

Provincial Detox & Substance Use Treatment Facility Directory

[As of October 1, 2020, all Detox & Treatment Services are free, unless specified otherwise; Listed services are for 18+, unless specified otherwise]

Withdrawal Management/Detox Facilities (Co-ed)			
Program	Location	Contact Info	Description
Thorpe Recovery Centre	Blackfoot (Lloydminster)	780-875-8890 / 1-877-875-8890 780-875-2161 (Fax) info@thorperecoverycentre.org www.thorperecoverycentre.org	12 beds. 7-10 days. Suboxone inductions available, not required . Methadone/Suboxone accepted. Smoking allowed at designated times. Free service (8 AHS Funded beds) or Fee-For-Service (\$350/day). 24/7 staffing & medical monitoring. Dorm style (3/room) & double rooms. No access to cell phones/electronics/internet. Phone assessment required, first come first served. (COVID-19: Continuous masking for 14 days) Closed until further notice for renovations - July 22/2022
Calgary Alpha House	Calgary	403-234-7388 ext.2 403-234-7391 (Fax) detox@alphahousecalgary.com www.alphahousecalgary.com	8 beds (4 male/4 female). 7-10 days. Suboxone inductions available, not required . Methadone/Suboxone allowed. Dorm style (3+/room). Wheelchair accessible. Smoking allowed; nicotine replacement options provided. 24/7 staffing & medical monitoring. Access to: Nurses, Pharmacist, Physician, & Addiction Support Workers. Limited access to cell phones. Phone interview or drop-in assessment required. (COVID-19: Negative rapid test required for admissions; continuous masking) [Transitional Program: 12 transitional beds. 30 days. Harm Reduction model with 12-Step & Well-briety programs integrated. Dorm style (4+/room). Access to cell phones, computers, client phone. Limited family visits/passes.]
Renfrew Recovery Centre (AHS)	Calgary	403-297-3337 403-297-4592 (Fax) www.albertahealthservices.ca/services/renfrewrecoverycentre.aspx	40 beds. 5-8 days. Suboxone inductions available, not required . Suboxone, Methadone & Kadian allowed. No opioid pain medications allowed. Dorm style (3+/room). No smoking; nicotine replacement options provided. No visits. No cell phones or internet access. Resident phone access for local calls, calling cards required for long distance calls. 24/7 staffing & medical monitoring. Access to: Physicians, Nurses, Addiction Counsellors, & Client Care Assistants. Services provided: Naloxone training, Safeworks groups, AA/CA groups, SMART Recovery, Recovery Dharma, PALS, indigenous healing circle, & recreation activities. Clients must present to 1611 Remington Rd NE between 7-7:30am for assessment. Beds assigned based on medical need. Youth requiring medical detox may be accepted with prior arrangement. (COVID-19: 32 beds. Screening at the door, no entry if symptomatic; waiting room capacity limited; continuous masking; testing provided on admission; clients re-directed if symptoms develop during admission.)
Addiction Recovery Centre (AHS)	Edmonton	780-427-4291 ext. 1 780-638-3074 (Fax)	42 beds (26 male, 14 female, 2 flex beds). 5-day average stay. Suboxone inductions available, not required . Methadone/Suboxone allowed. No smoking; nicotine replacement options provided. Dorm style (3+/room). No cell phone access; Resident phone, TV, computer with internet available. No visits/passes. 24/7 staffing & medical monitoring. Access to: Nurses, Physician, Psychiatrist, & Addiction Counsellors. Services provided: 12-Step Meetings, recreation & leisure activities, smoking cessation groups, Naloxone training, overdose education, discharge planning/support. Clients can self-refer to 10302 107 Street NW between 09:30-10:30am for assessment. Emergency Department & Community referrals accepted - beds assigned based on need. No on-site parking. (COVID-19: Continuous masking for entirety of stay, symptom screening x2/daily, physical distancing in place.)

George Spady Centre Detox	Edmonton	780-424-8334 ext. 0 587-524-1531 (Fax) admin@gspady.ab.ca www.gspady.org	35 beds. 3-15 day stay with flexibility. Suboxone inductions available, not required . Methadone/Suboxone allowed. No medication restrictions. Smoking allowed. Family visits encouraged. Dorm style (3+/room). No cell phones or parking available. Access to TV, internet, & resident phone. 24/7 staffing & medical monitoring. Access to: Physician, Nurse Practitioner, & Addiction Counsellors. Services offered: 12-Step Meetings, overdose education, Naloxone training, education sessions, recreation/leisure activities, self-help groups, referrals to community resources, etc. Clients can self-refer in person at 10:30am at 10015 105A Avenue, North Gate or by telephone: 780-424-8335 ext 0.
Foothills Centre	Fort Macleod	403-553-4466 403-553-4819 (Fax) foothillscentre@gmail.com www.foothillscentre.ca/	21 beds. 5-7 days, determined by assessment. Support for community managed Suboxone inductions available, not required . Methadone/Suboxone allowed. Individualized medication support. Smoking allowed. Dorm style (3+/room). Partially wheelchair accessible (no access to TV/recreation room). No cell phone or internet access. Resident phone available on evenings/weekends. No visits/passes. 24/7 staffing. Access to: Paramedics, 1-1 Case Managers. Services offered: Discharge planning, 12-Step Meetings, mandatory daily group sessions, Pre-Treatment detox, Transition program (volunteering, life-skills, outings), 3-Day Relapse Prevention stays. Self-Referral. Phone assessment required. (COVID-19: Pre-admission & daily symptom screening. Continuous masking required for entirety of stay. Symptomatic individuals will be placed in isolation, possibly transferred out of facility. No CPAP machines, blow dryers, bedding, or pillows from home.)
Pastew Place Detox Centre	Fort McMurray	780-791-2525 780-791-0358 (Fax) ppdcs@shaw.ca	16 beds (12 male/2 female/2 observation). Length of stay determined by assessed medical need. Social/Non-Medical detox. Suboxone inductions not required (available through referral to AHS ODP Clinic or Virtual Opioid Dependency Program). Smoking allowed. Dorm style (3+/room). Wheelchair accessible. Limited access to cell phones. Visits available. 24/7 staffing. Access to: Client Care Aides, Program Facilitator, & Client Co-ordinator. Services offered: 5-day psycho-educational sessions, 12-Step Meetings, referrals to community resources, Pre-Treatment detox co-ordination (3 beds), Post-Treatment aftercare program (2 fee-for-service beds). Outpatient Day Program offered (M-F; 9:15-3:30; 3+ days without substances; lunch provided). Self-Referral. (COVID-19: Continuous masking required for entirety of stay.)
Northern Addictions Centre Detox (AHS)	Grande Prairie	780-538-5210 780-538-6369 (Fax)	20 beds. 5-10 days. Suboxone inductions available, not required . Smoking allowed in designated areas; nicotine replacement options provided. Double or Dorm (3+) rooms. Wheelchair accessible. No cell phones/internet/tv. Visits/Passes allowed. 24/7 staffing & medical monitoring. Access to: Nurses, Physician, & Addiction Counsellors. Services offered: Naloxone training, self-help meetings, referrals to community resources, Relapse & Recovery Planning. Self-Referral. (COVID-19: No visits allowed. Continuous masking required for entirety of stay. No self-help meetings. Individuals will be tested upon arrival, placed in isolation room until negative results received.)

<p>MITAA Detox Centre (Metis Indian Town Alcohol Association)</p>	<p>High Prairie</p>	<p>780-523-3372 / 1-800-207-9320 780-523-3922 (Fax) mitaa@telusplanet.net</p>	<p>8 beds (5 male/3 female). 5-14 days. Suboxone inductions not required. Limited Methadone/Suboxone allowed. Smoking allowed. Social/Non-Medical detox. Single & double rooms. No cell phone/internet access. Resident phone available. 24/7 staffing. Access to Addiction Counsellors & Elder. Services offered: 1-1 Counselling, 2 off-site 12-Step Meetings/week. Self-referral. (COVID-19: 6 beds available (4 male/2 female). No visits allowed. Continuous masking required for entirety of stay. Negative test result required prior to admission. No elder at this time.)</p>
<p>Lethbridge Recovery Centre Detox (AHS)</p>	<p>Lethbridge</p>	<p>403-388-6243 403-388-6528 (Fax) Referral form available at: www.abaddictiontx.ca/directory</p>	<p>Located in hospital (use 17th St entrance nearest to 10th Ave). 8 beds. 7-10 days. Suboxone inductions available & required for dependant opioid use. Methadone, Suboxone, & Kadian allowed. Sublocade offered. No smoking; nicotine replacement options provided. 24/7 staffing & medical monitoring. Single rooms, shared bathrooms. No cell phones. Shared access to tv/resident phone. 2 visitor policy. Access to: Nurses, Health Care Aides, Spiritual Care Provider, Elder, Recreation Therapist, Physician, Addiction Counsellor, & Social Worker. Services offered: 1-1 & Group Counselling, Naloxone training, optional group programming, virtual 12-Step Meetings, & Discharge/Relapse Prevention Planning. Referral required for admission. (COVID-19: Continuous masking required for entirety of stay. COVID+ individuals will be placed in isolation.)</p>
<p>Medicine Hat Recovery Centre Detox (AHS)</p>	<p>Medicine Hat</p>	<p>403-529-9021 403-529-9065 (Fax)</p>	<p>6 beds. 5-12 days. Suboxone inductions available & required for opioid use. Methadone, Suboxone, & Kadian allowed. Sublocade offered. All regularly prescribed medication allowed. Limited smoking/vaping allowed; nicotine replacement options provided. 24/7 staffing & medical monitoring. Single rooms with attached bathroom. Wheelchair accessible. Limited cell phone access. Internet/TV/resident phones available. Limited visitors. Access to: Nurses, Client Care Assistants, Physician, & Harm Reduction Therapist. Services offered: Fitness facilities, Dog Therapy, discharge planning & support, supported community appointments, Naloxone training. In-person or phone screening required. Self-referral. Once approved, all beds assigned on a queue system. (COVID-19: Continuous masking required for entirety of stay. Symptomatic individuals & COVID+ individuals will be placed in isolation.)</p>

Safe Harbour Society	Red Deer	403-347-0181 office@safeharboursociety.org www.safeharboursociety.org	20 beds. 5-10 days. Suboxone inductions available, not required . Methadone & Suboxone allowed. No opioid medications allowed. Benzos must be Physician-reviewed. Smoking allowed; nicotine replacement options provided. Dorm style (3+/room). Not wheelchair accessible. No cell phones; resident phone access for local calls, calling cards required for long distance calls. Limited internet access. No visits/passes. 24/7 staffing & medical monitoring. Access to: Nurses, Addiction Counsellors, Physician, Elders, & Psychiatry (limited). Services offered: Excellent meals, healthy living conversations, Many Healing Blankets Aboriginal program, 12-Step meetings, Well-briety meetings, sharing circles, & cultural activities. Ability to attend sweat ceremonies. (COVID-19: Continuous masking required for entirety of stay. Meetings are virtual. All staff are vaccinated; clients not required. Vaccinations available, upon request. If outbreak occurs, capacity = 13, everyone to be tested.)
Poundmaker's Lodge Detox	St. Albert	780-458-1884 / 1-866-458-1884 780-459-1876 (Fax) detox@poundmaker.org http://poundmakerslodge.ca/	5 beds. 5-7 days. Suboxone inductions available, not required . Privacy curtains used separate beds. Medically-supported detox. Smoking allowed; nicotine replacement options provided. Limited access to cell phones. No internet. TV available. 24/7 staffing & medical monitoring. Access to: Nurses, Elders, Physicians, Psychologist, & Addiction Counsellors. Services offered: Discharge Planning/support, seamless transition into treatment – as able. Self-Referral. Pregnant women will be fast-tracked. Detox services available only to individuals who have been accepted into Poundmaker's treatment program. (COVID-19: Symptomatic individuals will not be admitted; all admissions will be tested. Continuous masking in effect.)
Bringing the Spirit Home Detox	Standoff	403-737-8600 (ext. 2) 403-737-8601 (Fax) www.btdh.ca	24 beds. 10-14 days. Suboxone inductions available, not required . No opioid medications allowed. Double rooms. Smoking allowed; nicotine replacement options provided. Access to phone & internet. Visits allowed. 24/7 staffing & medical monitoring. Access to: Physicians, Paramedics, Addiction Counsellors, & Elders. Services offered: 1-1 & Group Counselling, Cultural programming, Optometry, Dental Care, & post-treatment transitional support. Self-Referral. Pregnant women will be fast-tracked. (COVID-19: Isolation beds utilized until negative test received; daily symptom screening x2, limited visitors.)
Swan Hills Detox (AHS)	Swan Hills	780-333-7000 780-333-7009 (Fax)	3 beds. 6-10 days. Suboxone inductions available, not required . All regularly prescribed medications reviewed prior to admission. Medically-supported detox. Single rooms. Wheelchair accessible. Limited smoking; nicotine replacement options provided. No cell phone, internet, electronic device access. Visits allowed. 24/7 staffing & medical monitoring. Access to: Physicians, Nurses, Mental Health Therapist, Addiction Counsellor, & Elders. Services offered: 1-1 Counselling (virtual), Naloxone training, treatment, beautiful location/nature, & discharge planning. (COVID-19: Screening on admission; continuous masking; physical distancing in effect.)

Intensive Adult Substance Use Treatment Facilities (Co-ed)

Program	Location	Contact Info	Description
Thorpe Recovery Centre	Blackfoot (Lloydminster)	780-875-8890 / 1-877-875-8890 780-875-2161 (Fax) info@thorperecoverycentre.org www.thorperecoverycentre.org/	60 beds (38 AHS funded). 42-90 days. No Benzo/Stimulant/Opioid medications. 30-day Suboxone/2-3 month Methadone stability required. Smoking allowed at designated times. Double rooms. No cell phones/ internet, 2x20min calls/week. No passes. Visits available starting on 2 nd Sunday. Therapeutic Community model. 24/7 staffing. Access to: Nurse Practitioner, Nurses, Addiction Counsellors, & Social Workers. Services offered: Daily education sessions, 1-1 sessions (x3) & Group Counselling, Music Therapy, Life Skills, Seeking Safety (PTSD + Substance Use) Program, Gym, Yoga, 12-Step Meetings, SMART Recovery, Emotional Freedom Technique (EFT), Relapse Prevention Planning, & referrals to appropriate community resources. Programming for affected family members (partners & kids). Focus on Substance Use, Concurrent Disorders, Sex Addiction, & Gambling Recovery. Self-Referral for Fee-For-Service bed. AHS referral required for funded beds. (COVID-19: Continuous masking for 14 days; Physical distancing always expected between clients, staff, & visitors.)
Lander Treatment Centre (AHS)	Claresholm	403-625-1395 403-625-1300 (Fax) www.albertahealthservices.ca/services/Page13119.aspx	48 beds. 18-24 days (possibility of pre-treatment stabilization). Stable Methadone/Suboxone allowed. Medications to be reviewed through application process. No smoking; nicotine replacement options provided. Double rooms. No electronic devices allowed. 24/7 staffing. Access to: Addiction Counsellors, Nurses, Client Care Assistants, Mental Health Therapist, & Recreation Therapist/Therapy Assistants. Services offered: Daily education sessions, 1-1 & Group Counselling, Relapse Prevention Planning, Introduction to SMART Recovery & 12-Step Programs, Recreation/Leisure Therapy. Focus on Substance Use, Tobacco, & Gambling Recovery. Self-Referral. (COVID-19: Sunday visits on-hold; continuous masking in effect.)
Henwood Treatment Centre (AHS)	Edmonton	780-422-4466 (Admissions) 780-422-9069 (Main) 780-422-5408 (Fax) henwoodadmissionsdepartment@ahs.ca	72 beds (60 available). 19 days. Methadone, Suboxone, Kadian, & Benzos allowed. All medication reviewed by Physician. No smoking; nicotine replacement options provided. Dorm style (3+/room). Wheelchair accessible. No cell phones; access to resident phone & pay phones. Limited internet access. Holistic approach, abstinence model. 24/7 staffing. Access to: Nurses, Social Workers, Occupational Therapist, Recreational Therapy, Addiction Counsellors, Physician, & Psychiatrist. Services offered: Daily education sessions, 1-1 & Group Counselling, Gender-specific programming, Relapse Prevention Planning, Introduction to 12-Step Model & SMART Recovery, community programs & services referrals. Focus on Substance Use Recovery. Supported Transitional Housing provided. Self, Agency, & Community Referral. (COVID-19: 46-bed capacity. No passes/visits. Continuous masking & screening in effect. Screening upon entry. Isolation/testing available for symptomatic individuals.)

Fort McMurray Recovery Centre (AHS)	Fort McMurray	780-793-8300 780-793-8301 (Fax)	16 beds. 28 days. Methadone & Suboxone allowed. All meds to be reviewed prior to admission. No smoking; nicotine replacement options provided. Single rooms, shared bathrooms. No cell phones, electronics, or computer access. Strengths-based approach supporting 12-Step & abstinence models. 24/7 staffing. Access to: RN, Addiction Counsellors, Client Care Aides, & Recreation Therapist. Services offered: Daily psychoeducational sessions, 1-1 & Group Counselling, Relapse Prevention & Aftercare Planning, & Recreational Activities. 10-day Virtual Intensive Day Treatment Program via Zoom (requires access to phone/tablet/computer supporting audio and visual capability, with internet). Focus on Substance Use Recovery. Referral from addictions professional with medical assessment required. (COVID-19: 12 beds. Continuous masking in effect. Daily screening/temperature checks. No weekend passes. Social distancing & enhanced sanitization protocols.)
Northern Addictions Centre (AHS)	Grande Prairie	780-538-6316 780-538-6313 (Fax) Admissions.NAC-treatment@albertahealthservices.ca	20 beds. 21 days. Methadone & Suboxone allowed. Smoking allowed; nicotine replacement options provided. Double rooms. Wheelchair accessible. No cell phones; pay phones available. No internet access. Visits/Passes provided. Abstinence approach. 24/7 staffing. Access to: Addiction Counsellors, Nurses, & Physician (weekly). Services offered: Daily education sessions, 1-1 & Group Counselling, Relapse Prevention Planning, 12-Step Meetings, Peer Support, Recreation Therapy, & Family Support. Focus on Substance Use & Gambling Recovery. Self, Agency, & Community Referrals. (COVID-19: Continuous masking.)
Fresh Start Recovery Centre Lethbridge	Lethbridge	403-329-6603 403-328-5756 (Fax) Info@freshstartrecovery.ca www.freshstartrecovery.ca/about-us/lethbridge/	23 beds (13 male/10 female). 90 days. Suboxone allowed. No Methadone. Smoking allowed in designated outdoor areas. Double rooms. Not wheelchair accessible. Access to cell phones & internet. Passes & visits available. 12-Step, Abstinence model. 24/7 staffing. Services offered: Daily education sessions, 1-1 Counselling, Exercise Facilities & fitness classes, 12-Step Meetings (on & off-site), weekly alumni meetings, Family Healing Program, Relapse Prevention Planning, outpatient services. 52 Post-Treatment housing beds available for as long as needed. Focus on Substance Use Recovery. Self-Referral. (COVID-19: Continual masking, individuals placed in isolation when presenting with symptoms or testing positive).
Medicine Hat Recovery Centre (AHS)	Medicine Hat	403-529-9021 403-529-9065 (Fax)	12 beds. 28 days. Methadone, Suboxone, Kadian, & Sublocade allowed (must be stable for 1 month). Prescribed Benzos/Stimulants/Opioid Pain medication allowed. Smoking allowed; nicotine replacement options provided. Single & double rooms. Wheelchair accessible. Limited cell phone access. Access to internet, tv, 2 resident phones. 3 rd weekend passes & visits available. May be drug-tested. Holistic, Harm Reduction approach. 24/7 staffing. Access to: Physician, Nurses, Addiction Counsellors, Recreation Therapist, Client Care Assistants, & Harm Reduction Therapist. Services offered: Daily education sessions, Group & 1-1 Counselling, Relapse Prevention Planning, Dog Therapy, Leisure/Recreation Activities, Exercise Room, Naloxone Training, introduction to recovery resources, support to connect with community programs, & services. Focus on Substance Use Recovery. Self-Referral. (COVID-19: Limited passes & visits.)

Intensive Adult Concurrent Disorders Treatment Facilities (Co-ed)

Program	Location	Contact Info	Description
Claresholm Centre for Mental Health & Addictions (AHS)	Claresholm	403-682-3500 403-682-3527 (Admissions Coordinator) 403-625-3051 (Fax) claresholmcentre@ahs.ca www.albertahealthservices.ca/services/page13575.aspx	28 beds. Up to 90 days. Suboxone, Methadone, & Kadian allowed. Benzo, Stimulant, & Opioid medications allowed, with agreement to taper; taper may be requested prior to admission. No smoking; nicotine replacement options provided. Single & double rooms. Wheelchair accessible. Limited cell phone access (3hrs on weekends). Internet access on Fridays. Visits allowed; passes after 6 th week. Abstinence model. 24/7 staffing. Partnership with Psychiatric Units & Landers Treatment Centre. Access to: Nurses, Social Workers, Physician, Psychiatrists, & Psychologist. Services offered: Daily education sessions, Group Programming (Cognitive-Behavioural Therapy & Dialectical Behavioural Therapy skills), Vocational Rehab Program (Computers, Horticulture, Woodworking, & Crafts), Individualized Case Management, Recreation sessions, Relapse Prevention Planning, Medication Management. Focus on Substance Use Recovery & Concurrent Disorders. AHS or Physician Referral; Psychiatric Assessment Required (within last 1 year). (COVID-19: No passes or off-grounds privileges – unless supervised; on-site visits allowed with masking/social distancing in place; 14-day isolation or continuous masking on admission depending on individual’s circumstances.)
Centennial Centre for Mental Health & Brain Injury (AHS)	Ponoka	403-783-7754 403-783-7896 (Fax) sandra.klein@ahs.ca https://www.albertahealthservices.ca/findhealth/facility.aspx?id=1000242	17 beds. 22 days. Minimum 5 days substance free before admission. Ages 18-64; Priority for pregnant women & individuals ages 18-24. Free with valid PHN/Alberta Health card; transportation is client’s own responsibility. Suboxone & Methadone accepted. Benzo, Stimulant, & Opioid medications allowed, with agreement to taper. No smoking/vaping allowed; nicotine replacement options provided. Double rooms. Wheelchair accessible. Limited cell phone access. Internet/resident phone access. Limited visits allowed. Harm Reduction approach. Must have severe, persistent mental health & substance use disorders. Requires ongoing connection with Addiction & Mental Health services & attached Psychiatrist. Drug tested on intake & randomly throughout. 24/7 staffing. Access to: Addiction Counsellors, Social Workers, Physicians, Psychiatrists, Psychologists, Recreation Therapists, & Nurses. Services offered: Daily education sessions, 1-1 & Group Counselling, Relapse Prevention Planning, Medication Management, & Aftercare follow up by phone. Focus on Substance Use Recovery & Concurrent Disorders. AHS or Physician Referral. (COVID-19: Open with limited capacity; Outside food/beverages not allowed. Require 7-10 day self-isolation prior to admission; Vaccinations not required, but available to clients on-site.)

Intensive Adult Substance Use Treatment Facilities (Male)

Program	Location	Contact Info	Description
Recovery Acres Calgary Society (1835 House)	Calgary	403-245-1196 403-244-4019 (Fax) info@recoveryacres.org https://recoveryacres.org/	30 beds. 42 days – 1 year. Suboxone & Sublocade accepted on case-by-case basis. No Benzos or Opioid medications allowed. Smoking allowed. Double & dorm-style (3+) rooms. 12-Step, Abstinence-based Cognitive Behavioral Therapy approach. Access to cell phones & internet. Passes provided after 28 days. Family visits available. 24/7 staffing. Access to: Psychologist, Peer Support, Addiction Counsellors, & Physician. Services offered: 1-1 & Group Counselling, 12-Step Meetings, virtual session availability for community supports, workshops for anxiety, depression, trauma, & suicidality. 12 after-care spaces available for up to 2yrs. Focus on Substance Use Recovery. (COVID-19: Masking required in common areas for first 14 days. Symptomatic individuals will be placed in isolation. Daily symptom screening.)
Calgary Dream Centre	Calgary	403-243-5598 403-287-9680 (Fax) info@calgarydreamcentre.com www.calgarydreamcentre.com	30 beds. 49 days. Suboxone & Methadone allowed. All Benzos, Sleep-aid, & Opioid pain medications require physician consultation beforehand. Smoking allowed; nicotine replacement options provided. Dorm-style (3+) rooms. Wheelchair accessible. \$1200 intake fee for non-AB residents. Abstinence model. Passes & visits available. 24/7 staffing. Access to: Addiction Counsellors, Social Workers, Pastor, & Psychologist. Connected to Alex Community Health Physicians. Services offered: 1-1 & Group Counselling, Education sessions, 12-Step Meetings, Cognitive Behavioural Therapy, Dialectical Behavioural Therapy, Exercise/Fitness activities, Equine Assisted Learning, Mindfulness practice, Woodworking, Volunteering, after-care planning, & Relapse Prevention planning. Focus on Substance Use Recovery. Self-Referral. [Transitional Housing After-Care Program: Regular bed openings. Access to Case Management. Services offered: 12-Step Meetings, On-site church services.] (COVID-19: Limited passes & visits. Continuous masking encouraged. Physical distancing implemented in elevator & dining area.)
Fresh Start Recovery Centre Calgary	Calgary	403-387-6266 / 1-844-768-6266 403-235-1532 (Fax) info@freshstartrecovery.ca www.freshstartrecovery.ca/	50 beds. 90 days. Suboxone allowed. No Methadone. Smoking allowed in designated outdoor areas only. Double rooms. Wheelchair accessible. Cell phone & internet access. Passes & visits allowed. 12-Step, Abstinence Model. 24/7 staffing. Access to: Physical Trainer, bi-weekly Naturopath & Physician visits. Services offered: Daily education sessions, 1-1 Counselling, Exercise Facilities & Fitness classes, 12-Step meetings (on & off-site), weekly Alumni Meetings, Family Healing Program, & outpatient services. 52 Post-Treatment housing beds available for as long as needed. Focus on Substance Use Recovery. Self-Referral. (COVID-19: Continual masking, individuals placed in isolation when presenting with symptoms or testing positive).

Simon House Recovery Centre	Calgary	403-247-2050 info@simonhouse.com https://simonhouse.com/	64 beds. 3-6 months. Methadone, Suboxone, & Stimulant medications allowed. No Benzo or Opioid medications allowed. Medication management on-site. Drug testing at admission & randomly after. Smoking allowed/no vapes. Double rooms. Not wheelchair accessible. Harm Reduction & Abstinence-based 12-Step Models. Limited, scheduled cell phone access. Wifi access during leisure time. Overnight passes with counsellor-approval. Visits allowed. 24/7 staffing. Access to: Social Workers, Addiction Counsellor, Pharmacist, Nurse Practitioner, Psychiatrist, & First Nations Elders. Services offered: Daily education sessions, 1-1 & Group Counselling, AfterCARE & FamilyCARE programming (remote/virtual). 12-Step Meetings required. Focus on Substance Use & Process Addiction Recovery. Self-Referral. Continuous intake = quicker admission process. (COVID-19: Continuous masking in common areas. Basic protocols in place. Double vaccination required of all staff, recommended for clients. COVID-testing required if symptomatic.)
Our House Addiction Recovery Centre	Edmonton	780-474-8945 780-479-2271 (Fax) house@ourhouseedmonton.com www.ourhouseedmonton.com/home.html	60 beds. 10-12 months. Methadone & Suboxone allowed. Smoking allowed. Double rooms. Not wheelchair accessible. Therapeutic Community approach using 12-Step/abstinence based model- must complete up to Step 5. Access to cell phones & internet. Visits & passes provided. Staffing until 2am. Access to: Addiction Counsellors, Social Workers, & Peer Support. Services offered: 12-Step Meetings, Trauma intervention, 1-1 & Group Counselling, Understanding Anger, Mental Health First Aid, & 18-Session Men in Recovery Programming. Focus on Substance Use, Gambling Recovery, & Concurrent Disorders. (COVID-19: Continuous masking for entirety of stay. 14-day quarantine upon admission. No visits. Passes for essential needs only. Symptomatic individuals placed in isolation immediately.)
Recovery Acres (Recovery Acres Society of Edmonton)	Edmonton	780-471-2996 780-477-1578 (Fax) info@recoveryacres.ca www.recoveryacres.ca	34 beds. 90 days. (\$40/day without active Alberta Health Care #). No medication restrictions. Suboxone & Methadone allowed; with taper plan. Random Drug Testing. Smoking allowed; nicotine replacement options provided. Dorm style (2-4/room). Not wheelchair accessible. Limited cell phone access. Passes available on 4 th weekend. Visits allowed. 12-Step Abstinence-based approach. 24/7 staffing. Access to: Social Worker & Addiction/Relapse Prevention Counsellor. Services offered: 1-1 & Group Counselling, Cognitive Behavioural Therapy, Art Therapy, 12-Step support, Educational Workshops, Medication Management, Men's Support Groups, & Life-Skills. 90-day Relapse Prevention/Community Transition Program following graduation - if needed. Supportive Recovery Housing available after treatment: Robson Housing. Focus on Substance Use & Process Addictions Recovery. Pre-admission interview required. (COVID-19: Continuous masking. No overnight passes. All visits must take place outside.)

<p>Transformations (Salvation Army)</p>	<p>Edmonton</p>	<p>780-429-4274 780-426-5392 (Fax) arc_edmonton@can.salvationarmy.org www.edmontonarc.org/transformations</p>	<p>4 months. No Methadone, Suboxone, Stimulant, Opioid, or Benzo medications allowed. Not wheelchair accessible. Abstinence & faith-based, holistic approach. Random Drug Testing. No smoking; Nicotine replacement options provided. No walkers/IVs/Oxygen. Access to: Addiction Counsellors, Chaplain, & Peer Support. Services offered: 1-1 & Group Counselling, Spiritual supports, Educational Workshops, Life-Skill Development, Relapse Prevention, Family Education sessions, YMCA Pass, 12-Step Meetings, & Chapel services. Focus on Substance Use recovery. Gr. 12 literacy required. Requires completed medical forms & 10-days substance-free prior to admission. [Keystone 2nd Stage Supportive Recovery Housing: 1-year. Regular bed openings. Access to Case Management. Services offered: 12-Step Meetings, On-site church services.]</p>
<p>Shunda Creek (Enviros Wilderness Treatment Base Camp)</p>	<p>Nordegg</p>	<p>403-340-5466 403-340-4874 (Fax) Shundayatadmissions@ahs.ca www.enviros.org/shunda-creek-wilderness-addiction-treatment/</p>	<p>10 beds. 90 days. Ages 18-24. Adventure-based treatment. Everything needed for wilderness activities is provided. Suboxone allowed with 2-week carries. No Benzo, Opioid, Sleep-aid, or Methadone medications. Limited Stimulant medication allowed. No smoking; nicotine replacement options provided. Single rooms. Not wheelchair accessible. No cell phones or tablets; 2 x 15 min personal phone calls/week. Limited internet access for employment/housing searches only. Individually tailored treatment to each client (12-Step Model, holistic, harm reduction, etc). 24/7 staffing. Access to: Addiction Counsellors, Mental Health Therapists, & Family Counsellor. Supported access of community Physician, Virtual ODP Clinic. Services offered: Pre-admission support, Family, Group, & 1-1 Counselling, Wilderness-based programming (Camping, Canoeing, Rock Climbing, Hiking, Mountain Biking, etc), Indigenous Teachings, Sweat Lodge, Therapeutic Music Groups, Education sessions, Family Weekends, & After-care support. Focus on Substance Use Recovery & Concurrent Disorders. Referral required from AHS Addictions & Mental Health staff. Must be detoxed prior to admission. (COVID-19: Continuous masking for first 14 days & when returning from home visits; no on-site visits or Family Weekends available.)</p>

Intensive Adult Substance Use Treatment Facilities (Female)

Program	Location	Contact Info	Description
Alcove Addiction Recovery for Women	Calgary	403-984-2707 403-242-3915 (Fax) intake@alcoverecover.net www.alcoverecover.net/	23 beds. 90 days. Family program for kids 0-6. Methadone & Suboxone allowed. No Stimulant, Benzo, Sleeping, Laxative, or Opioid medications. Pre-admission consultation required for all prescribed medications. Single & double (with kids) rooms. Not wheelchair accessible. Holistic, trauma-informed model. Smoking allowed. Cell phones access after 30 days. Tablets allowed (only used by kids). Passes & visits provided on weekends; no on-site visits. 24/7 staffing. Access to: Addiction Counsellors, Social Worker, Nurse Practitioner, Psychologist, & weekly Elder visits. Services offered: 1-1 & Group Counselling, Mother & Child program (including child therapy), Life Management Skills, Nutritional Groups, & Psychiatry. Off-site child-care required for kids 6+ months. Focus on Substance Use, Process Addiction Recovery, & Concurrent Disorders. (COVID-19: Continuous masking. Not running at full capacity.)
Aventa Centre of Excellence for Women with Addictions	Calgary	403-245-9050 403-245-9485 (Fax) info@aventa.org https://aventa.org/	45 beds (42-day Phase 2 program); 10 beds (90-day YAT program for 18-24 years); 16 beds (90-day program for Phase 2 or YAT completion). Priority provided for pregnant/at-risk women. Methadone & Suboxone allowed. No Benzo or Opioid medications. Limited Stimulant/ADHD medications allowed. Consult medications prior to admission. Smoking allowed. Dorm style (3/room). Wheelchair accessible. Gender-specific, trauma-informed treatment model. No cell phones/tablets. Limited resident phone/internet access. Visits/passes after 2 nd week. 24/7 staffing. Access to: Nurses, Psychiatrist, Physician, Addiction Counsellors, Psychologists, Social Workers, & Dental Care. Services offered: 1-1 & Group Counselling, Yoga, Fitness Room, Peer Support, 12-Step & SMART Recovery Meetings, Family Support workshops, Stephanie Covington's "Helping Women Recover" programming, weekly Continuing Care alumni support groups. Focus on Substance Use, Process Addiction Recovery, & Concurrent Disorders. Must be detoxed prior to admission. (COVID-19: Continuous masking. Screening and rapid testing at admission and throughout treatment. Physical distancing in effect)
Recovery Acres Society (1839 House)	Calgary	403-245-1196 403-244-4019 (Fax) info@recoveryacres.org https://recoveryacres.org/	8 beds. 42 days (Phase 1) -> 1 year (Phase 2). Suboxone & Sublocade accepted on case-by-case basis. No Benzos/Opioid medications. Smoking allowed. Double rooms. Not wheelchair accessible. 12-Step, Abstinence-based Cognitive Behavioral Therapy approach. Access to cell phones & internet. Passes provided after 28 days. Family visits available. 24/7 staffing. Access to: Psychologist, Peer Support, Addiction Counsellors, & Physician. Services offered: 1-1 & Group Counselling, 12-Step Meetings, virtual session availability for community supports, workshops for anxiety, depression, trauma, & suicidality. Post-Treatment Supported Living beds available. Focus on Substance Use Recovery. (COVID-19: Masking required in common areas for first 14 days. Symptomatic individuals will be placed in isolation. Daily symptom screening.)

2 nd Floor FASD Recovery Centre	Cold Lake	780-594-9903 780-594-9907 (Fax) 2ndfloordadmin@lcfasd.com https://lcfasd.com/the-2nd-floor/	9 beds. 42 days. Ages 15+. Specialized services available for pregnant women using substances (discharge = 1 month before due date). Pregnancy not required for admission. Methadone & Suboxone accepted. Limited medications allowed – consult beforehand. Single rooms. Wheelchair accessible. Harm Reduction/Trauma-informed model. Smoking allowed (6 breaks/day). No cell phones/tablets/laptops. Random drug tests. 24/7 staffing. Access to: Nurses, Addiction Counsellors, Dental Hygienist, & Eye Care. Services offered: 1-1 & Group Counselling, Life-skills, Circle of Courage Program, medicine wheel-based approach, FASD education, Yoga, Massage, Drumming, Meditation, Life-skills development, support to attend community health appointments. Volunteering, Legal Assistance, Pre/Post-natal health, aftercare planning, liaising with CFS. Focus on Substance Use Recovery & Harm Reduction. Self-Referral. Medical assessment required. 5-7 day medical detox required prior to admission. (COVID-19: Masking required in areas where social distancing cannot be maintained; encouraged at all times; No Passes/Visits.)
Adeara Recovery Centre for Women & Children	Edmonton	780-423-5516 780-429-1090 (Fax) office@adeara.ca https://adeara.ca/	10 suites. Minimum 6 months. Children up to 10 years old allowed. Abstinence approach. Room & Board cost determined on income; \$500.00 for Damage Deposit; \$200.00 textbook fees. No Methadone or Suboxone. Restricted medication list available on-line. Single rooms. Not wheelchair accessible. Faith-based, trauma-informed treatment. Limited cell phone use. Computer lab available. Passes/Visits provided. No smoking allowed. Drug testing provided. Must be able to complete housekeeping duties and willing to forgo romantic relationships unless legally married. 24/7 staffing. Access to: Addiction Counsellors & Support staff. Services offered: Group & 1-1 Counselling, Fitness programming, Spiritual Development, Educational classes (Parenting, Neuroscience of Addiction, Life Skills Development, Financial Development, Boundaries, etc). Focus on Substance Use, Process Addiction Recovery, & Concurrent Disorders. Online Self-Referral (must submit Application & Service Contract). Women with children receive preference. Must be detoxed 7 days prior to admission. (COVID-19: Every resident has her own suite; meals are independent; negative COVID test required for admission.)

Indigenous/NNADAP Substance Use Treatment Facilities (Co-ed)

Program	Location	Contact Info	Description
Bonnyville Indian-Metis Rehabilitation Centre	Bonnyville	780-826-3328 780-826-4166 (Fax) bimrcdl@mcsnet.ca www.bimrc.ca/	28 days. Suboxone & Methadone allowed; must be stable for 1+ month. No Opioid or Benzo medications. Smoking allowed. Not wheelchair accessible. Holistic, 12-Step Model of recovery with culturally-specific programming. No cell phones; evening pay-phone access. TV access. Computer access for supervised virtual appointments. Passes/visits provided. 24/7 staffing. Access to: Elders, Addiction Counsellors, Social Workers, Trauma Counsellor, & Grief Support Counsellor. Services offered: Weekly Sweats, 1-1 & Group Counselling, 12-Step Meetings, & Educational Workshops. Focus on Substance Use Recovery. (COVID-19: Continuous masking for entirety of stay. No visitors/passes or outings. No sweats.)
Sunrise Healing Lodge	Calgary	403-261-7921 403-269-5578 (Fax) nasgeneral@nass.ca http://nass.ca/	36 beds. 70 days. No Methadone, Suboxone, Benzos, or Opioid pain medications allowed. Stimulant medications accepted on case-by-case basis. Smoking allowed; nicotine replacement options supported, if prescribed. Double rooms. Wheelchair accessible. 12-Step/Abstinence model & Holistic, Aboriginal-based approaches. No cell phone or internet access; Resident phone available. Passes & visits available. Access to: Addiction Counsellors, Social Workers, 12-Step Sponsors, & Support Workers. Additional community partnerships with Pharmacist, Nurses, & Dental Care. Services offered: Educational groups, 1-1, Family, & Outpatient Counselling, Sweats, Pipe Ceremonies, Sharing Circles, Cultural Crafting, Traditional Medicines, Elder Visits, After-Care planning, active Alumni group, & support for 12-Step completion. Focus on Substance Use & Gambling Addiction Recovery. Self-Referral. (COVID-19: Continuous masking required for entirety of stay. Physical distancing in educational & dining areas.)
Mark Amy Treatment Centre (Wood Buffalo Wellness Society)	Fort McMurray	780-334-2398 780-334-2352 (Fax) markamy@woodbuffalowellnesssociety.com matcintake@woodbuffalowellnesssociety.com www.markamytreatmentcentre.com	14 beds. 56+ days. (12 NNADAP funded beds; 2 United Way funded beds for non-Indigenous clients). Suboxone accepted (must have prescription for entire stay). No Methadone. Limited Benzo, Stimulant, & Opioid medications accepted. Consult around medication prior to admission. Smoking allowed; nicotine replacement options provided. Double & Dorm-style (3+) rooms. Wheelchair accessible. 12-Step/Well-briety Meetings, First Nations Holistic & trauma-informed model. Weekly phone access. No internet access. No passes provided; clients have weekly outings. Family visits on Sundays. 24/7 staffing. Access to: Addiction Counsellors, Social Workers, Peer Support, & Elders. Services offered: 1-1, Group, & Family Counselling, Psychiatrist Video-Conferencing/On-site monthly, Art Therapy, Residential School education, Cultural teachings, & Sweat Lodges. Focus on Substance Use, Process Addiction Recovery, & Concurrent Disorders. Continual Intake. (COVID-19: COVID-tested upon admission. Masking required for 14 days, 2nd test taken before mask-free for rest of programming. Staff remain masked at all times.)

<p>Kapown Treatment Program</p>	<p>Grouard</p>	<p>780-751-3921 1-888-751-3921 780-751-3831 (Fax) intake@kapown.ca www.kapown.ca</p>	<p>32 beds (16 male/16 female). 14-day mandatory stabilization phase followed by 56 days of treatment. NNADAP funding of \$163/day. Methadone & Suboxone accepted. Limited Benzo, Stimulant, & Opioid medications accepted. Drug tests completed. Smoking allowed. Individual rooms. Wheelchair accessible (designated 2 male/2 female rooms). 12-Step & First Nations Holistic approaches. Drug testing utilized. No electronics or cell phones; 2 x 10 min. phone calls/week. No internet access except for online banking. No passes. 4-hr weekend visits. Staffing available 7:45am-9:45pm; security from 9:45pm-8am. Access to: Addiction Counsellors, Mental Health services, Elder (bi-weekly) & Psychiatrist Video-Conferencing weekly/On-site monthly. Services offered: 1-1 Counselling, Seeking Safety (PTSD + Substance Use) Program, Cognitive Behavioural, Motivationally Enhanced & Solution-Focused Therapies, Sweat Lodge ceremonies, accommodations for special needs, mobility, & literacy concerns. Focus on Substance Use Recovery & Concurrent Disorders. 2nd Stage Housing Program, including a mandatory 14-42 day outpatient aftercare program.</p> <p>(COVID-19: Negative rapid test upon intake. Continuous masking for 1st week of programming. Currently, no Methadone/Suboxone clients allowed, unable to accommodate wheelchairs at temporary location. Regular facility will be operational in September 2022)</p>
<p>Amisk Healing Lodge (formerly known as Beaver Lake Wah-Pow Treatment Centre)</p>	<p>Lac La Biche</p>	<p>780-623-2553 780-623-4076 (Fax) beaverlaketreatmentcenter@yahoo.ca www.beaverlakecrecreation.ca/Health/</p>	<p>45 beds. 42 days. (35 NNADAP funded beds; 10 beds for non-Indigenous clients with \$2695 cost). Suboxone allowed with 1-week carries. Limited Benzo medications. No Methadone or Opioid medications. Smoking allowed. Double rooms. No cell phones; resident phone access after 2 weeks. No internet access. No passes; family visits on Saturdays after 2nd week. 12-Step/Well-briety model, First Nations Holistic approach. 24/7 staffing. Access to: Addiction Counsellors, Elder, & Psychologist. Services offered: Couples/Family Based programming (Individual, Couples, & Family Counselling), Group Counselling, Concurrent Capable Team, Culturally-Based Programming, Smudging, Sweats, Pipe Ceremonies, Church outings, Trauma-Informed Interventions, & Residential School education. Focus on Substance Use Recovery. Continuous intake.</p> <p>Closed - until further notice - July 28/2022</p>

Footprints Healing Centre	Morinville	780-939-3544 780-939-3524 (Fax) footprintshealingcenter@gmail.com	12 beds. 47 days. NNADAP treaty-clients only. Traditional cultural/abstinence-based approach to recovery. Access to: Mental Health Therapist, Nurses. Services offered: 1-1, Group, & Family Counselling, Seeking Safety (PTSD + Substance Use) Program, Residential School education, recreational activities, Sharing Circles, Spiritual Ceremonies, 12-Step Meetings, & Aftercare Program. Focus on Substance Use Recovery & Concurrent Disorders. 7-days substance-free required before admission. (COVID-19: Continuous masking for entirety of stay. CURRENTLY CLOSED FOR RESIDENTIAL TREATMENT. Only Online Virtual Treatment provided at this time)
Poundmaker's Lodge Treatment Centre	St. Albert	780-458-1884 / 1-866-458-1884 780-459-1876 (Fax) info@poundmaker.org http://poundmakerslodge.ca/	97 beds. 42 days (90 days for 18-24 years). Methadone & Suboxone allowed. Some medication restrictions – consult before admission recommended. Smoking allowed; nicotine replacement options provided. Double rooms. No cell phones; 4 personal calls/week. Internet access. Limited visits/passes. 12-Step, Abstinence-based & traditional First Nations models. 24/7 staffing. Access to: Nurses, on-site Pharmacy, Psychologist, Occupational Therapist, Elders, & Addiction Counsellors. Accommodations for physical & mental disabilities. Services offered: Daily education sessions, Group Counselling, Sweat Lodges, Healing & Smudging Ceremonies. Young adult program includes: Wilderness Excursions, Hiking, Canoeing, etc. Focus on Substance Use & Process Addiction Recovery. 7 Supportive Transitional Housing (Iskwew Healing Lodge) after-care beds for women. Self-Referral. Pregnant women will be fast-tracked. (COVID-19: Symptomatic individuals will not be admitted; all admissions will be tested. Continuous masking in effect. No visitors/outside passes available.)
Kainai Healing Lodge	Standoff	403-373-3757 1-888-737-3757 403-737-2207 (Fax)	24 beds. 8 weeks (closed intake). NNADAP funded. Methadone & Suboxone allowed. No Benzos, Sleep-aid, or Opioid pain medications. Most prescribed psychiatric medications allowed; please consult beforehand. Smoking allowed. Double rooms. Wheelchair accessible. No cell phone/internet access. Family visits allowed. No passes. Spiritual, Holistic approach. Access to: Nurses, Addiction Counsellors, & Psychologist. Services offered: Daily education sessions, 12-Step Meetings/Well-briety programming. Focus on Substance Use Recovery. Medical forms required. Must transfer Door-to-Door from detox facility. (COVID-19: Half-capacity; 12 beds available. Double vaccinations required for admission. Negative test results required prior to admission. Family Phone call on Sundays instead of visitation.)

Supported/Transitional Recovery Living Facilities (Co-ed)

Program	Location	Contact Info	Description
Oxford House	Calgary Drumheller Edmonton	403-214-2046 403-214-2047 (Fax) support@oxfordhouse.ca http://oxfordhouse.ca/	Calgary: 18 houses (89 beds for men & women); Edmonton: 8 houses (40 beds for men & women); Drumheller: 1 house (5 men's beds); Pre-Treatment housing in Calgary (4 men's beds & 4 women's beds); Entry-Level Homes in Calgary (8 beds for men & women; institutionalized or chronically homeless); Culturally-supported Indigenous Recovery Homes (3 in Calgary & 2 in Edmonton for men & women). No set length of stay. \$570/month; \$200 damage deposit. Suboxone & Methadone allowed; no carries. Psychiatric medications allowed. Smoking allowed. Single rooms. Not wheelchair accessible. Abstinence approach. Access to: House Leads & Peer Support Workers. 4 separate housing models for individuals seeking recovery or treatment. House management responsibilities distributed within household. Off-site recovery meetings encouraged. (COVID-19: Masking & increased sanitization practices encouraged.)
Place of Dignity Program (George Spady Society)	Edmonton	780-424-8334 ext. 0 587-524-1531 (Fax) admin@gspady.ab.ca www.gspady.org	6 beds with privacy screens. No determined program length. Suboxone & Methadone allowed. No medication restrictions. Managed Alcohol Program. Smoking allowed. Wheelchair accessible. Cell phones/laptops/tablets allowed. Clients come & go. Family visits encouraged. Harm reduction/Bio-psycho-social, trauma-informed model. 24/7 staffing. Access to: Social Worker, Indigenous Cultural Helper, Health Care Aides & Nurse. Referrals & support available for additional medical appointments. Client-led focus groups guide programming. Agency referral required. Available for homeless/mobility-challenged Edmonton residents only. (COVID-19: Masking & COVID test prior to admission required. Individuals testing positive would receive alternative arrangements unclear cleared. Vaccinations strongly encouraged, not required.)
Rising Above	Grande Prairie	780-533-3025 780-532-3253 (Fax) admin@risingabovegp.com www.risingabovegp.com	19 male beds. 14 female beds. 6 months. No Methadone or Suboxone. Regularly prescribed medications supported. Smoking allowed. Wheelchair accessible. 12-Step, Christian model. TV & internet access. Passes available. Access to trained facilitator staff. Services offered: 1-1, Family, & Spiritual Counselling, Life Skills Sessions (Addiction, Anxiety, Anger, Conflict Resolution, Employment Readiness, Self-Esteem, Budgeting, etc); Volunteering, Mentorship, 12-Step Meetings. Outpatient programming available. Focus on Substance Use Recovery. (COVID-19: Continuous masking for first 14 days. Confirmed negative test required prior to admission.)

Southern Alcare Manor (SAM)	Lethbridge	403-328-0955 403-381-2021 (Fax) admin.alcare@shaw.ca www.southernalcaremanor.ca/	25 beds (max. of 6 female beds). 16-week program recommended. Suboxone, Methadone, Sublocade & all prescribed medications allowed. Smoking allowed in designated areas. Double rooms. Not wheelchair accessible. Abstinence-supported approach. Access to resident phones & computer stations. Limited cell phone access. Visits & passes available. 24/7 staffing. Access to: Addiction Counsellors, Psychologist, Provisional Psychologist, & Recovery Coaches. Services offered: EMDR & ART for Trauma, 1-1 & Group Counselling, SMART Recovery, ACT & DBT, Volunteering, Job readiness programming, Recreational Activities (Golf, Fishing, Swimming, Snowshoeing, Crafting, Bowling, etc), & daily psychoeducation sessions. 12-Step Meetings strongly encouraged. Mandatory house groups & activities. Focus on Substance Use & Gambling Addiction Recovery. Transitional housing after-care program available. (COVID-19: Vaccinations required for admission.)
Residents in Recovery	Lloydminster	877-201-3955 587-800-1453 (Fax) info@residentsinrecovery.com www.residentsinrecovery.com	13 beds/2 homes. 12 weeks. \$520/month, \$200/damage deposit, & \$100/materials. Methadone & Suboxone allowed. Smoking allowed. Single rooms. Client computer available. Cell phones/tablets allowed until 11pm. Weekend passes after 1 st month. No overnight visits, unless children; no opposite gender in-house visits. Harm reduction model. Access to: House Mentors, Addiction Counsellors, & Peer Support. Services offered: 12-Step Meetings, SMART Recovery Meetings, & daily education sessions (Harm Reduction, Addiction & Mental Health, Life Skills, Legal Supports, Relapse Prevention, Smoking Cessation, etc.). Transitional Beds (Post-Detox/Pre-Treatment). Outpatient Clinic (M-F: 9:30-3pm). Focus on Substance Use & Process Addiction Recovery.
LYNX Recovery House	Medicine Hat	403-952-6284 403-529-9637 (Fax) LYNX.Admissions@mcmansouth.ca www.mcmansouth.ca/lynx-recovery-house.html	10 beds (3-unit triplex). 3 months (with possible extension up to 6 months). Methadone, Suboxone, & regularly prescribed medications allowed. Random Drug Testing. Smoking allowed in designated areas. Single Rooms. Wheelchair accessible. Private phone lines available for outgoing calls. Cell phones/tablets allowed. Access to wifi & shared resident computer. Pre-approved weekend passes/visits allowed (no visitors under 18). Abstinence-based model rooted in SMART Recovery philosophy. Staffing 8am-6pm, 7 days/week. Access to: Recovery Support Workers & Program Supervisor, with involved community supports. Services offered: 1-1 Case Management, ongoing assessment/recovery support, Crisis Intervention, Life Skills, Addiction & Mental Health education, connection to appropriate community resources. 5 required support meetings/week. Transitional Beds (Post-Detox, awaiting treatment/Post-Treatment, awaiting housing). Focus on Substance Use Recovery. Must be substance free for 5+ days prior to admission. (COVID-19: Must be symptom-free on intake.)

Supported/Transitional Recovery Living Facilities (Male)

Program	Location	Contact Info	Description
Centre of Hope Addictions Recovery (Salvation Army)	Calgary	403-410-1111 info@salvationarmycalgary.org www.salvationarmycalgary.org/redirect.html	30 beds. 3-12 months. No Suboxone, Methadone, Stimulant, Benzos, or Opioid medications allowed. Smoking allowed. Single rooms. No cell phones. Computer lab access. Passes provided on 3 rd week. Abstinence-based, Christian approach. 24/7 staffing. Access to: Addiction Counsellor, Social Worker, Chaplain, Spiritual Care Staff, Client Service Workers, & Resource Specialist. Services offered: Group & 1-1 Counselling, Recreation programming & gymnasium, Meditation chapel. Focus on Substance Use Recovery. Self-Referral via phone assessment. 10-days without substance use prior to admission.
Grace House	Drumheller	403-823-5437 403-823-7468 (Fax) counsellor@grace-house.ca www.drumhellergracehouse.com/index.php	12 beds. 90+ days. Ages 25+. No Suboxone, Methadone, Benzos, or Opioid medications allowed. Smoking & vapes allowed. Single & double rooms. Not wheelchair accessible. No cell phones; resident phone & computer access. Passes provided after 3 weeks. Family visits allowed. Abstinence model. Staffing 8:30-4:30pm; on-call 24 hours. Access to: Addiction Counsellor & Support Staff. Services offered: 1-1 Counselling, Odd Jobs Squad work therapy/ability to earn money, Gender-specific Recovery-focused Programming (“Helping Men Recover”), 12-Step Meetings & Step-Work. Comfortable, homely setting. Focus on Substance Use Recovery. (COVID-19: 10 beds with 2 isolation beds. Masks required for first 14 days; vaccinations are not required, but strongly recommended.)
Alton House	Edmonton	587-456-8430 (no fax) admissions@thealtonhouse.com www.thealtonhouse.com/	10 beds. Up to 1.5 years. \$750/month, & \$300 damage deposit + partial utilities. Methadone & Suboxone allowed. All regularly prescribed medications allowed. Smoking/Vaping allowed in designated areas. Double rooms. Not wheelchair accessible. Cell phones allowed. Program phone & wifi available. Passes available. Curfew of 11pm (Sun-Thurs), 12am (Fri-Sat). 12-Step, Abstinence-based recovery environment. Random drug testing utilized. 24/7 staffing. Access to: Peer Support & Pharmacist. Services offered: 12-Step Programming support, Recovery Coaching, 3 dogs (pet therapy), Life skill development (cooking, cleaning, house management skills), Free Strathcona Gym passes & discounted transit passes (\$30/month). Focus on Substance Use, Process Addiction, & Concurrent Disorders Recovery. Self-referral.
Breakout Recovery Program (Hope Mission)	Edmonton	780-422-2018 ex.216 780-426-7507 (Fax) breakout@hopemission.com https://hopemission.com/edmonton/addiction-recovery-spiritual-care/	45 beds. 12-14 months. \$250/month with \$250 damage deposit. Single rooms are \$450-500/month. Methadone & Suboxone allowed. No Benzo, Opioid, Stimulant medication allowed; consult beforehand. Faith-based, 12-Step/Abstinence approach. Smoking allowed in designated areas. Single & double rooms. Not wheelchair accessible. Limited cell phone access after completion of Phase 1; no internet access. Limited visits/passes. 24/7 staffing. Access to: Case Managers, Addiction & Counsellors/Recovery Coaches with linkages to community service providers. Services offered: Case Management, Genesis Process programming, completion of 12 Steps, exercise opportunities, required 12-Step Meetings, Life Skills, Educational workshops, & Transitional Housing available. Focus on Substance Use Recovery. Self-Referral, continuous intake. (COVID-19: If symptomatic, individuals will be tested and potentially isolated until symptoms pass. If positive, individuals will be isolated for 5 days (vaccinated) or 10 days (unvaccinated)) [Transitional Living – Green Manor: Up to 3 years.]

Jellinek House	Edmonton	780-488-1160 780-488-5984 (Fax) info@jellinek.ca https://jellinek.ca/	17 beds. 90 days-1.5 years. 30+ days substance free, has completed residential treatment within last 3 years. Methadone & Suboxone allowed; no carries, must use program's pharmacy. No Benzo medications. Smoking/Vapes allowed in designated outdoor area. Single/Double/Dorm-style rooms, based on seniority. Not wheelchair accessible. Cell phones/Tablets & Laptops allowed. Family visits allowed. 12-Step Abstinence approach. Staffing 9-5pm; on-call 24 hours. Access to: Addiction Counsellor, Social Worker, & Support Workers. Residents need to be employed, enrolled in school, volunteering (or looking). Homely setting. Services offered: 1-1 Counselling, Educational Group sessions, & 12-Step Meetings. Focus on Substance Use Recovery. Self-Referral. (COVID-19: Vaccinations required)
Robson Houses (Recovery Acres Society of Edmonton)	Edmonton	780-760-6744 587-523-5863 (Fax) info@recoveryacres.ca www.recoveryacres.ca	20 beds. Up to 2 years. \$550/month & \$350 security deposit. Methadone & Suboxone allowed. All regularly prescribed medications allowed. Abstinence-based, 12-step approach. Smoking allowed in designated areas. Single rooms. Not wheelchair accessible. Access to cell phones, resident computer, & TV. Visits allowed. On-call staff 24/7. Access to: Addiction Counsellor, House Manager, Community Transition Worker, & Housing Co-ordinator. Peer-support model. Services offered: 1-1 counselling & Case Management, Job training, Smoking Cessation Program, community supports navigation, & transitional support into long-term housing. 12-Step Meetings required. Available post-treatment completion (within 1 year, preferably in last 6 months). Focus on Substance Use, Gambling, & Process Addiction Recovery.
Exodus Recovery Program (Streets Alive Mission)	Lethbridge	403-320-1159 403-320-1060 (Fax) exodus@streetsalive.ca www.streetsalive.ca/exodus-mens-life-recovery-program/	18 beds. 4 months for Phase 1 & 2. \$900/month. AB Supports funding permitted. Methadone & Suboxone allowed, with agreement to taper. No Stimulant, Benzo, or Opioid medications. Faith-based, abstinence program. Smoking/vaping allowed. Single & double rooms. Not wheelchair accessible. Limited TV, resident phone, & cell phone (after 60 days) access. Internet access. Passes provided pending staff approval. Family visits allowed on Sundays. Drug testing utilized. 24/7 staff. Access to: Addiction Counsellor, Pastor, Peer Support, & Social Worker – if needed. Services offered: Group & 1-1 Counselling, Educational workshops, Spiritual Care/Support, Volunteering, Financial Management, Freedom From Addiction Workshop, 12-Step Meetings. Self-Referral. Must be 5-days substance free prior to Phase 1 admission. [Transitional Housing (Phase 3) : up to 1-year (pending availability), including: Employment readiness support, 1-1 counselling, Life-Skills training, single rooms, & support for community reintegration.]
Alberta Men's Centre (Teen Challenge Canada Inc.)	Priddis	1-800-856-8902 1-403-931-3853 (Fax) info@tcalberta.ca www.tcalberta.ca/	30 beds (24- 1 year program; 6- post-graduate programming). 1 year. \$100 application fee, \$1000 admission fee. Suboxone allowed, with taper plan in place. No Methadone, Benzos, Opioid, or Stimulant medications. No smoking (smoking cessation program available). Double rooms. Wheelchair accessible. No cell phones or internet. Family visits & passes available. Faith-Based, Abstinence model. 24/7 staffing. Access to: Addiction Counsellors, Spiritual Supports, & Peer Support. Services offered: 1-1 & Group Counselling, Life-skill development, Spiritual Formation support, Volunteering, Relapse Prevention planning, aftercare programming. Focus on Substance Use Recovery. (COVID-19: Vaccinations not required)

Supported/Transitional Recovery Living Facilities (Female)

Program	Location	Contact Info	Description
Calgary Dream Centre	Calgary	403-243-5598 403-287-9680 (Fax) info@calgarydreamcentre.com www.calgarydreamcentre.com	6+ month program. Access to: Physician, Psychiatrist, & Addiction Counsellors. Services offered: 1-1 Counselling, Individualized Case Management, DBT, Goal Setting, Genesis Relapse Prevention Counselling, Co-dependency groups, & Fitness Classes. Referral/Application must be submitted while in treatment program.
Next Step Ministries	Calgary	403-520-8080 info@nextstepministries.ca www.nextstepministries.ca/	Women exiting from sexual exploitation and trafficking. 7 beds between 2 semi-independent homes. 12-18 months. \$400/month + one's own groceries. Methadone & Suboxone accepted. Medication restrictions; consult beforehand. Single rooms. Not wheelchair accessible. Smoking allowed. Cell phone & computer access. 12-Step Abstinence, Faith-Based model. Possibility of weekend passes after 3 months. 24/7 on-call staffing. Access to: Trauma Counsellor, Social Workers, Addiction Counsellors, Peer Support Workers, & Pastor. Services offered: Outreach, Outpatient Case Management, Day Programming on M/T/Th/F, Volunteering opportunities, Equine Therapy, Mindfulness, Life Skills, Domestic Violence programming, Self-Esteem groups, Trauma Therapy, Art Therapy, & after-care alumni program. Focus on Lifestyle Recovery (Substance Use, Gambling, Criminal Activities). Must be detoxed with stabilized mental health. (COVID-19: Continuous masking. Testing required if symptomatic. If positive, individuals will be isolated for required period)
Althea House (Recovery Acres Society of Edmonton)	Edmonton	780-760-6744 587-523-5863 (Fax) beth@recoveryacres.ca www.recoveryacres.ca	5 beds. \$550/month; \$350 security deposit. 6 months – 1 year (if working); up to 2 years (if attending school). Suboxone & Methadone allowed with expectation to taper. No medication restrictions. Random Drug Testing. Smoking allowed. Single & double rooms. Not wheelchair accessible; must be able to climb stairs. Internet/Cable included in house fund, cell phones allowed. Peer-support model based on 12-Step Abstinence approach. 24/7 on-call staffing. Access to: Addiction Counsellor, Community Transition Worker, Housing Co-ordinator, & House Manager. Services offered: Job training & employment support, Life Skills, independent housing support, & required 12-Step Meetings. Focus on Substance Use & Process Addictions Recovery. Self/Agency referral. In-person/phone interview required. Requires recent completion of intensive residential treatment program (~within 1 year) to be eligible. (COVID-19: No visitors.)
McDougall House Association	Edmonton	780-426-1409 780-429-3459 (Fax) counsellor@mcdougallhouse.com https://mcdougallhouse.com/	12 beds. Recommended 3 month stay, extensions available. Active AB PHN # required. Methadone & Suboxone allowed. Medication restrictions; consult beforehand. Abstinence-based model. Smoking allowed. Single & double rooms. Not wheelchair accessible. Cell phone/tablets access. 24/7 staffing. Access to: Addiction Counsellors & Pharmacist. Staff-approved visits allowed. Services offered: 1-1 & Group Counselling, Educational workshops, Supportive Recovery Meetings. Focus on Substance Use & Process Addiction Recovery. Must complete Intensive Treatment program before applying. 7-days substance-free prior to admission. (COVID-19: Continuous masking, restricted community passes, rapid covid-test done upon admission, outdoor visitations only.)

Wellspring Recovery Program (Hope Mission)	Edmonton	780-453-3412 780-426-0094 (Fax) wellspringintake@hopemission.com https://hopemission.com/edmonton/addiction-recovery-spiritual-care/	28 beds. 12-14 months; 4 Phases of program, each phase approximately 3 months. \$250/month with \$250 damage deposit. Methadone & Suboxone allowed. No Benzo, Opioid, Stimulant medication allowed; consult beforehand. Faith-based, 12-Step/Abstinence approach. Smoking allowed in designated areas. Double rooms. Not wheelchair accessible. Limited cell phone access (starts in Phase 2). Visits allowed after 6 weeks; weekend passes available in Phase 3. Staffing available 8:30am-11pm Mon-Wed; 8:30am-9pm Thu-Fri; 8:30am-4pm on Sat; 1-9pm on Sun. Access to: Case Managers, Intake Staff, & Program Co-ordinator with linkages to community service providers. Services offered: Case Management, exercise opportunities, required 12-Step Meetings, Life Skills, & Educational workshops. Focus on Substance Use Recovery. (COVID-19: If symptomatic, individuals will be isolated until symptoms pass. If positive, individuals will be isolated for 5 days (vaccinated) or 10 days (unvaccinated))
Narrow Road Home	High River	403-710-0744 (No Fax) kim@narrowroadhome.com www.narrowroadhome.com/	14 beds. No defined program length. Program costs assessed individually. Must be medically-detoxed/stable prior to admission. Methadone & Suboxone allowed. No medication restrictions. Faith-Based model. No smoking allowed. Double & Dorm-Style (3) rooms. Not wheelchair accessible. Limited access to passes, internet, & cell phones. Family visits allowed. Access to: Life Coaches, Chaplains, & Pastors. Services offered: 1-1 Ministry sessions, Family sessions, Job Skills training & volunteering, Inner Healing sessions. Focus on Substance Use & Process Addiction Recovery. (COVID-19: Precautions are in accordance with Alberta Health mandates; increased caution for outings.)
Genesis Recovery Program (Streets Alive Mission)	Lethbridge	403-635-0336 403-320-1060 (Fax) genesis@streetsalive.ca www.streetsalive.ca/genesis-womens-ministry/	14 beds (4 - Phase 1; 6 - Phase 2; 4- Phase 3). 90-day minimum commitment. \$600/month. AB Supports funding permitted. Suboxone allowed, with agreement to taper. No Methadone, Stimulant, Benzo, or Opioid medications. Faith-based, bio-psycho-social-spiritual recovery approach. Smoking/vaping allowed. Single & double rooms. Wheelchair accessible. Limited TV, Internet, & resident phone access. Limited cell phone access after 30 days. Passes provided pending staff approval. Pre-approved visits allowed. Drug testing utilized. 24/7 staff. Access to: Counsellors, Pastor, Peer Support, & support to access community-based Medical, Dental, or Mental Health care. Services offered: Educational workshops, Spiritual Care/Support, Volunteering, Financial Management, ID support, Employment Readiness, Freedom From Addiction Workshop, 12-Step Ladies Meetings. Self-Referral. Requires detox (5-days substance free) prior to admission. This program intends to meet recovery needs in a supportive living environment, as well as for pre-/post-treatment stabilization. (COVID-19: Vaccinations not required.) [Transitional Housing (Phase 3) available up to 1-year (pending availability), including: Employment readiness support, 1-1 counselling, Life-Skills training, single rooms, & support for reintegration into community.]

Iskwew Healing Lodge	St. Albert	780-458-1884 / 1-866-458-1884 780-459-1876 (Fax) info@poundmaker.org http://poundmakerslodge.ca/	7 beds. 8-weeks. \$40/day Room & Board. Methadone & Suboxone must be stable; approved case-by-base. No Opioid, Benzo, or Stimulant medications – consult beforehand. Smoking allowed. Single & double rooms. Limited TV/cell phone access. Internet access upon request. Limited visits/passes. 12-Step, Abstinence-based Therapeutic Community & traditional First Nations models. 24/7 staffing. Access to: Cultural Advisors, Elder, & Support Staff. Pregnant women allowed, will be fast-tracked; unable to accommodate newborn/post-birth. Services offered: Daily education sessions, Group Counselling, 12-Step Meetings, support to complete up to Step 3, Exercise Room, & Cultural Activities - Sweetgrass Ceremonies, Sweat Lodges, Smudging, Beading, Round Dances, & Pow Wow. Focus on Substance Use & Process Addiction Recovery. Self-Referral with medical form required. Must have recently completed Residential Treatment program (if not Poundmakers, 14 days of assessment required). (COVID-19: Continuous masking for 14 days; 4 designated visitors with physical distancing, mask wearing for 1-hour visits.)
Grandmother Turtle House	Westlock	780-983-1874 info@nightwind.ca www.nightwind.ca	4 beds. 4-6 months. Cost: To be determined. Ages 15-22. No Methadone or Suboxone. Some medication restrictions; consult beforehand No smoking; nicotine replacement may be considered. Single rooms. Not wheelchair accessible. Cell phone, telephone, internet, & tv access during designated times. Visits/Passes allowed with team approval. Trauma-informed, traditional First Nations model. 24/7 staffing. Access to: Therapists, Elders, Social Workers, & Youth Care Workers. Services offered: 1-1 & Group Counselling, Life Skill programming, recreational activities, support for education & employment, enhancement of family/community supports, & transition to semi-independent living. Focus on Substance Use, Process Addictions, & Concurrent Disorders Recovery. Self-Referral. (COVID-19: Continuous masking for entirety of stay; virtual meetings, no outings, daily symptom screening.)

Things to Consider with Client: What does s/he need to feel safe? What will be most important to promote individual's success?

- Male vs Female vs Co-Ed Facility?
- How many beds available?
- Length of Program?
- Cost of Program?
- Smoking vs Non-Smoking Program? Are Vapes allowed?
- Is Nicotine Replacement provided?
- 12-Step/Abstinence Based or Harm Reduction Based Program?
- Are passes or visits allowed?
- Are kids allowed on-site?
- Access to Fitness Programming?
- Wheelchair accessible?

- Access to Physician? Pharmacist? Nursing Staff? Psychiatrist?
- Addiction Counsellor? Psychologist? Support Workers? Client Care Assistants? Cultural Mentors/Elders? Recovery Coaches?
- Access to Internet? Cell Phones? TV? Resident Phone?
- Single vs Double vs Dorm (3+) Bedrooms?
- Opioid Agonist Treatment (Methadone/Suboxone) allowed?
- Benzo vs Stimulant vs Pain vs Sleep Medications allowed?
- Intensive Treatment vs Transitional/Supportive Programming?
- Culturally sensitive/indigenous programming? Trauma treatment?
- Substance Use vs Process Addiction vs Gambling vs Concurrent Disorders Programming?