Double rooms. No cell phones; phone access after 2 weeks. No internet access. No passes; family visits on Saturdays after 2 nd week. 12-Step/Well-briety model, First Nations Holistic approach. 24/7 staffing. Access to: Addiction Counsellors, Elder, & Psychologist. Services offered: Couples/Family Based programming (Individual, Couples, & Family Counselling), Group Counselling, Concurrent Capable team, Culturally-Based Programming, Sweats, Smudging, Pipe Ceremonies, Church outings, Trauma-Informed Interventions, & Residential School education. Focus on Substance Use Recovery. Continuous intake. Closed - until further notice - July 28/2022
Nayoskan Treatment Centre	Maskwacis	780-585-2268 780-585-3381 mcss@mymhs.ca	12 beds. 42 days. NNADAP & local band members prioritized. Methadone & Suboxone allowed. All regularly prescribed medications are supported; must be in original packaging or bubble packs. Smoking allowed; nicotine replacement options provided. Single rooms. Wheelchair accessible. Access to cell phones, internet, & resident phone. Visits available on Saturdays; no passes. Client-centred approach to recovery with varied approaches (Abstinence/12-Step, Harm Reduction, & Holistic/Bio-Psycho-Social-Spiritual). 24/7 staffing. Access to: Nurses, Elders, Addiction Counsellors, Social Workers, Psychologists, Health Care Aides, & Mental Health Therapists. Services offered: 1-1 Counselling, traditional parenting skills programming, 12-Step groups, cultural activities (smudging, sweat lodge, pipe ceremonies), Relapse Prevention Planning, Grief & Loss support, Equine Therapy, & Community Support navigation. Referrals from involved service provider or NNADAP worker only; completed application and medical form required. 2 attended AA meetings and 2 completed outpatient counselling sessions expected as part of intake process. (COVID-19: Individuals are asked to be fully vaccinated.)

Footprints Healing Centre	Morinville	780-939-3544 780-939-3524 (Fax)	12 beds. 47 days. NNADAP treaty-clients only. Traditional cultural/abstinence-based approach to recovery. Access to: Mental Health Therapist, Nurses. Services offered: 1-1, Group, & Family Counselling, Seeking Safety (PTSD + Substance Use) Program, Residential School education, recreational activities, Sharing Circles, Spiritual Ceremonies, 12-Step Meetings, & Aftercare Program. Focus on Substance Use Recovery & Concurrent Disorders. 7-days substance-free required before admission. (COVID-19: Continuous masking for entirety of stay. CURRENTLY CLOSED FOR RESIDENTIAL TREATMENT. Only Online Virtual Treatment provided at this time)
Poundmaker's Lodge Treatment Centre	St. Albert	780-458-1884 / 1-866-458-1884 780-459-1876 (Fax) info@poundmaker.org http://poundmakerslodge.ca/	97 beds. 42 days (90 days for 18-24 years). Methadone & Suboxone allowed. Some medication restrictions – consult before admission recommended. Smoking allowed; nicotine replacement options provided. Double rooms. No cell phones; 4 personal calls/week. Internet access. Limited visits/passes. 12-Step, Abstinence-based & traditional First Nations models. 24/7 staffing. Access to: Nurses, on-site Pharmacy, Psychologist, Occupational Therapist, Elders, & Addiction Counsellors. Accommodations for physical & mental disabilities. Services offered: Daily education sessions, Group Counselling, Sweat Lodges, Healing & Smudging Ceremonies. Young adult program includes: Wilderness Excursions, Hiking, Canoeing, etc. Focus on Substance Use & Process Addiction Recovery. 7 Supportive Transitional Housing (Iskwew Healing Lodge) after-care beds for women. Self-Referral. Pregnant women will be fast-tracked. (COVID-19: Symptomatic individuals will not be admitted; all admissions will be tested. Continuous masking in effect. No visitors/outside passes available.)
Kainai Healing Lodge	Standoff	403-373-3757 1-888-737-3757 403-737-2207 (Fax)	24 beds. 8 weeks (closed intake). NNADAP funded. Methadone & Suboxone allowed. No Benzos, Sleep-aid, or Opioid pain medications. Most prescribed psychiatric medications allowed; please consult beforehand. Smoking allowed. Double rooms. Wheelchair accessible. No cell phone/internet access. Family visits allowed. No passes. Spiritual, Holistic approach. Access to: Nurses, Addiction Counsellors, & Psychologist. Services offered: Daily education sessions, 12-Step Meetings/Well-briety programming. Focus on Substance Use Recovery. Medical forms required. Must transfer Door-to-Door from detox facility. (COVID-19: Half-capacity; 12 beds available. Double vaccinations required for admission. Negative test results required prior to admission. Family Phone call on Sundays instead of visitation.)

Supported/Transitional Recovery Living Facilities (Co-ed)

Program	Location	Contact Info	Description
Oxford House	Calgary Drumheller Edmonton	403-214-2046 403-214-2047 (Fax) support@oxfordhouse.ca http://oxfordhouse.ca/	Calgary: 18 houses (89 beds for men & women); Edmonton: 8 houses (40 beds for men & women); Drumheller: 1 house (5 men's beds); Pre-Treatment housing in Calgary (8 men's beds & 8 women's beds); Entry-Level Homes in Calgary (8 beds for men & women; institutionalized or chronically homeless); Culturally-supported Indigenous Recovery Homes (3 in Calgary & 2 in Edmonton for men & women). No set length of stay. \$570/month; \$200 damage deposit. Suboxone & Methadone allowed; no carries. Psychiatric medications allowed. Smoking allowed. Single rooms. Not wheelchair accessible. Abstinence approach. Access to: House Leads & Peer Support Workers. 4 separate housing models for individuals seeking recovery or treatment. House management responsibilities distributed within household. Off-site recovery meetings encouraged. (COVID-19: Masking & increased sanitization practices encouraged.)
Centre of Hope – Stabilization Housing (Salvation Army)	Edmonton	780-244-2962 ext. 131 (Fax) ecoh.stabilization@salvationarmy.ca www.salvationarmyedmonton.org/stabilization	24 beds. Program length ranges, depending on goals – Pre-Treatment stabilization program. Methadone & Suboxone allowed; no carries, must use program's pharmacy. No Benzo medications. Abstinence, Faith-based approach. Smoking allowed. Dorm-style (3+) rooms. Not wheelchair accessible. TV access. Cell phones/Tablets & Laptops allowed. Family visits allowed. 12-Step Abstinence approach. 24/7 staffing. Access to: Support staff & Nursing (limited). Services offered: Recovery support, post-stabilization planning, life skills. Focus on Substance Use Recovery. Self-Referral. (COVID-19: no outside bedding or linens allowed)
Place of Dignity Program (George Spady Society)	Edmonton	780-424-8334 ext. 0 587-524-1531 (Fax) admin@gspady.ab.ca www.gspady.org	6 beds with privacy screens. No determined program length. Suboxone & Methadone allowed. No medication restrictions. Managed Alcohol Program. Smoking allowed. Wheelchair accessible. Cell phones/laptops/tablets allowed. Clients come & go. Family visits encouraged. Harm reduction/Bio-psycho-social, trauma-informed model. 24/7 staffing. Access to: Social Worker, Indigenous Cultural Helper, Health Care Aides & Nurse. Referrals & support available for additional medical appointments. Client-led focus groups guide programming. Agency referral required. Available for homeless/mobility-challenged Edmonton residents only. (COVID-19: Masking & COVID test prior to admission required. Individuals testing positive would receive alternative arrangements unclear cleared. Vaccinations strongly encouraged, not required.)

Rising Above	Grande Prairie	780-533-3025 780-532-3253 (Fax) admin@risingabovegp.com www.risingabovegp.com	19 male beds. 14 female beds. 6 months. No Methadone or Suboxone. Regularly prescribed medications supported. Smoking allowed. Wheelchair accessible. 12-Step, Christian model. TV & internet access. Passes available. Access to trained facilitator staff. Services offered: 1-1, Family, & Spiritual Counselling, Life Skills Sessions (Addiction, Anxiety, Anger, Conflict Resolution, Employment Readiness, Self-Esteem, Budgeting, etc); Volunteering, Mentorship, 12-Step Meetings. Outpatient programming available. Focus on Substance Use Recovery. (COVID-19: Continuous masking for first 14 days. Confirmed negative test required prior to admission.)
Southern Alcare Manor (SAM)	Lethbridge	403-328-0955 403-381-2021 (Fax) admin.alcare@shaw.ca www.southernalcaremanor.ca/	25 beds (max. of 6 female beds). 16-week program recommended. Suboxone, Methadone, Sublocade & all prescribed medications allowed. Smoking allowed in designated areas. Double rooms. Not wheelchair accessible. Abstinence-supported approach. Access to phones & computer stations. Limited cell phone access. Visits & passes available. 24/7 staffing. Access to: Addiction Counsellors, Psychologist, Provisional Psychologist, & Recovery Coaches. Services offered: EMDR & ART for Trauma, 1-1 & Group Counselling, SMART Recovery, ACT & DBT, Volunteering, Job readiness programming, Recreational Activities (Golf, Fishing, Swimming, Snowshoeing, Crafting, Bowling, etc), & daily psychoeducation sessions. 12-Step Meetings strongly encouraged. Mandatory house groups & activities. Focus on Substance Use & Gambling Addiction Recovery. Transitional housing after-care program available. (COVID-19: Vaccinations required for admission.)
Residents in Recovery	Lloydminster	877-201-3955 587-800-1453 (Fax) info@residentsinrecovery.com www.residentsinrecovery.com	13 beds/2 homes. 12 weeks. \$520/month, \$200/damage deposit, & \$100/materials. Methadone & Suboxone allowed. Smoking allowed. Single rooms. Client computer available. Cell phones/tablets allowed until 11pm. Weekend passes after 1 st month. No overnight visits, unless children; no opposite gender in-house visits. Harm reduction model. Access to: House Mentors, Addiction Counsellors, & Peer Support. Services offered: 12-Step Meetings, SMART Recovery Meetings, & daily education sessions (Harm Reduction, Addiction & Mental Health, Life Skills, Legal Supports, Relapse Prevention, Smoking Cessation, etc.). Transitional Beds (Post-Detox/Pre-Treatment). Outpatient Clinic programming available (M-F: 9:30-3pm). Focus on Substance Use & Process Addiction Recovery.
LYNX Recovery House	Medicine Hat	403-952-6284 403-529-9637 (Fax) LYNX.Admissions@mcmansouth.ca www.mcmansouth.ca/lynx-recovery-house.html	16 beds (3-unit triplex). 3 months (with possible extension up to 6 months). Methadone, Suboxone, & regularly prescribed medications allowed. Random Drug Testing. Smoking allowed in designated areas. Single & Double Rooms. Wheelchair accessible. Private phone lines available for outgoing calls. Cell phones/tablets allowed. Access to wifi & shared computer. Pre-approved weekend passes/visits allowed (no visitors under 18). Abstinence-based model rooted in SMART Recovery philosophy. Staffing 8am-6pm, 7 days/week; on-call support after hours. Access to: Recovery Support Workers & Program Supervisor with involved community supports. Services offered: 1-1 Case Management, ongoing assessment and recovery support, Crisis Intervention, Life Skills, Addiction & Mental Health education, connection to appropriate community resources. 5 required support meetings/week. Transitional Beds (Post-Detox, awaiting treatment or Post-Treatment, awaiting housing). Focus on Substance Use Recovery. Must be substance free for 5+ days prior to admission. Fully furnished living space.

Supported/Transitional Recovery Living Facilities (Male)

Program	Location	Contact Info	Description
Centre of Hope Addictions Recovery (Salvation Army)	Calgary	403-410-1111 (No Fax) info@salvationarmycalgary.org www.salvationarmycalgary.org/residential.html	30 beds. 3-12 months. No Suboxone, Methadone, Stimulant, Benzos, or Opioid medications allowed. Smoking allowed. Single rooms. No cell phones. Computer lab access. Passes provided on 3 rd week. Abstinence-based, Christian approach. 24/7 staffing. Access to: Addiction Counsellor, Social Worker, Chaplain, Spiritual Care Staff, Client Service Workers, & Resource Specialist. Services offered: Group & 1-1 Counselling, Recreation programming & gymnasium, Meditation chapel. Focus on Substance Use Recovery. Self-Referral via phone assessment. 10-days without substance use prior to admission.
Grace House	Drumheller	403-823-5437 403-823-7468 (Fax) counsellor@grace-house.ca www.drumhellergracehouse.com/index.php	12 beds. 90+ days. Ages 25+. No Suboxone, Methadone, Benzos, or Opioid medications allowed. Smoking & vapes allowed. Single & double rooms. Not wheelchair accessible. No cell phones; phone & computer access. Passes provided after 3 weeks. Family visits allowed. Abstinence model. Staffing 8:30-4:30pm; on-call 24 hours. Access to: Addiction Counsellor & Support Staff. Services offered: 1-1 Counselling, Odd Jobs Squad work therapy/ability to earn money, Gender-specific Recovery-focused Programming (“Helping Men Recover”), 12-Step Meetings & Step-Work. Comfortable, homely setting. Focus on Substance Use Recovery. (COVID-19: 10 beds with 2 isolation beds. Masks required for first 14 days; vaccinations are not required, but strongly recommended.)
Breakout Recovery Program (Hope Mission)	Edmonton	780-422-2018 ex.216 780-426-7507 (Fax) breakout@hopemission.com https://hopemission.com/edmonton/addiction-recovery-spiritual-care/	45 beds. 12-14 months. \$250/month with \$250 damage deposit. Single rooms are \$450-500/month. Methadone & Suboxone allowed. No Benzo, Opioid, Stimulant medication allowed; consult beforehand. Faith-based, 12-Step/Abstinence approach. Smoking allowed in designated areas. Single & double rooms. Not wheelchair accessible. Limited cell phone access after completion of Phase 1; no internet access. Limited visits/passes. 24/7 staffing. Access to: Case Managers, Addiction & Counsellors/Recovery Coaches with linkages to community service providers. Services offered: Case Management, Genesis Process programming, completion of 12 Steps, exercise opportunities, required 12-Step Meetings, Life Skills, Educational workshops, & Transitional Housing available. Focus on Substance Use Recovery. Self-Referral, continuous intake. (COVID-19: If symptomatic, individuals will be tested and potentially isolated until symptoms pass. If positive, individuals will be isolated for 5 days (vaccinated) or 10 days (unvaccinated)) [Transitional Living – Green Manor: Up to 3 years.]

Centre of Hope – Keystone (Salvation Army)	Edmonton	780-490-6501 (Fax) ecoh.keystone@salvationarmy.ca www.salvationarmyedmonton.org/keystone	17 beds. \$550/month. 90 days-1.5 years. Must have completed residential treatment recently before applying. Methadone, Suboxone, & Kadian allowed. All regularly prescribed medications allowed. Abstinence, Faith-based approach. Smoking/Vapes allowed in designated outdoor area. Double/Dorm-style rooms. Cell phones/Tablets & Laptops allowed. Family visits allowed. 24/7 staffing. Access to: Addiction Counsellor, Program Manager, Chaplain, & Support Workers. Services offered: 1-1 Counselling, Goal Setting sessions, house meetings, life-skills, recreation activities, Bible studies, spiritual sessions, mandatory recovery meetings (12-Step/SMART Recovery). Focus on Substance Use Recovery. (COVID-19: Masks required only if someone is symptomatic and unable to maintain distancing.)
Jellinek House	Edmonton	780-488-1160 780-488-5984 (Fax) info@jellinek.ca https://jellinek.ca/	17 beds. 90 days-1.5 years. 30+ days substance free, has completed residential treatment within last 3 years. Methadone & Suboxone allowed; no carries, must use program's pharmacy. No Benzo medications. Smoking/Vapes allowed in designated outdoor area. Single/Double/Dorm-style rooms, based on seniority. Not wheelchair accessible. Cell phones/Tablets & Laptops allowed. Family visits allowed. 12-Step Abstinence approach. Staffing 9-5pm; on-call 24 hours. Access to: Addiction Counsellor, Social Worker, & Support Workers. Residents need to be employed, enrolled in school, volunteering (or looking). Homely setting. Services offered: 1-1 Counselling, Educational Group sessions, & 12-Step Meetings. Focus on Substance Use Recovery. Self-Referral. (COVID-19: Vaccinations required)
Robson Houses (Recovery Acres Society of Edmonton)	Edmonton	780-760-6744 587-523-5863 (Fax) info@recoveryacres.ca www.recoveryacres.ca	20 beds. Up to 2 years. \$550/month & \$350 security deposit. Methadone & Suboxone allowed. All regularly prescribed medications allowed. Abstinence-based, 12-step approach. Smoking allowed in designated areas. Single rooms. Not wheelchair accessible. Access to cell phones, computer, & TV. Visits allowed. On-call staff 24/7. Access to: Addiction Counsellor, House Manager, Community Transition Worker, & Housing Co-ordinator. Peer-support model. Services offered: 1-1 counselling & Case Management, Job training, Smoking Cessation Program, community supports navigation, & transitional support into long-term housing. 12-Step Meetings required. Available post-treatment completion (within 1 year, preferably in last 6 months). Focus on Substance Use, Gambling, & Process Addiction Recovery.

Ross Residence	Fort McMurray	587-357-7677 (No Fax) rossresidenceinc@gmail.com https://rossresidenceinc.wixsite.com/rossresidence	8 beds. No designated length of residence. \$850/month & \$350 security deposit. Methadone & Suboxone allowed, with agreement to taper. All regularly prescribed medications allowed, regularly counted/monitored. Abstinence-based, 12-step approach. Smoking allowed. Single & double rooms. Not wheelchair accessible. Access to cell phones, computer, & TV. Visits allowed after 30 days; no overnight guests. Regular room checks. No staff on-site; random home visits by support staff. Access to: Addiction Counsellor & referrals to appropriate AHS programs in Fort McMurray. Peer-support model. Services offered: Weekly house meetings, Life-skills, cultural supports & ceremonies, Relapse Prevention Programming, volunteering, & mandated 12-Step Meetings (3/week if unemployed; 2/week if employed). Focus on Substance Use.
Exodus Recovery Program (Streets Alive Mission)	Lethbridge	403-320-1159 403-320-1060 (Fax) exodus@streetsalive.ca www.streetsalive.ca/exodus-mens-life-recovery-program/	18 beds. 4 months for Phase 1 & 2. \$900/month. AB Supports funding permitted. Methadone & Suboxone allowed, with agreement to taper. No Stimulant, Benzo, or Opioid medications. Faith-based, abstinence program. Smoking/vaping allowed. Single & double rooms. Not wheelchair accessible. Limited TV, phone, & cell phone (after 60 days) access. Internet access. Passes provided pending staff approval. Family visits allowed on Sundays. Drug testing utilized. 24/7 staff. Access to: Addiction Counsellor, Pastor, Peer Support, & Social Worker – if needed. Services offered: Group & 1-1 Counselling, Educational workshops, Spiritual Care/Support, Volunteering, Financial Management, Freedom From Addiction Workshop, 12-Step Meetings. Self-Referral. Must be 5-days substance free prior to Phase 1 admission. [Transitional Housing (Phase 3): up to 1-year (pending availability), including: Employment readiness support, 1-1 counselling, Life-Skills training, single rooms, & support for community reintegration.]
Alberta Men's Centre (Teen Challenge Canada Inc.)	Priddis	1-800-856-8902 1-403-931-3853 (Fax) info@tcalberta.ca www.tcalberta.ca/	30 beds (24- 1 year program; 6- post-graduate programming). 1 year. \$100 application fee, \$1000 admission fee. Suboxone allowed, with taper plan in place. No Methadone, Benzos, Opioid, or Stimulant medications. No smoking (smoking cessation program available). Double rooms. Wheelchair accessible. No cell phones or internet. Family visits & passes available. Faith-Based, Abstinence model. 24/7 staffing. Access to: Addiction Counsellors, Spiritual Supports, & Peer Support. Services offered: 1-1 & Group Counselling, Life-skill development, Spiritual Formation support, Volunteering, Relapse Prevention planning, aftercare programming. Focus on Substance Use Recovery.
Red Deer Dream Centre	Red Deer	403-986-0050 (No Fax #) info@rddc.ca www.rddc.ca	25 beds. 18-weeks, with option up to 1 year. Monthly fees determined on sliding scale based on income source, up to maximum cost of \$3750/month. Methadone & Suboxone allowed. No benzodiazepines or opioid medications allowed. Limited sleep aids and ADHD medications. All medications must be reviewed and approved by partnering physician. Smoking allowed; no vapes, smokeless or chewing tobacco. Dorm-style (3+) rooms. Wheelchair accessible. Supervised access to phone & computer in initial stages; access to cell phones in later stages. Abstinence-based, 12-Step, Faith-based, Therapeutic Community model with holistic approach. 24/7 staffing. Passes & visits available after 1 st week with staff/senior peer escorts. Access to: Addiction Counsellors, Case Manager, and Support Workers; community supports and medical services. Services offered: 1-1 and Group Counselling; Genesis Process program & relapse prevention, DBT, CBT, life skills; 12-Step, Celebrate Recovery and Well-Briety meetings; Bible studies & church attendance, Equine Therapy, educational workshops & up-grading, Alumni & family supports, job skills training, exercise/fitness equipment & activities, and volunteering. Focus on Substance Use Recovery. Self-Referral via phone application with in-person or on-line interview. (Medical assessment & Criminal Record Check required). Detox required prior to intake.

Supported/Transitional Recovery Living Facilities (Female)

Program	Location	Contact Info	Description
Calgary Dream Centre	Calgary	403-243-5598 403-287-9680 (Fax) info@calgarydreamcentre.com www.calgarydreamcentre.com	6+ month program. Access to: Physician, Psychiatrist, & Addiction Counsellors. Services offered: 1-1 Counselling, Individualized Case Management, DBT, Goal Setting, Genesis Relapse Prevention Counselling, Co-dependency groups, & Fitness Classes. Referral/Application must be submitted while in treatment program.
Next Step Ministries	Calgary	403-520-8080 (No Fax) info@nextstepministries.ca www.nextstepministries.ca/	Women exiting from sexual exploitation and trafficking. 7 beds between 2 semi-independent homes. 12-18 months. \$400/month + one's own groceries. Methadone & Suboxone accepted. Medication restrictions; consult beforehand. Single rooms. Not wheelchair accessible. Smoking allowed. Cell phone & computer access. 12-Step Abstinence, Faith-Based model. Possibility of weekend passes after 3 months. 24/7 on-call staffing. Access to: Trauma Counsellor, Social Workers, Addiction Counsellors, Peer Support Workers, & Pastor. Services offered: Outreach, Outpatient Case Management, Day Programming on M/T/Th/F, Volunteering opportunities, Equine Therapy, Mindfulness, Life Skills, Domestic Violence programming, Self-Esteem groups, Trauma Therapy, Art Therapy, & after-care alumni program. Focus on Lifestyle Recovery (Substance Use, Gambling, Criminal Activities). Must be detoxed with stabilized mental health. (COVID-19: Continuous masking. Testing required if symptomatic. If positive, individuals will be isolated for required period)
Adeara Recovery Centre for Women & Children	Edmonton	780-423-5516 780-429-1090 (Fax) office@adeara.ca https://adeara.ca/	10 suites. Minimum 1 year. Children up to 9 years old allowed. Abstinence approach. Room & Board cost determined on income; \$500.00 for Damage Deposit; \$200.00 textbook fees – must be paid on admission. No Methadone. Suboxone allowed. Restricted medication list available on-line. Single rooms. Not wheelchair accessible. Faith-based, trauma-informed treatment. Limited cell phone use. Limited computer use available. Passes/Visits provided. No smoking allowed. Drug testing provided. Must be able to complete housekeeping duties and willing to forgo romantic relationships unless legally married. 24/7 staffing. Access to: Addiction Counsellors & Support staff. Services offered: Group & 1-1 Counselling, Fitness programming, Spiritual Development, & Educational classes (Parenting, Neuroscience of Addiction, Life Skills Development, Financial Development, Boundaries, etc). Focus on Substance Use, Process Addiction Recovery, & Concurrent Disorders. Online Self-Referral (must submit Application & Service Contract). Women with children receive preference. Must be detoxed 7 days prior to admission.

Althea House (Recovery Acres Society of Edmonton)	Edmonton	780-760-6744 587-523-5863 (Fax) beth@recoveryacres.ca www.recoveryacres.ca	5 beds. \$550/month; \$350 security deposit. 6 months – 1 year (if working); up to 2 years (if attending school). Suboxone & Methadone allowed with expectation to taper. No medication restrictions. Random Drug Testing. Smoking allowed. Single & double rooms. Not wheelchair accessible; must be able to climb stairs. Internet/Cable included in house fund, cell phones allowed. Peer-support model based on 12-Step Abstinence approach. 24/7 on-call staffing. Access to: Addiction Counsellor, Community Transition Worker, Housing Co-ordinator, & House Manager. Services offered: Job training & employment support, Life Skills, independent housing support, & required 12-Step Meetings. Focus on Substance Use & Process Addictions Recovery. Self/Agency referral. In-person/phone interview required. Requires recent completion of intensive residential treatment program (~within 1 year) to be eligible. (COVID-19: No visitors.)
Centre of Hope – Cornerstone Program (Salvation Army)	Edmonton	780-474-7499 780-474-4600 ecoh.cornerstone@salvationarmy.ca www.salvationarmyedmonton.org/cornerstone	25 beds. \$550/month. 90 days-1.5 years. Must have recently completed residential treatment within last 3 months before applying. Methadone, Suboxone, & Kadian allowed. All regularly prescribed medications allowed. Trauma-Informed, Abstinence, & Faith-based approach. Smoking allowed in designated outdoor area. Double/Dorm-style rooms. Wheelchair accessible (x3 rooms; laundry facilities located on lower level with 4-stairs). Cell phones/Tablets & Laptops allowed. Family visits & passes allowed. 12-Step Abstinence approach. 24/7 staffing. Access to: Addiction Counsellor, Program Manager, Chaplain, & Support Workers. Services offered: 1-1 Counselling, Goal Planning sessions, recreation activities, daily house meetings, life-skills, Bible Studies, Spiritual support sessions, & mandatory recovery meetings (12-Step/SMART Recovery). Focus on Substance Use Recovery. (COVID-19: Masking only required if someone is symptomatic and social distancing can't be maintained.)
McDougall House Association	Edmonton	780-426-1409 780-429-3459 (Fax) counsellor@mcdougallhouse.com https://mcdougallhouse.com/	12 beds. Recommended 3 month stay, extensions available. Active AB PHN # required. Methadone & Suboxone allowed. Medication restrictions; consult beforehand. Abstinence-based model. Smoking allowed. Single & double rooms. Not wheelchair accessible. Cell phone/tablets access. 24/7 staffing. Access to: Addiction Counsellors & Pharmacist. Staff-approved visits allowed. Services offered: 1-1 & Group Counselling, Educational workshops, Supportive Recovery Meetings. Focus on Substance Use & Process Addiction Recovery. Must complete Intensive Treatment program before applying. 7-days substance-free prior to admission. (COVID-19: Continuous masking, restricted community passes, rapid covid-test done upon admission, outdoor visitations only.)
Wellspring Recovery Program (Hope Mission)	Edmonton	780-453-3412 780-426-0094 (Fax) wellspringintake@hopemission.com https://hopemission.com/edmonton/addiction-recovery-spiritual-care/	28 beds. 12-14 months; 4 Phases of program, each phase lasting approximately 3 months. \$250/month with \$250 damage deposit. Methadone & Suboxone allowed. No Benzo, Opioid, Stimulant medication allowed; consult beforehand. Faith-based, 12-Step/Abstinence approach. Smoking allowed in designated areas. Double rooms. Not wheelchair accessible. Limited cell phone access (starts in Phase 2). Visits allowed after 6 weeks; weekend passes available in Phase 3. Staffing available 8:30am-11pm Mon-Wed; 8:30am-9pm Thu-Fri; 8:30am-4pm on Sat; 1-9pm on Sun. Access to: Case Managers, Intake Staff, & Program Co-ordinator with linkages to community service providers. Services offered: Educational workshops, Case Management, Exercise/Recreation, required 12-Step Meetings, & Life Skills. Focus on Substance Use Recovery. (COVID-19: If symptomatic, individuals to be isolated until symptoms pass. If positive, individuals to be isolated for 5 days (vaccinated) or 10 days (unvaccinated))

Narrow Road Home	High River	403-710-0744 (No Fax) kim@narrowroadhome.com www.narrowroadhome.com/	14 beds. No defined program length. Program costs assessed individually. Must be medically detoxed/stable prior to admission. Methadone & Suboxone allowed. No medication restrictions. Faith-Based model. No smoking allowed. Double & Dorm-Style (3/room) rooms. Not wheelchair accessible. Limited access to passes, internet, & cell phones. Family visits allowed. Access to: Life Coaches, Chaplains, & Pastors. Services offered: 1-1 Ministry sessions, Family sessions, Job Skills training & volunteering, Inner Healing sessions. Focus on Substance Use & Process Addiction Recovery. (COVID-19: Precautions are in accordance with Alberta Health mandates; increased caution for outings.)
Genesis Recovery Program (Streets Alive Mission)	Lethbridge	403-635-0336 403-320-1060 (Fax) genesis@streetsalive.ca www.streetsalive.ca/genesis-womens-ministry/	14 beds (4 – Phase 1; 6 – Phase 2; 4- Phase 3). 90-day minimum commitment. \$600/month. AB Supports funding permitted. Suboxone allowed, with agreement to taper. No Methadone, Stimulant, Benzo, or Opioid medications. Faith-based, bio-psycho-social-spiritual recovery approach. Smoking/vaping allowed. Single & double rooms. Wheelchair accessible. Limited TV, Internet, & phone access. Limited cell phone access after 30 days. Passes provided pending staff approval. Pre-approved visits allowed. Drug testing utilized. 24/7 staff. Access to: Counsellors, Pastor, Peer Support, & support to access community-based Medical, Dental, or Mental Health care. Services offered: Educational workshops, Spiritual Care/Support, Volunteering, Financial Management, ID support, Employment Readiness, Freedom From Addiction Workshop, 12-Step Ladies Meetings. Self-Referral. Requires detox (5-days substance free) prior to admission. This program intends to meet recovery needs in a supportive living environment, as well as for pre-/post-treatment stabilization. (COVID-19: Vaccinations not required.) [Transitional Housing (Phase 3) available up to 1-year (pending availability), including: Employment readiness support, 1-1 counselling, Life-Skills training, single rooms, & support for reintegration into community.]
Iskeww Healing Lodge	St. Albert	780-458-1884 / 1-866-458-1884 780-459-1876 (Fax) info@poundmaker.org http://poundmakerslodge.ca/	7 beds. 8-weeks. \$40/day Room & Board. Methadone & Suboxone must be stable; approved case-by-base. No Opioid, Benzo, or Stimulant medications – consult beforehand. Smoking allowed. Single & double rooms. Limited TV/cell phone access. Internet access upon request. Limited visits/passes. 12-Step, Abstinence-based Therapeutic Community & traditional First Nations models. 24/7 staffing. Access to: Cultural Advisors, Elder, & Support Staff. Pregnant women allowed, will be fast-tracked; unable to accommodate newborn/post-birth. Services offered: Daily education sessions, Group Counselling, 12-Step Meetings, support to complete up to Step 3, Exercise Room, & Cultural Activities - Sweetgrass Ceremonies, Sweat Lodges, Smudging, Beading, Round Dances, & Pow Wow. Focus on Substance Use & Process Addiction Recovery. Self-Referral with medical form required. Must have recently completed Residential Treatment program (if not Poundmakers, 14 days of assessment required). (COVID-19: Continuous masking for 14 days; 4 designated visitors with physical distancing, mask wearing for 1-hour visits.)

Grandmother Turtle House	Westlock	780-983-1874 info@nightwind.ca www.nightwind.ca	4 beds. 4-6 months. Cost: Individually determined. Ages 15-22. No Methadone or Suboxone. Some medication restrictions; consult beforehand. No smoking; nicotine replacement may be considered. Single rooms. Not wheelchair accessible. Cell phone, phone, internet, & tv access during designated times. Visits/Passes allowed with team approval. Trauma-informed, traditional First Nations model. 24/7 staffing. Access to: Therapists, Elders, Social Workers, & Youth Care Workers. Services offered: 1-1 & Group Counselling, Life Skill programming, recreational activities, support for education & employment, enhancement of family/community supports, & transition to semi-independent living. Focus on Substance Use, Process Addictions, & Concurrent Disorders Recovery. Self-Referral. (COVID-19: Continuous masking for entirety of stay; virtual meetings, no outings, daily symptom screening.)
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Things to Consider with Client: What does s/he need to feel safe? What will be most important to promote individual's success?

- Male vs Female vs Co-Ed Facility?
- How many beds available?
- Length of Program?
- Cost of Program?
- Smoking vs Non-Smoking Program? Are Vapes allowed?
 - Is Nicotine Replacement provided?
- 12-Step/Abstinence Based or Harm Reduction Based Program?
- Are passes or visits allowed?
- Are kids allowed on-site?
- Access to Fitness Programming?
- Wheelchair accessible?
- Access to Physician? Pharmacist? Nursing Staff? Psychiatrist?
 - Addiction Counsellor? Psychologist? Support Workers? Client Care Assistants? Cultural Mentors/Elders? Recovery Coaches?
- Access to Internet? Cell Phones? TV? Phone?
- Single vs Double vs Dorm (3+) Bedrooms?
- Opioid Agonist Treatment (Methadone/Suboxone/Sublocade) allowed or provided?
- Benzo vs Stimulant vs Pain vs Sleep Medications allowed?
- Intensive Treatment vs Transitional/Supportive Programming?
- Culturally sensitive/indigenous programming? Trauma treatment?
- Substance Use vs Process Addiction vs Gambling vs Concurrent Disorders Programming?