

## Provincial Detox & Substance Use Treatment Facility Directory

*[As of October 1, 2020, all Detox & Treatment Services are free, unless specified otherwise; Listed services are for 18+, unless specified otherwise]*

<b>Withdrawal Management/Detox Facilities (Co-ed)</b>			
Program	Location	Contact Info	Description
Thorpe Recovery Centre	Blackfoot (Lloydminster)	780-875-8890 / 1-877-875-8890 780-875-2161 (Fax) <a href="mailto:info@thorperecoverycentre.org">info@thorperecoverycentre.org</a> <a href="http://www.thorperecoverycentre.org">www.thorperecoverycentre.org</a>	12 beds. 7-10 days. Suboxone inductions available, <b>not required</b> . Methadone/Suboxone accepted. Smoking allowed at designated times. Free service (8 AHS Funded beds) or Fee-For-Service (\$350/day). 24/7 support & medical monitoring. Dorm style (3/room) & double rooms. No access to cell phones/electronics/internet. Phone assessment required, first come first served. <b>(COVID-19: Continuous masking for 14 days.)</b>
Calgary Alpha House	Calgary	403-234-7388 ext.2 403-234-7391 (Fax) <a href="mailto:detox@alphahousecalgary.com">detox@alphahousecalgary.com</a> <a href="http://www.alphahousecalgary.com">www.alphahousecalgary.com</a>	8 beds (4 male/4 female). 7-10 days. Suboxone inductions available, <b>not required</b> . Methadone/Suboxone accepted. Dorm style (3+/room). Wheelchair accessible. Smoking allowed; nicotine replacement options provided. 24/7 staffing & medical monitoring. Access to: Nurses, Pharmacist, Physician, & Addiction Support Workers. Limited access to cell phones. Phone interview or drop-in assessment required. <b>[Transitional Program: 12 transitional beds. 30 days. Harm Reduction model with 12-Step &amp; Well-briety programs integrated. Dorm style (4+/room) rooms. Access to cell phones, computers, client phone. Limited family visits/passes.]</b> <b>(COVID-19: Negative rapid test required for detox admissions; continuous masking)</b>
Renfrew Recovery Centre (AHS)	Calgary	403-297-3337 403-297-4592 (Fax) <a href="http://www.albertahealthservices.ca/services/renfrewrecoverycentre.aspx">www.albertahealthservices.ca/services/renfrewrecoverycentre.aspx</a>	40 beds. 5-8 days. Suboxone inductions available, <b>not required</b> . Suboxone, Methadone & Kadian accepted. No opioid pain medications allowed. Dorm style (3+/room). No smoking; nicotine replacement options provided. No visits. No cell phones or internet access. Resident phone access for local calls, calling cards required for long distance calls. 24/7 support & medical monitoring. Access to: Physicians, Nurses, Addiction Counsellors, & Client Care Assistants. Services provided: Naloxone training, Safeworks groups, AA/CA groups, SMART Recovery, Recovery Dharma, PALS, indigenous healing circle, & recreation activities. Clients must present to 1611 Remington Rd NE between 7-7:30am for assessment. Beds assigned based on medical need. Youth requiring medical detox may be accepted with prior arrangement. <b>(COVID-19: 32 beds. Screening at the door, no entry if symptomatic; waiting room capacity limited; continuous masking; testing provided on admission; clients re-directed if symptoms develop during admission.)</b>
Addiction Recovery Centre (AHS)	Edmonton	780-427-4291 ext. 1 780-638-3074 (Fax)	42 beds (26 male, 14 female, 2 flex beds). 5-day average stay. Suboxone inductions available, <b>not required</b> . Methadone/Suboxone accepted. No smoking; nicotine replacement options provided. Dorm style (3+/room). No cell phone access; Resident phone, TV, computer with internet available. No visits/passes. 24/7 support & medical monitoring. Access to: Nurses, Physician, Psychiatrist, & Addiction Counsellors. Services provided: 12-Step Meetings, recreation & leisure activities, smoking cessation groups, Naloxone training, overdose education, discharge planning/support. Clients can self-refer to 10302 107 Street NW between 09:30-10:30am for assessment. Emergency Department & Community referrals accepted - beds assigned based on need. No on-site parking. <b>(COVID-19: Continuous masking for entirety of stay, symptom screening x2/daily, physical distancing in place.)</b>

George Spady Centre Detox	Edmonton	780-424-8334 ext. 0 587-524-1531 (Fax) <a href="mailto:admin@gspady.ab.ca">admin@gspady.ab.ca</a> <a href="http://www.gspady.org">www.gspady.org</a>	35 beds. 3-15 day stay with flexibility. Suboxone inductions available, <b>not required</b> . Methadone/Suboxone accepted. No medication restrictions. Smoking allowed. Family visits encouraged. Dorm style (3+/room). No cell phones or parking available. Access to TV, internet, & resident phone. 24/7 staffing. Access to: Physician, Nurse Practitioner, & Addiction Counsellors. Services offered: 12-Step Meetings, overdose education, Naloxone training, education sessions, recreation/leisure activities, self-help groups, referrals to community resources, etc. Clients can self-refer in person at 10:30am at 10015 105A Avenue, North Gate or by telephone: 780-424-8335 ext 0.
Foothills Centre	Fort Macleod	403-553-4466 403-553-4819 (Fax) <a href="mailto:foothillscentre@gmail.com">foothillscentre@gmail.com</a> <a href="http://www.foothillscentre.ca/">www.foothillscentre.ca/</a>	21 beds. 5-7 days, determined through assessment. Support for community managed Suboxone inductions available, <b>not required</b> . Methadone/Suboxone accepted. Individualized medication support. Smoking allowed. Dorm style beds (3+/room). No cell phone or internet access. Resident phone available on evenings/weekends. No visits/passes. 24/7 staffing. Access to: Paramedics, 1-1 Case Managers. Services offered: Discharge planning, 12-Step Meetings, mandatory daily group sessions, Pre-Treatment detox, Transition program (volunteering, life-skills, outings), 3-Day Relapse Prevention stays. Self-Referral. Phone assessment required. <b>(COVID-19: Pre-admission &amp; daily symptom screening. Continuous masking required for entirety of stay. Symptomatic individuals will be placed in isolation, possibly transferred out of facility. No CPAP machines, blow dryers, bedding, or pillows from home.)</b>
Pastew Place Detox Centre	Fort McMurray	780-791-2525 780-791-0358 (Fax) <a href="mailto:ppdcs@shaw.ca">ppdcs@shaw.ca</a>	16 beds (12 male/2 female/2 observation). Length of stay determined by assessed medical need. Social/Non-Medical detox. Suboxone inductions <b>not required</b> (available through referral to AHS ODP Clinic or Virtual Opioid Dependency Program). Smoking allowed. Dorm style (3+/room). Limited access to cell phones. Services offered: 5-day psychoeducational sessions, 12-Step Meetings, referrals to community resources, Pre-Treatment detox co-ordination (3 beds), Post-Treatment aftercare program (2 fee-for-service beds). Self-Referral. <b>(COVID-19: No passes/visits allowed. Continuous masking required for entirety of stay.)</b>
Northern Addictions Centre Detox (AHS)	Grande Prairie	780-538-5210 780-538-6369 (Fax)	20 beds. 5-10 days. Suboxone inductions available, <b>not required</b> . Smoking allowed in designated areas; nicotine replacement options provided. Double or Dorm (3+) bedrooms. No cell phones/internet/tv. Visits/Passes allowed. 24/7 support & medical monitoring. Access to: Nurses, Physician, & Addiction Counsellors. Services offered: Naloxone training, self-help meetings, referrals to community resources, Relapse & Recovery Planning. Self-Referral. Wheelchair accessible. <b>(COVID-19: No visits allowed. Continuous masking required for entirety of stay. No self-help meetings. Individuals will be tested upon arrival, placed in isolation room until negative results received.)</b>

MITAA Detox Centre (Metis Indian Town Alcohol Association)	High Prairie	780-523-3372 / 1-800-207-9320 780-523-3922 (Fax) <a href="mailto:mitaa@telusplanet.net">mitaa@telusplanet.net</a>	8 beds (5 male, 3 female). 5-14 days. Suboxone inductions <b>not required</b> . Limited Methadone/Suboxone. Smoking allowed. Social/Non-Medical detox. Individual & double bedrooms. No cell phone/internet access. Resident phone available. 24/7 staffing. Access to Addiction Counsellors & Elders.
Lethbridge Recovery Centre Detox (AHS)	Lethbridge	403-388-6243 403-388-6528 (Fax)  Referral form available at: <a href="http://www.abaddictiontx.ca/directory">www.abaddictiontx.ca/directory</a>	Located in hospital (use 17 <sup>th</sup> St entrance nearest to 10 <sup>th</sup> Ave). 8 beds. 6-10 days. Suboxone inductions available & <b>required for dependant opioid use</b> . Methadone/Suboxone accepted. No smoking; nicotine replacement options provided. 24/7 support & medical monitoring. Individual rooms, shared bathrooms. No cell phones. Shared access to tv/resident phone. 2 visitor policy. Access to: Nurses, Health Care Aides, Spiritual Care Provider, Elder, Physician, Addiction Counsellor, & Social Worker. Services offered: 1-1 & Group Counselling, Naloxone training, & Discharge/Relapse Prevention Planning. Requires referral for admission. <b>(COVID-19: Continuous masking required for entirety of stay. Symptomatic individuals and COVID+ individuals will be placed in isolation.)</b>
Medicine Hat Recovery Centre Detox (AHS)	Medicine Hat	403-529-9021 403-529-9065 (Fax)	6 beds. 5-10 days. Suboxone inductions available & <b>required for opioid use</b> . Methadone → Suboxone transitions available. Methadone/Suboxone accepted. Smoking/Vapes allowed; nicotine replacement options provided. 24/7 support & medical monitoring. Individual rooms & bathrooms. Wheelchair accessible. Limited cell phone access. Internet/TV/resident phones available. Access to: Nurses, Client Care Assistants, Physician, Addiction Counsellors, Psychologist, & Recreation Therapist. Services offered: Fitness facilities, discharge planning & support, Naloxone training. Phone screening/assessment required. Self-referral. <b>(COVID-19: Continuous masking required for entirety of stay. Symptomatic individuals &amp; COVID+ individuals will be placed in isolation. Limited visitors.)</b>
Safe Harbour Society	Red Deer	403-347-0181 <a href="mailto:office@safeharboursociety.org">office@safeharboursociety.org</a> <a href="http://www.safeharboursociety.org">www.safeharboursociety.org</a>	20 beds. 5-10 days. Suboxone inductions available, <b>not required</b> . Methadone & Suboxone accepted. No opioid medications allowed. Benzos must be Physician-reviewed. Smoking allowed; nicotine replacement options provided. Dorm style (3+/room). Not wheelchair accessible. No cell phones; resident phone access for local calls, calling cards required for long distance calls. Limited internet access. No visits/passes. 24/7 support & medical monitoring. Access to: Nurses, Addiction Counsellors, Physician, Elders, & Psychiatry (limited). Services offered: Excellent meals, healthy living conversations, Many Healing Blankets Aboriginal program, 12-Step meetings, Well-briety meetings, sharing circles, & cultural activities. Ability to attend sweat ceremonies. <b>(COVID-19: Continuous masking required for entirety of stay. Meetings are virtual. All staff are vaccinated; clients not required. Vaccinations available, upon request. If outbreak occurs, capacity = 13, everyone to be tested.)</b>

Poundmaker's Lodge Detox	St. Albert	780-458-1884 / 1-866-458-1884 780-459-1876 (Fax) <a href="mailto:detox@poundmaker.org">detox@poundmaker.org</a> <a href="http://poundmakerslodge.ca/">http://poundmakerslodge.ca/</a>	5 beds. 5-7 days. Suboxone inductions available, <b>not required</b> . Privacy curtains provided to separate individual beds. Medically-supported detox. Smoking allowed; nicotine replacement options provided. Limited access to cell phones. No internet. TV available. 24/7 staffing. Access to: Nurses, Elders, Physicians, Psychologist, & Addiction Counsellors. Services offered: Discharge Planning/support, seamless transition into treatment – as able. Self-Referral. Pregnant women will be fast-tracked. Detox services available only to individuals who have been accepted into Poundmaker's treatment program. <b>(COVID-19: Symptomatic individuals will not be admitted; all admissions will be tested. Continuous masking in effect.)</b>
Bringing the Spirit Home Detox	Standoff	403-737-8600 (ext. 2) 403-737-8601 (Fax) <a href="http://www.btdh.ca">www.btdh.ca</a>	24 beds. 10-14 days. Suboxone inductions available, <b>not required</b> . No opioid medications allowed. Double rooms. Smoking allowed; nicotine replacement options provided. Access to phone & internet. Visits allowed. 24/7 support & medical monitoring. Access to: Physicians, Paramedics, Addiction Counsellors, & Elders. Services offered: 1-1 & Group Counselling, Cultural programming, Optometry, Dental Care, & post-treatment transitional support. Self-Referral. Pregnant women will be fast-tracked. <b>(COVID-19: Isolation beds utilized until negative test received; daily symptom screening x2, limited visitors.)</b>
Swan Hills Detox (AHS)	Swan Hills	780-333-7000 780-333-7009 (Fax)	3 beds. 6-10 days. Suboxone inductions available, <b>not required</b> . Individual rooms. All regularly prescribed medications reviewed prior to admission. Medically-supported detox. Wheelchair accessible. Limited smoking; nicotine replacement options provided. No cell phone, internet, electronic device access. 24/7 staffing. Access to: Physicians, Nurses, Mental Health Therapist, Addiction Counsellor, & Elders. Services offered: 1-1 Counselling (face-to-face & virtual), Naloxone training, treatment & discharge planning. <b>(COVID-19: Screening on admission; continuous masking; physical distancing in effect.)</b>

## Intensive Adult Substance Use Treatment Facilities (Co-ed)

Program	Location	Contact Info	Description
Thorpe Recovery Centre	Blackfoot (Lloydminster)	780-875-8890 / 1-877-875-8890 780-875-2161 (Fax) <a href="mailto:info@thorperecoverycentre.org">info@thorperecoverycentre.org</a> <a href="http://www.thorperecoverycentre.org/">www.thorperecoverycentre.org/</a>	60 beds (38 AHS funded). 42-90 days. No Benzo/Stimulant/Opioid medications. 30-day Suboxone/2-3 month Methadone stability required. Smoking allowed at designated times. Double rooms. No cell phones/ internet, 2x20min calls/week. No passes. Visits available starting on 2 <sup>nd</sup> Sunday. Therapeutic Community model. 24/7 staffing. Access to: Nurse Practitioner, Nurses, Addiction Counsellors, & Social Workers. Services offered: Daily education sessions, 3 x 1-1 sessions & Group Counselling, Music Therapy, Life Skills, Seeking Safety (PTSD + Substance Use) Program, Gym, Yoga, 12-Step Meetings, SMART Recovery, Emotional Freedom Technique (EFT), Relapse Prevention Planning, referrals to appropriate community resources. Programming for affected family members (partners & kids). Focus on Substance Use, Concurrent Disorders, Sex Addiction, & Gambling Recovery. Self-Referral for Fee-For-Service bed. AHS referral required for funded beds. <b>(COVID-19: Continuous masking for 14 days; Physical distancing always expected between clients, staff, &amp; visitors.)</b>
Lander Treatment Centre (AHS)	Claresholm	403-625-1395 403-625-1300 (Fax) <a href="http://www.albertahealthservices.ca/services/Page13119.aspx">www.albertahealthservices.ca/services/Page13119.aspx</a>	48 beds. 18-24 days (possibility of pre-treatment stabilization). Stable Methadone/Suboxone allowed. Medications to be reviewed through application process. No smoking; nicotine replacement options provided. Double rooms. No electronic devices allowed. 24/7 staffing. Access to: Addiction Counsellors, Nurses, Client Care Assistants, Mental Health Therapist, & Recreation Therapist/Therapy Assistants. Services offered: Daily education sessions, 1-1 & Group Counselling, Relapse Prevention Planning, Introduction to SMART Recovery & 12-Step Programs, Recreation/Leisure Therapy. Focus on Substance Use, Tobacco, & Gambling Recovery. Self-Referral. <b>(COVID-19: Sunday visits on-hold; continuous masking in effect.)</b>
Henwood Treatment Centre (AHS)	Edmonton	780-422-4466 (Admissions) 780-422-9069 (Main) 780-422-5408 (Fax)	72 beds (60 available). 19 days. Benzos/Methadone/Suboxone/Kadian accepted. All medication reviewed by Physician. No smoking; nicotine replacement options provided. Dorm style (3+/room). No cell phones; access to resident phone & pay phones. Limited internet access. Holistic approach, abstinence model. 24/7 staffing. Access to: Nurses, Social Workers, Occupational Therapist, Recreational Therapy, Addiction Counsellors, Physician, & Psychiatrist. Services offered: Daily education sessions, 1-1 & Group Counselling, Gender-specific programming, Relapse Prevention Planning, Introduction to 12-Step Model & SMART Recovery, community programs & services referrals. Focus on Substance Use Recovery. Supported Transitional Housing provided. Self, Agency, & Community Referral. <b>(COVID-19: 46-bed capacity. No passes/visits. Continuous masking in effect. Screening upon entry. Isolation beds available for symptomatic individuals.)</b>

Fort McMurray Recovery Centre (AHS)	Fort McMurray	780-793-8300 780-793-8301 (Fax)	16 beds. 28 days. Methadone/Suboxone accepted. All meds to be reviewed prior to admission. No smoking; nicotine replacement options provided. Individual rooms/shared bathrooms. No cell phones, electronics, or computer access. Strengths-based approach supporting 12-Step & abstinence models. 24/7 staffing. Access to: RN, Addiction Counsellors, Client Care Aides, & Recreation Therapist. Services offered: Daily psychoeducational sessions, 1-1 & Group Counselling, Relapse Prevention & Aftercare Planning, & Recreational Activities. 10-day Virtual Intensive Day Treatment Program via Zoom (requires access to phone/tablet/computer supporting audio and visual capability, with internet). Focus on Substance Use Recovery. Referral from addictions professional with medical assessment required. <b>(COVID-19: 12 beds. Continuous masking in effect. Daily screening/temperature checks. No weekend passes. Social distancing &amp; enhanced sanitization protocols.)</b>
Northern Addictions Centre (AHS)	Grande Prairie	780-538-6350 <a href="mailto:Admissions.NAC-treatment@albertahealthservices.ca">Admissions.NAC-treatment@albertahealthservices.ca</a>	20 beds. 21 days. Methadone/Suboxone accepted. Smoking allowed; nicotine replacement options provided. Double bedrooms. No cell phones; pay phones available. No internet access. Visits/Passes provided. Abstinence approach. 24/7 staffing. Weekly access to Physician. Services offered: Daily education sessions, 1-1 & Group Counselling, Relapse Prevention Planning, 12-Step Meetings, Peer Support, Recreation Therapy, & Family Support. Focus on Substance Use & Gambling Recovery. Self, Agency, & Community Referrals. Wheelchair accessible.
Fresh Start South Country	Lethbridge	403-329-6603 403-328-5756 (Fax) <a href="mailto:Info@freshstartrecovery.ca">Info@freshstartrecovery.ca</a> <a href="http://www.freshstartrecovery.ca/about-us/fresh-start-south-country/">www.freshstartrecovery.ca/about-us/fresh-start-south-country/</a>	23 beds (19 male/4 female). 14-16 weeks. Suboxone allowed (No Methadone at this time). Smoking allowed. Dorm style (3+/room). Access to cell phones & internet. Passes & visits allowed. 12-Step, Abstinence model. 24/7 staffing. Services offered: Daily education sessions, 1-1 & Group Counselling, Exercise Facilities, 12-Step Meetings, Alumni meetings, Family Healing Program, Relapse Prevention Planning, Outpatient services. 46 Post-Treatment aftercare housing beds available for as long as needed. Focus on Substance Use & Process Addiction Recovery. Self-Referral. Not wheelchair accessible.
Medicine Hat Recovery Centre (AHS)	Medicine Hat	403-529-9021 403-529-9065 (Fax)	12 beds. 28 days. Methadone/Suboxone accepted. Benzos allowed. Smoking allowed; nicotine replacement options provided. Individual & Double Rooms. Limited cell phone access. Access to internet, tv, 2 resident phones. 3 <sup>rd</sup> weekend passes & visits available. May be drug-tested. Holistic, Harm Reduction approach. 24/7 staffing. Access to: Physician, Nurses, Addiction Counsellors, Recreation Therapist, Client Care Assistants, & Psychologist. Services offered: Daily education sessions, Group & 1-1 Counselling, Relapse Prevention Planning, Peer Support, Leisure/Recreation Activities, Exercise Room, Naloxone Training, introduction to recovery resources, support to connect with community programs & services. Focus on Substance Use Recovery. Self-Referral. Wheelchair accessible. <b>(COVID-19: Continuous masking required; Limited passes &amp; visits.)</b>

## Intensive Adult Treatment Facilities (Concurrent Disorders)

Program	Location	Contact Info	Description
<p>Claresholm Centre for Mental Health &amp; Addictions (AHS)</p>	<p>Claresholm</p>	<p>403-682-3500                      403-682-3527 (Admissions Coordinator)                      403-625-3051 (Fax)  <a href="mailto:claresholmcentre@ahs.ca">claresholmcentre@ahs.ca</a>  <a href="http://www.albertahealthservices.ca/services/page13575.aspx">www.albertahealthservices.ca/services/page13575.aspx</a></p>	<p>28 co-ed beds. Up to 90 days. Suboxone/Methadone/Kadian accepted. Benzo/Stimulant/Opioid medications allowed, with agreement to taper; taper may be requested to be done in community/hospital prior to admission. No smoking; nicotine replacement options provided. Individual &amp; Double Rooms. Wheelchair accessible. Limited cell phone access (3hrs on weekends). Internet access on Fridays. Visits allowed; passes after 6<sup>th</sup> week. Abstinence model. 24/7 staffing. Partnership with Psychiatric Units &amp; Landers Treatment Centre. Access to: Nurses, Social Workers, Physician, Psychiatrists, &amp; Psychologist. Services offered: Daily education sessions, Group Programming (Cognitive-Behavioural Therapy &amp; Dialectical Behavioural Therapy skills), Vocational Rehab Program (Computers, Horticulture, Woodworking, &amp; Crafts), Individualized Case Management, Recreation sessions, Relapse Prevention Planning, Medication Management. Focus on Substance Use Recovery &amp; Concurrent Disorders. AHS or Physician Referral; Psychiatric Assessment Required (within last 1 year).  <b>(COVID-19: No passes or off-grounds privileges – unless supervised; on-site visits allowed with masking/social distancing in place; 14-day isolation or continuous masking on admission depending on individual’s circumstances.)</b></p>
<p>Centennial Centre for Mental Health &amp; Brain Injury (AHS)</p>	<p>Ponoka</p>	<p>403-783-7754                      403-783-7896 (Fax)  <a href="mailto:sandra.klein@ahs.ca">sandra.klein@ahs.ca</a>  <a href="https://www.albertahealthservices.ca/findhealth/facility.aspx?id=1000242">https://www.albertahealthservices.ca/findhealth/facility.aspx?id=1000242</a></p>	<p>17 co-ed beds. 22 days. Minimum 5 days substance free before admission. Ages 18-64; Priority for pregnant women &amp; individuals ages 18-24. Free with valid PHN/Alberta Health card; transportation is client’s own responsibility. Suboxone/Methadone accepted. Benzo/Stimulant/Opioid medications allowed, with agreement to taper. No smoking/vaping allowed; nicotine replacement options provided. Double Rooms. Wheelchair accessible. Limited cell phone access. Internet/resident phone access. Limited visits allowed. Harm Reduction approach. Must have severe, persistent mental health &amp; substance use disorders. Requires ongoing connection with Addiction &amp; Mental Health services &amp; attached Psychiatrist. Drug tested on intake &amp; randomly throughout. 24/7 staffing. Access to: Addiction Counsellors, Social Workers, Physicians, Psychiatrists, Psychologists, Recreation Therapists, &amp; Nurses. Services offered: Daily education sessions, 1-1 &amp; Group Counselling, Relapse Prevention Planning, Medication Management, &amp; Aftercare follow up by phone. Focus on Substance Use Recovery &amp; Concurrent Disorders. AHS or Physician Referral. <b>(COVID-19: Open with limited capacity; Outside food/beverages not allowed. Require 7-10 day self-isolation prior to admission; Vaccinations not required, but available to clients on-site.)</b></p>

## Intensive Adult Substance Use Treatment Facilities (Male)

Program	Location	Contact Info	Description
1835 House (Recovery Acres Society)	Calgary	403-245-1196 403-244-4019 (Fax) <a href="mailto:info@recoveryacres.org">info@recoveryacres.org</a> <a href="https://recoveryacres.org/">https://recoveryacres.org/</a>	30 beds. 42 days – 1 year. No Suboxone/Methadone, Benzos/Opioid medications allowed. Smoking allowed. Double & Dorm (3+/room). Access to cell phones & internet. Passes provided after 28 days. Family visits available. 24/7 staffing. Access to: Psychologist, Peer Support, Addiction Counsellors, & Physician. 12-Step, Abstinence-based Cognitive Behavioral Therapy approach. Services offered: 1-1 & Group Counselling, virtual session availability for community supports, workshops for anxiety, depression, trauma, & suicidality. 15 after-care spaces available for up to 2yrs. Focus on Substance Use Recovery. <b>(COVID-19: Masking required in common areas for first 14 days. Symptomatic individuals will be placed in isolation. Daily symptom screening.)</b>
Calgary Dream Centre	Calgary	403-243-5598 403-287-9680 (Fax) <a href="mailto:info@calgarydreamcentre.com">info@calgarydreamcentre.com</a> <a href="http://www.calgarydreamcentre.com">www.calgarydreamcentre.com</a>	49 days. Suboxone/Methadone allowed. No Benzos/Sleep Aid/Opioid pain medications allowed. Smoking allowed; nicotine replacement options provided. Double rooms. AB Supports Funding is NOT available for this program; \$1200 intake fee. Abstinence model. Passes & visits available. Access to: Addiction Counsellors, Social Workers, Pastor, & Psychologist. Connected with Alex Community Health Physicians. Services offered: 1-1 & Group Counselling, 12-Step Meetings, Cognitive Behavioural Therapy, Dialectical Behavioural Therapy, after-care planning, Leisure activities, Equine Horse Therapy, Woodworking shop, Volunteering, Mindfulness practice, & Career Development classes. Focus on Substance Use Recovery. Self-Referral. Wheelchair accessible. <b>Transitional Housing After-Care Program:</b> Regular bed openings. Access to Case Management. Services offered: 12-Step Meetings, On-site church services. <b>(COVID-19: Limited passes &amp; visits. Continuous masking for first 14 days. Daily temperature checks. Physical distancing implemented in elevator, classroom, &amp; dining area.)</b>
Fresh Start Recovery Centre	Calgary	403-387-6266 / 1-844-768-6266 403-235-1532 (Fax) <a href="mailto:info@freshstartrecovery.ca">info@freshstartrecovery.ca</a> <a href="http://www.freshstartrecovery.ca/">www.freshstartrecovery.ca/</a>	50 beds. 14-16 weeks. Suboxone allowed (No Methadone at this time). Smoking allowed. Double rooms. Cell phones allowed. Client computer available. Passes & visits allowed. 12-Step, Abstinence Model. 24/7 staffing. Access to: Physical Trainer, bi-weekly Naturopath & Physician visits. Services offered: Daily education sessions, Group & 1-1 Counselling, Exercise Facilities, Fitness classes, Alumni Meetings, Family Healing Program, Outpatient services. 46 Post-Treatment aftercare housing beds as long as needed. Focus on Substance Use & Process Addiction Recovery. Self-Referral.



Simon House Recovery Centre	Calgary	403-247-2050 <a href="mailto:info@simonhouse.com">info@simonhouse.com</a> <a href="https://simonhouse.com/">https://simonhouse.com/</a>	64 beds. 3-6 months. Methadone/Suboxone, Stimulant medications allowed. No Benzo/Opioid medications allowed. Medication management on-site. Drug testing at admission & randomly after. Smoking allowed/no vapes. Double rooms. Limited, scheduled cell phone access. Wifi access during leisure time. Overnight passes with counsellor-approval. Visits allowed. Harm Reduction & Abstinence-based 12-Step Models. 24/7 staffing. Access to: Social Workers, Addiction Counsellor, Pharmacist, Nurse Practitioner, Psychiatrist & First Nations Elders. Services offered: Daily education sessions, 1-1 & Group Counselling, AfterCARE & FamilyCARE programming (remote/virtual). 12-Step Meetings required. Focus on Substance Use & Process Addiction Recovery. Self-Referral. Continuous intake = quicker admission process. Not wheelchair accessible. <b>(COVID-19: Continuous masking in common areas. Basic protocols in place. Double vaccination required of all staff, recommended for clients. COVID-testing required if symptomatic.)</b>
Our House Addiction Recovery Centre	Edmonton	780-474-8945 780-479-2271 (Fax) <a href="mailto:house@ourhouseedmonton.com">house@ourhouseedmonton.com</a> <a href="http://www.ourhouseedmonton.com/home.html">www.ourhouseedmonton.com/home.html</a>	60 beds. 10-12 months. Methadone/Suboxone allowed. Smoking allowed. Double rooms. Access to cell phones & internet. Visits & passes provided. Therapeutic Community approach using 12-Step/Abstinence based model- must complete up to Step 5. Staffing until 2am. Access to: Addiction Counsellors, Social Workers, & Peer Support. Services offered: 12-Step Meetings, Trauma intervention, 1-1, & Group Counselling, Understanding Anger, Mental Health First Aid, 18-Session Men in Recovery Programming. Focus on Substance Use, Gambling Recovery, & Concurrent Disorders. Not wheelchair accessible. <b>(COVID-19: Continuous masking for entirety of stay. 14-day quarantine upon admission. No visits. Passes for essential needs only – cannot use per. Symptomatic individuals placed into isolation immediately.)</b>
Shunda Creek (Enviros Wilderness Treatment Base Camp)	Nordegg	403-340-5466 403-340-4874 (Fax) <a href="mailto:Shundayatadmissions@ahs.ca">Shundayatadmissions@ahs.ca</a> <a href="http://www.enviros.org/shunda-creek-wilderness-addiction-treatment/">www.enviros.org/shunda-creek-wilderness-addiction-treatment/</a>	10 beds. 90 days. Ages 18-24. Adventure-based treatment Everything needed for wilderness activities is provided. Suboxone allowed with 2-week carries. No Benzo/Opioid/Sleep/Methadone medication. Limited Stimulant medications. No smoking; nicotine replacement options provided. Individual rooms. No cell phones or tablets; 2 x 15 min personal phone calls/week. Limited internet access for employment/housing searches only. Individually tailored treatment to each client (12-Step Models, holistic, harm reduction, etc). 24/7 staffing. Access to: Addiction Counsellors, Mental Health Therapists, Family Counsellor. Supported access of community Physician, Virtual ODP Clinic. Services offered: Pre-admission support, Family, Group, & 1-1 Counselling, Wilderness-based programming (Camping, Canoeing, Rock Climbing, Hiking, Mountain Biking, etc), Indigenous Teachings, Sweat Lodge, Therapeutic Music Groups, Education sessions, Family Weekends, & After-care support. Focus on Substance Use Recovery & Concurrent Disorders. AHS Program – referral required from AHS Addictions & Mental Health staff. Must be detoxed prior to admission. Not wheelchair accessible. <b>(COVID-19: Continuous masking for first 14 days &amp; when returning from home visits; no on-site visits or Family Weekends available.)</b>

## Intensive Adult Substance Use Treatment Facilities (Female)

Program	Location	Contact Info	Description
Alcove Addiction Recovery for Women	Calgary	403-984-2707 403-242-3915 (Fax) <a href="mailto:intake@alcoverecover.net">intake@alcoverecover.net</a> <a href="http://www.alcoverecover.net/">www.alcoverecover.net/</a>	23 beds. 90 days. Family program for kids 0-4. Suboxone allowed. No Methadone, Stimulant, Benzo, Sleeping, Laxative, or Opioid medications. Pre-admission consultation required for all prescribed medications. Individual & Double rooms with kids. Smoking allowed. No cell phones allowed. Tablets allowed (only used by kids). Passes & visits provided on weekends; no on-site visits. Holistic, trauma-informed model. 24/7 staffing. Services offered: 1-1 & Group Counselling, Mother & Child program (including child therapy), Life Management Skills, Nutritional Groups, & Psychiatry. Off-site child-care required for kids 6+ months. Focus on Substance Use, Process Addiction Recovery, & Concurrent Disorders. Not wheelchair accessible. <b>(COVID-19: Continuous masking. Not running at full capacity.)</b>
Aventa Centre of Excellence for Women with Addictions	Calgary	403-245-9050 403-245-9485 (Fax) <a href="mailto:info@aventa.org">info@aventa.org</a> <a href="https://aventa.org/">https://aventa.org/</a>	42 beds (42-day Phase 2 program); 12 beds (90-day YAT program for 18-24 years); 16 beds (90-day program for Phase 2 or YAT completion). Priority provided for pregnant/at-risk women. Methadone & Suboxone accepted. No Benzo/Opioid, limited ADHD medications. Consult with medications prior to admission. Smoking allowed. Dorm style (3/room). No cell phones/tablets. Limited resident phone/internet access. Visits/passes after 2 <sup>nd</sup> week. Gender-specific, trauma-informed treatment model. 24/7 staffing. Access to: Nurses, Psychiatrist, Physician, Addiction Counsellors, Psychologists, Social Workers, & Dental Care. Services offered: 1-1 & Group Counselling, Yoga, Fitness Room, Peer Support, 12-Step & SMART Recovery Meetings, Family Support workshops, Stephanie Covington's "Helping Women Recover" programming, weekly Continuing Care alumni support groups. Focus on Substance Use, Process Addiction Recovery, & Concurrent Disorders. AHS Referral required for YAT. Must be detoxed prior to admission. Wheelchair accessible. <b>(COVID-19: Continuous masking. Negative test required before admission. Physical distancing in effect. Adaptations made according to Provincial orders.)</b>

<p>2<sup>nd</sup> Floor FASD Recovery Centre</p>	<p>Cold Lake</p>	<p>780-594-9903 780-594-9907 (Fax) <a href="mailto:2ndfloordadmin@lcfasd.com">2ndfloordadmin@lcfasd.com</a> <a href="https://lcfasd.com/the-2nd-floor/">https://lcfasd.com/the-2nd-floor/</a></p>	<p>9 beds. 42 days. Ages 15+. Harm Reduction/Trauma-informed model. Specialized services available for pregnant women using substances (discharge = 1 month before due date). Pregnancy is not required for admission. Methadone &amp; Suboxone accepted. Limited medications allowed – consult beforehand. Individual rooms. Wheelchair accessible. Smoking allowed (6 breaks/day). No cell phones/tablets/laptops. Random drug tests. 24/7 staffing. Access to: Nurses, Addiction Counsellors, Dental Hygienist, &amp; Eye Care. Services offered: 1-1 &amp; Group Counselling, Life-skills, Circle of Courage Program, medicine wheel-based approach, FASD education, Yoga, Massage, Drumming, Meditation, Life-skills development, support to attend community health appointments. Volunteering, Legal Assistance, Pre/Post-natal health, aftercare planning, liaising with CFS. Focus on Substance Use Recovery &amp; Harm Reduction. Self-Referral. Medical assessment required. 5-7 day medical detox required prior to admission. <b>(COVID-19: Masking required in areas where social distancing cannot be maintained; encouraged at all times; No Passes/Visits.)</b></p>
<p>Adeara Recovery Centre for Women &amp; Children</p>	<p>Edmonton</p>	<p>780-423-5516 780-429-1090 (Fax) <a href="mailto:office@adeara.ca">office@adeara.ca</a> <a href="https://adeara.ca/">https://adeara.ca/</a></p>	<p>10 suites. Minimum 6 months. Children up to 10 years old allowed. Abstinence approach. Room &amp; Board cost determined on income; \$500.00 for Damage Deposit; \$200.00 for Textbook fee. No Methadone/Suboxone. Restricted medication list available on-line. Individual rooms. Not wheelchair accessible. Limited cell phone use. Computer lab available. Passes/Visits provided. No smoking allowed. Drug testing provided. Must be able to complete housekeeping duties and willing to forgo romantic relationships unless legally married. Faith-based, trauma-informed treatment. 24/7 staffing. Access to: Addiction Counsellors &amp; Support staff. Services offered: Group &amp; 1-1 Counselling, Fitness programming, Spiritual Development, Educational classes (Parenting, Neuroscience of Addiction, Life Skills Development, Financial Development, Boundaries, etc). Focus on Substance Use, Process Addiction Recovery, &amp; Concurrent Disorders. Online Self-Referral (must submit Application &amp; Service Contract). Women with children receive preference. Must be detoxed 7 days prior to admission. <b>(COVID-19: Every resident has her own suite; meals are independent; negative COVID test required for admission.)</b></p>

## Indigenous/NNADAP Substance Use Treatment Facilities (Co-ed)

Program	Location	Contact Info	Description
Bonnyville Indian-Metis Rehabilitation Centre	Bonnyville	780-826-3328 780-826-4166 (Fax) <a href="mailto:bimrcdl@mcsnet.ca">bimrcdl@mcsnet.ca</a> <a href="http://www.bimrc.ca/">www.bimrc.ca/</a>	28 days. Suboxone accepted; must be stable for 1+ month. Methadone allowed if stable. No opioid/anxiety medications accepted. Smoking allowed. Not wheelchair accessible. No cell phones; evening pay-phone access. TV access. Computer access for supervised virtual appointments. Passes/visits provided. Holistic, 12-Step Model of recovery. Culturally specific programming. 24/7 staffing. Access to: Elders, Addiction Counsellors, Social Workers, Trauma Counsellor, & Grief Support Counsellor. Services offered: Weekly Sweats, 1-1 & Group Counselling, 12-Step Meetings, & Educational Workshops. Focus on Substance Use Recovery. <b>(COVID-19: Continuous masking for entirety of stay. No visitors/passes or outings. No sweats.)</b>
Sunrise Healing Lodge	Calgary	403-261-7921 403-269-5578 (Fax) <a href="mailto:nasgeneral@nass.ca">nasgeneral@nass.ca</a> <a href="http://nass.ca/">http://nass.ca/</a>	36 beds. 70 days. No Methadone/Suboxone, Benzos, Stimulant, or Opioid pain medications accepted. Smoking allowed; nicotine replacement options supported, if prescribed. Double rooms. Wheelchair accessible. No cell phone or internet access; Resident phone available. Passes & visits available. 12-Step/Abstinence model & Holistic, Aboriginal-based approaches. Access to: Recovery Counsellors, Social Workers, 12-Step Sponsors, & Support Workers. Additional community partnerships with Pharmacist, Nurses, Dental Care. Services offered: Educational groups, 1-1, Family & Outpatient Counselling, Sweats, Pipe Ceremonies, Sharing Circles, Cultural Crafting, Traditional Medicines, Elder Visits, After-Care planning, active Alumni group, 12-Step completion. Focus on Substance Use & Gambling Addiction Recovery. Self-Referral. <b>(COVID-19: No sweat lodges. 1 weekly visit with 2 family members/virtual visits encouraged. Weekly 2-hour pass for essential supplies. Continuous masking required for entirety of stay. Daily screening &amp; temperature checks. Physical distancing in educational &amp; dining areas.)</b>

<p>Mark Amy Treatment Centre (Wood Buffalo Wellness Society)</p>	<p>Fort McMurray</p>	<p>780-334-2398 780-334-2352 (Fax) <a href="mailto:markamy@onehealth.ca">markamy@onehealth.ca</a> <a href="http://www.markamytreatmentcentre.com">www.markamytreatmentcentre.com</a></p>	<p>14 beds. 56+ days. (12 NNADAP funded beds; 2 United Way funded beds for non-Indigenous clients). Suboxone accepted; must have prescription for entire stay. No Methadone. Limited Benzo, Stimulant, &amp; Opioid medications allowed. Consult around medication prior to applying. Smoking allowed; nicotine replacement options provided. Double &amp; Dorm style (3+/room). Wheelchair accessible. Weekly phone access. No internet access. No passes provided; clients have weekly outings. Family visits on Sundays. 12-Step/Well-briety Meetings, First Nations Holistic &amp; trauma-informed model. 24/7 staffing. Access to: Addiction Counsellors, Social Workers, Peer Support, &amp; Elders. Services offered: 1-1, Group, &amp; Family Counselling, Psychiatrist Video-Conferencing/On-site monthly, Art Therapy, Residential School education, Cultural teachings, &amp; Sweat Lodges. Focus on Substance Use, Process Addiction Recovery, &amp; Concurrent Disorders. Continual Intake. <b>(COVID-19: Virtual Day Treatment Programming: Monday-Friday: 8-4pm; COVID-tested upon admission. Masking required for 14 days, 2<sup>nd</sup> test taken before mask-free for rest of programming. Staff remain masked at all times.)</b></p>
<p>Kapown Treatment Program</p>	<p>Grouard  (As of Oct 2021: All programming provided at Narrow's Wilderness Camp, while construction taking place at Grouard location)</p>	<p>780-751-3921 1-888-751-3921 780-751-3831 (Fax) <a href="mailto:intake@kapown.ca">intake@kapown.ca</a> <a href="http://www.kapown.ca">www.kapown.ca</a></p>	<p>32 beds (17 male/15 female). 56 days. NNADAP funding or \$163/day. Methadone/Suboxone accepted. Limited Benzo, Stimulant, &amp; Opioid medications. Drug tests completed. Smoking allowed. Double rooms. Wheelchair accessible. Drug testing utilized. No electronics or cell phones; 2 x 10 min. phone calls/week. No internet access; Online banking allowed. No passes. 4-hr weekend visits. Staffing available 7:45am-9:45pm; security from 9:45pm-8am. 12-Step &amp; First Nations Holistic models. Access: to Addiction Counsellors, Mental Health services, Psychiatrist Video-Conferencing weekly/On-site monthly. Services offered: 1-1 Counselling, Seeking Safety (PTSD + Substance Use) Program, Cognitive Behavioural, Motivationally Enhanced &amp; Solution-Focused Therapies, accommodations for special needs, mobility, &amp; literacy concerns. Focus on Substance Use Recovery &amp; Concurrent Disorders. 2<sup>nd</sup> Stage Housing Program, including a mandatory 14-42 day outpatient aftercare program. <b>(COVID-19: 10 beds (5 male/5 female). 2 negative COVID tests required before individuals transition to Narrows Wilderness Camp for programming; Currently – no Methadone/Suboxone clients allowed, unable to accommodate wheelchairs at this temporary location.)</b></p>

Beaver Lake Wah-Pow Treatment Centre	Lac La Biche	780-623-2553 780-623-4076 (Fax) <a href="mailto:beaverlaketreatmentcenter@yahoo.ca">beaverlaketreatmentcenter@yahoo.ca</a> <a href="http://www.beaverlakecreenation.ca/Health/">www.beaverlakecreenation.ca/Health/</a>	45 beds. 49 days. (35 NNADAP funded beds; 10 beds for non-Indigenous clients with \$2695 cost). Suboxone accepted with 1-week carries. Limited Benzo medications. No Methadone/Opioid medications. Smoking allowed. Double rooms. No cell phones; resident phone access after 2 weeks. No internet access. No passes; family visits on Saturdays after 2 <sup>nd</sup> week. 12-Step/Well-briety model, First Nations Holistic approach. 24/7 staffing. Access to: Addiction Counsellors, Elder, & Psychologist. Services offered: <b>Couples programming</b> (limited access), Concurrent Capable Team, Culturally-Based Programming, Smudging, Sweats, Church outings, Trauma-Informed Interventions, & Residential School education. Focus on Substance Use Recovery.
Footprints Healing Centre	Morinville	780-939-3544 780-939-3524 (Fax) <a href="mailto:footprintshealingcenter@gmail.com">footprintshealingcenter@gmail.com</a>	12 beds. 47 days. NNADAP treaty-clients only. Traditional cultural/abstinence-based approach to recovery. Access to: Mental Health Therapist, Nurses. Services offered: 1-1, Group, & Family Counselling, Seeking Safety (PTSD + Substance Use) Program, Residential School education, recreational activities, Sharing Circles, Spiritual Ceremonies, 12-Step Meetings, & Aftercare Program. Focus on Substance Use Recovery & Concurrent Disorders. 7-days substance-free required before admission. <b>(COVID-19: Continuous masking for entirety of stay. CURRENTLY CLOSED FOR RESIDENTIAL TREATMENT. Only Online Virtual Treatment provided at this time)</b>
Poundmaker's Lodge Treatment Centre	St. Albert	780-458-1884 / 1-866-458-1884 780-459-1876 (Fax) <a href="mailto:info@poundmaker.org">info@poundmaker.org</a> <a href="http://poundmakerslodge.ca/">http://poundmakerslodge.ca/</a>	97 beds. 42 days (90 days for 18-24 years). Methadone/Suboxone allowed. Some medication restrictions – consultation before admission encouraged. Smoking allowed; nicotine replacement options provided. Double rooms. No cell phones; 4 personal calls/week. Internet access. Limited visits/passes. 12-Step, Abstinence-based & traditional First Nations models. 24/7 staffing. Access to: Nurses, on-site Pharmacy, Psychologist, Occupational Therapist, Elders, & Addiction Counsellors. Accommodations for physical & mental disabilities. Services offered: Daily education sessions, Group Counselling, Sweat Lodges, Healing & Smudging Ceremonies. Young adult program includes: Wilderness Excursions, Hiking, Canoeing, etc. Focus on Substance Use & Process Addiction Recovery. 7 Supportive Transitional Housing (Iskeww Healing Lodge) after-care beds for women. Self-Referral. Pregnant women will be fast-tracked. <b>(COVID-19: Symptomatic individuals will not be admitted; all admissions will be tested. Continuous masking in effect. No visitors/outside passes available.)</b>
Kainai Healing Lodge	Standoff	403-373-3757 1-888-737-3757 403-737-2207 (Fax)	24 beds. 6 weeks (closed intake). NNADAP funded. Methadone/Suboxone allowed. Limited opioid medications. Smoking allowed. Double rooms. No cell phone/internet access. Family visits allowed. No passes. Spiritual, Holistic approach. Services offered: Daily education sessions, 12-Step Meetings/Well-briety programming. Focus on Substance Use Recovery. Medical forms required.

## Second Stage/Transitional Recovery Living Facilities (Co-ed)

Program	Location	Contact Info	Description
Oxford House	Calgary Drumheller Edmonton	403-214-2046 403-214-2047 (Fax) <a href="mailto:support@oxfordhouse.ca">support@oxfordhouse.ca</a> <a href="http://oxfordhouse.ca/">http://oxfordhouse.ca/</a>	<b>Calgary:</b> 18 houses (89 beds for men & women); <b>Edmonton:</b> 8 houses (40 beds for men & women); <b>Drumheller:</b> 1 house (5 men's beds); Pre-Treatment housing in Calgary (4 men's beds & 4 women's beds); Covid isolation home in Calgary (8 beds for men & women); Culturally-supported Indigenous Recovery Homes (3 in Calgary & 2 in Edmonton for men & women). No set length of stay. \$570/month; \$200 damage deposit. Suboxone/Methadone allowed; no carries. Psychiatric medications allowed. Smoking allowed. Individual rooms. Not wheelchair accessible. Abstinence approach. Access to: House Leads & Peer Support Workers. 4 separate housing models for individuals seeking recovery or treatment. House management responsibilities distributed within household. Off-site recovery meetings encouraged. <b>(COVID-19: Continuous masking, increased sanitization practices. 2 designated COVID isolation houses.)</b>
Place of Dignity Program (George Spady Society)	Edmonton	780-424-8334 ext. 0 587-524-1531 (Fax) <a href="mailto:admin@gspady.ab.ca">admin@gspady.ab.ca</a> <a href="http://www.gspady.org">www.gspady.org</a>	6 beds with privacy screens. No determined program length. Suboxone/Methadone allowed. No medication restrictions. Managed Alcohol Program. Smoking allowed. Cell phones/laptops/tablets allowed. Clients come & go. Family visits encouraged. Harm reduction/Bio-psycho-social, trauma-informed model. 24/7 staffing. Access to: Social Worker, Indigenous Cultural Helper, Health Care Aides & Nurse. Referrals & support available for additional medical appointments. Client-led focus groups guide programming. Agency referral required. Available for homeless/mobility-challenged Edmonton residents only. <b>(COVID-19: Require negative COVID test prior to admission. Strongly encouraged, but not required to be vaccinated.)</b>
Rising Above	Grande Prairie	780-533-3025 780-532-3253 (Fax) <a href="mailto:admin@risingabovegp.com">admin@risingabovegp.com</a> <a href="http://www.risingabovegp.com">www.risingabovegp.com</a>	19 male beds. 14 female beds. 6 months. Suboxone/Methadone not allowed. Regularly prescribed medications supported. Smoking allowed. Wheelchair accessible. 12-Step, Christian model. TV & internet access. Passes available. Access to trained facilitator staff. Services offered: 1-1, Family, & Spiritual Counselling, Life Skills Sessions (Addiction, Anxiety, Anger, Conflict Resolution, Employment Readiness, Self-Esteem, Budgeting, etc); Volunteering, Mentorship, 12-Step Meetings. Outpatient programming available. Focus on Substance Use Recovery. <b>(COVID-19: Continuous masking for first 14 days. Confirmed negative test required prior to admission.)</b>

Southern Alcare Manor (SAM)	Lethbridge	403-328-0955 403-381-2021 (Fax) <a href="mailto:admin.alcare@shaw.ca">admin.alcare@shaw.ca</a> <a href="http://www.southernalcaremanor.ca/">www.southernalcaremanor.ca/</a>	25 beds (max. of 6 female beds). 90 days+. Suboxone/Methadone allowed. All regularly prescribed medications supported. Smoking allowed. Double Rooms. Not wheelchair accessible. Abstinence approach. Access to: resident phone, cell phone, & computer station. Visits & passes available. 24/7 staffing. Access to: Addiction Counsellors, Psychologist, Provisional Psychologist, & Recovery Coaches. Services offered: 1-1, EMDR Trauma, & Group Counselling, Seeking Safety (PTSD + Substance Use) Program, SMART Recovery, ACT & DBT, Job readiness programming, Volunteering, Recreational Activities (Golf, Fishing, Swimming, Snow-Shoeing, Crafting, Bowling, etc), Daily psychoeducation sessions, 12-Step Meetings required. Focus on Substance Use & Gambling Addiction Recovery. Transitional housing after-care program available. <b>(COVID-19: Vaccinations required for admission.)</b>
Residents in Recovery	Lloydminster	877-201-3955 587-800-1453 (Fax) <a href="mailto:info@residentsinrecovery.com">info@residentsinrecovery.com</a> <a href="http://www.residentsinrecovery.com">www.residentsinrecovery.com</a>	13 beds/2 homes. 12 weeks. \$520/month, \$200/damage deposit, \$100/materials. Methadone/Suboxone allowed. Smoking allowed. Individual Rooms. Client computer available. Cell phones/tablets allowed until 11pm. Weekend passes after 1 <sup>st</sup> month. No overnight visits, unless children; no opposite gender in-house visits. Harm reduction model. Access to: House Mentors, Addiction Counsellors, & Peer Support. Services offered: 12-Step Meetings, SMART Recovery Meetings, & daily education sessions (Harm Reduction, Addiction & Mental Health, Life Skills, Legal Supports, Relapse Prevention, Smoking Cessation, etc.). Transitional Beds (Post-Detox/Pre-Treatment), Outpatient Clinic (M-F: 9:30-3pm). Focus on Substance Use & Process Addiction Recovery.
LYNX Recovery House	Medicine Hat	403-952-6284 403-529-9637 (Fax) <a href="mailto:LYNX.Admissions@mcmansouth.ca">LYNX.Admissions@mcmansouth.ca</a> <a href="http://www.mcmansouth.ca/lynx-recovery-house.html">www.mcmansouth.ca/lynx-recovery-house.html</a>	16 beds (3-unit triplex). 3 months (with possible extension up to 6 months). Methadone/Suboxone allowed. Prescribed medications allowed. Random Drug Testing. Smoking allowed in designated areas. Individual Rooms. Wheelchair accessible. Private phone lines available for outgoing calls in each bedroom. Cell phones/tablets allowed. Access to wifi & shared resident computer. Pre-approved weekend passes/visits allowed (no visitors under 18). Abstinence-based model rooted in SMART Recovery philosophy. Staffing 8am-6pm, 7 days/week. Access to: Recovery Support Workers & Program Supervisor, with involved community supports. Services offered: 1-1 Case Management, ongoing assessment/recovery support, Crisis Intervention, Life Skills, Addiction & Mental Health education, connection to appropriate community resources. 5 support meetings/week mandated. Transitional Beds (Post-Detox, awaiting treatment/Post-Treatment, awaiting housing). Focus on Substance Use Recovery. Must be substance free for 5+ days prior to admission. <b>(COVID-19: 10 beds operational; must be without symptoms on intake.)</b>



## Second Stage/Transitional Recovery Living Facilities (Male)

Program	Location	Contact Info	Description
Centre of Hope Addictions Recovery (Salvation Army)	Calgary	403-410-1111 <a href="mailto:info@salvationarmycalgary.org">info@salvationarmycalgary.org</a> <a href="http://www.salvationarmycalgary.org/residential.html">www.salvationarmycalgary.org/residential.html</a>	30 beds. 3-12 months. No Suboxone/Methadone, Stimulant, Benzos, or Opioid medications allowed. Smoking allowed. Individual rooms. No cell phones. Computer lab access. Passes provided on 3 <sup>rd</sup> week. Abstinence-based, Christian approach. 24/7 staffing. Access to: Addiction Counsellor, Social Worker, Chaplain, Spiritual Care Staff, Client Service Workers, & Resource Specialist. Services offered: Group & 1-1 Counselling, Recreation programming & gymnasium, Meditation chapel. Focus on Substance Use Recovery. Self-Referral via phone assessment. 10-days without substance use prior to admission.
Grace House	Drumheller	403-823-5437 403-823-7468 (Fax) <a href="mailto:counsellor@grace-house.ca">counsellor@grace-house.ca</a> <a href="http://www.drumhellergracehouse.com/index.php">www.drumhellergracehouse.com/index.php</a>	12 beds. 90+ days. Ages 25+. No Suboxone/Methadone, Benzos/Opioid medications allowed. Smoking & vapes allowed. Individual & double rooms. Not wheelchair accessible. No cell phones; resident phone & computer access. Passes provided after 3 weeks. Family visits allowed. Abstinence model. Staffing 8:30-4:30pm; on-call 24 hours. Access to: Addiction Counsellor & Support Staff. Services offered: 1-1 Counselling, Odd Jobs Squad work therapy/ability to earn money, Gender-specific Recovery-focused Programming (“Helping Men Recovery”), 12-Step Meetings & Step-Work. Comfortable, homely setting. Focus on Substance Use Recovery. <b>(COVID-19: 10 beds with 2 isolation beds. Masks required for first 14 days; vaccinations are not required, but strongly recommended.)</b>
Alton House	Edmonton (Sherwood Park)	780-860-7485 <a href="mailto:admissions@thealtonhouse.com">admissions@thealtonhouse.com</a> <a href="http://www.thealtonhouse.com/">www.thealtonhouse.com/</a>	10 beds. Up to 1.5 years. \$750/month + utilities. Methadone & Suboxone allowed. 12-Step, Abstinence-based recovery environment. Random drug testing utilized. Access to: Peer Support, Pharmacist. Services offered: 12-Step Programming support, 3 dogs (pet therapy), Life skill development (cooking, cleaning, house management skills). Self-referral via online application or phone call.
Jellinek House	Edmonton	780-488-1160 780-488-5984 (Fax) <a href="mailto:info@jellinek.ca">info@jellinek.ca</a> <a href="https://jellinek.ca/">https://jellinek.ca/</a>	17 beds. 90 days-1.5 years. 30+ days substance free, ideally has completed residential treatment within last 3 years. Methadone/Suboxone allowed; no carries, must use program’s pharmacy. No Benzo medications allowed. Smoking/Vapes allowed in designated outdoor area. Individual/Double/Dorm-style rooms-based on seniority. Not wheelchair accessible. Cell phones/Tablets & Laptops allowed. Family visits allowed. 12-Step Abstinence approach. Staffing 9-5pm; on-call 24 hours. Access to: Addiction Counsellor, Social Worker, & Support Workers. Residents need to be employed, enrolled in school, volunteering (or looking). Homely setting. Services offered: 1-1 Counselling, Educational Group sessions, & 12-Step Meetings. Focus on Substance Use Recovery. Self-Referral. <b>(COVID-19: Full vaccination required.)</b>

Recovery Acres	Edmonton	<p>780-471-2996 780-477-1578 (Fax) <a href="mailto:info@recoveryacres.ca">info@recoveryacres.ca</a> <a href="http://www.recoveryacres.ca">www.recoveryacres.ca</a></p> <p><b>Robson House:</b> 780-760-6744 587-523-5863 (Fax)</p>	<p>34 beds. 3+ months. (\$40/day if no active Alberta Health Care #). No medication restrictions. Suboxone/Methadone allowed; doses to be dropped off. Drug testing utilized. Smoking allowed; nicotine replacement options provided. Dorm style (2-4/room). Not wheelchair accessible. Limited cell phone access. Passes available on 4<sup>th</sup> weekend. Visits allowed. 12-Step Abstinence-based approach (step-work, big book studies). 24/7 staffing. Access to: Social Worker &amp; Addiction/Relapse Prevention Counsellor. Services offered: 1-1 &amp; Group Counselling, Educational Workshops, Men's Support Groups, &amp; Life-Skills. 90-day Relapse Prevention/Community Transition Program following graduation – if needed. Focus on Substance Use &amp; Process Addictions Recovery. Pre-admission interview required.</p> <p><b>(COVID-19: Continuous masking. No overnight passes. All visits must take place outside.)</b></p> <p><b>2<sup>nd</sup> Stage Supportive Living - Robson House:</b> 20 beds. Up to 2 years. \$550/month; \$350 security deposit. Methadone &amp; Suboxone allowed. Available post-treatment completion (within 1 year, preferably in last 6 months). On-call staff 24/7. Access to: Addiction Counsellor, House Manager, Community Transition Worker, &amp; Housing Co-ordinator. Peer-support model. Ongoing after-care: job training, community supports, &amp; long-term housing. 12-Step Meetings required.</p>
Transformations (Salvation Army)	Edmonton	<p>780-429-4274 780-426-5392 (Fax) <a href="mailto:arc_edmonton@can.salvationarmy.org">arc_edmonton@can.salvationarmy.org</a> <a href="http://www.edmontonarc.org/transformations">www.edmontonarc.org/transformations</a></p>	<p>4 months. No Methadone/Suboxone, Stimulant, Opioid, or Benzo medications allowed. Not wheelchair accessible. Abstinence-based, bio-psycho-social approach. Drug testing utilized. No smoking; Nicotine replacement options provided. No walkers/IVs/Oxygen. Access to: Addiction Counsellors, Chaplain, &amp; Peer Support. Services offered: 1-1 &amp; Group Counselling, Spiritual supports, Educational Workshops, Life-Skill Development, Relapse Prevention, Family Education sessions, YMCA Pass, 12-Step Meetings, &amp; Chapel services. Focus on Substance Use recovery. Gr. 12 Literacy required. Requires medical forms &amp; 10-days substance-free prior to admission. 2<sup>nd</sup> Stage Supportive Living available.</p>

<p>Exodus Recovery Program (Streets Alive Mission)</p>	<p>Lethbridge</p>	<p>403-320-1159 403-320-1060 (Fax) <a href="mailto:exodus@streetsalive.ca">exodus@streetsalive.ca</a> <a href="http://www.streetsalive.ca/exodus-mens-life-recovery-program/">www.streetsalive.ca/exodus-mens-life-recovery-program/</a></p>	<p>18 beds. 4 months for Phase 1 &amp; 2. \$900/month. AB Supports funding permitted. No Stimulant, Benzo, or Opioid medications allowed. Methadone &amp; Suboxone allowed, with agreement to taper. Faith-based, abstinence program. Smoking/vaping allowed. Individual &amp; double rooms. Not wheelchair accessible. Limited TV, resident phone, &amp; cell phone (after 60 days) access. Internet access. Passes provided pending staff approval. Family visits allowed on Sundays. Drug testing utilized. 24/7 staff. Access to: Addiction Counsellor, Pastor, Peer Support, &amp; Social Worker – if needed. Services offered: Group &amp; 1-1 Counselling, Educational workshops, Spiritual Care/Support, Volunteering, Financial Management, Freedom From Addiction Workshop, 12-Step Meetings. Self-Referral. Must be 5-days substance free prior to Phase 1 admission.</p> <p><b>Transitional Housing (Phase 3) available up to 1-year</b> (pending availability), including: Employment readiness support, 1-1 counselling, Life-Skills training, individual rooms, support for community reintegration.</p>
<p>Alberta Men's Centre (Teen Challenge Canada Inc.)</p>	<p>Priddis</p>	<p>1-800-856-8902 1-403-931-3853 (Fax) <a href="mailto:info@tcalberta.ca">info@tcalberta.ca</a> <a href="http://www.tcalberta.ca/">www.tcalberta.ca/</a></p>	<p>30 beds (24- 1 year program; 6- post-graduate programming). 1 year. \$100 application fee, \$1000 admission fee. No Benzos, Opioid, Stimulant medications or Methadone allowed. Suboxone allowed, with taper program in place. No smoking (smoking cessation program available). Double rooms. No cell phones or internet. Family visits &amp; passes available. Faith-Based, Abstinence model. 24/7 staffing. Access to: Addiction Counsellors, Spiritual Supports, &amp; Peer Support. Services offered: 1-1 &amp; Group Counselling, Life-skill development, Spiritual Formation support, Volunteering, Relapse Prevention planning, aftercare programming. Focus on Substance Use Recovery. <b>(COVID-19: Vaccination not required; 5-days isolation upon admission.)</b></p>

## Second Stage/Transitional Recovery Living Facilities (Female)

Program	Location	Contact Info	Description
Calgary Dream Centre	Calgary	403-243-5598 403-287-9680 (Fax) <a href="mailto:info@calgarydreamcentre.com">info@calgarydreamcentre.com</a> <a href="http://www.calgarydreamcentre.com">www.calgarydreamcentre.com</a>	6+ month program. Access to: Physician, Psychiatrist, & Addiction Counsellors. Services offered: 1-1 Counselling, Individualized Case Management, DBT, Goal Setting, Genesis Relapse Prevention Counselling, Co-dependency groups, & Fitness Classes. Referral/Application must be submitted while in treatment program.
Next Step Ministries	Calgary	403-520-8080 <a href="mailto:info@nextstepministries.ca">info@nextstepministries.ca</a> <a href="http://www.nextstepministries.ca/">www.nextstepministries.ca/</a>	Women exiting from sexual exploitation and trafficking. 7 beds between 2 semi-independent homes. 12-18 months. \$400/month + one's own groceries. Methadone/Suboxone accepted. Medication restrictions; consult beforehand. Individual rooms. Smoking allowed. Cell phone & computer access. 12-Step Abstinence, Faith-Based model. Possibility of weekend passes after 3 months. 24/7 on-call staffing. Access to: Trauma Counsellor, Social Workers, Addiction Counsellors, & Pastor. Services offered: Day Programming on M/T/Th/F, Peer Support Workers, Volunteering opportunities, Equine Therapy, Mindfulness, Life Skills, Domestic Violence programming, Self-Esteem groups, Trauma Therapy, & Art Therapy. Focus on Lifestyle Recovery (Substance Use, Gambling, Criminal Activities). Must be detoxed with stabilized mental health. <b>(COVID-19: Follow provincial guidelines; Continuous masking.)</b>
Althea House (Recovery Acres Society of Edmonton)	Edmonton	780-760-6744 587-523-5863 (Fax) <a href="mailto:beth@recoveryacres.ca">beth@recoveryacres.ca</a> <a href="http://www.recoveryacres.ca">www.recoveryacres.ca</a>	5 beds. \$550/month; \$350 security deposit. 6 months – 1 year (if working); up to 2 years (if attending school). No medication restrictions. Suboxone/Methadone allowed; doses to be dropped off. Drug testing utilized. Smoking allowed. Individual & double rooms. Not wheelchair accessible; must be able to climb stairs. Internet/Cable included in house fund, cell phones allowed. Peer-support model based on 12-Step Abstinence approach. On-call staffing 24/7. Access to: Addiction Counsellor, Community Transition Worker, Housing Co-ordinator, & House Manager. Services offered: Job training & employment support, Life Skills, independent housing support, required 12-Step Meetings. Focus on Substance Use & Process Addictions Recovery. Self/Agency referral. In-person or phone interview required. Requires recent completion of residential treatment program within last 1 year to be eligible. <b>(COVID-19: No visitors.)</b>

McDougall House Association	Edmonton	780-426-1409 780-429-3459 (Fax) <a href="mailto:counsellor@mcdougallhouse.com">counsellor@mcdougallhouse.com</a> <a href="https://mcdougallhouse.com/">https://mcdougallhouse.com/</a>	12 beds. Recommended 3 month stay, extensions available beyond that. Methadone/Suboxone accepted. Medication restrictions; consult beforehand. Abstinence-based model. Smoking allowed. Individual & double rooms. Not wheelchair accessible. Cell phone/tablets access. 24/7 staffing. Access to: Addiction Counsellors & Pharmacist. Staff-approved visits allowed. Services offered: 1-1 & Group Counselling, Educational workshops, Supportive Recovery Meetings. Focus on Substance Use & Process Addiction Recovery. Must complete Intensive Treatment program before applying. 7-days substance-free prior to admission. <b>(COVID-19: Continuous masking, restricted community passes, rapid covid-test done upon admission, outdoor visitations only.)</b>
Narrow Road Home	High River	403-710-0744 <a href="mailto:kim@narrowroadhome.com">kim@narrowroadhome.com</a> <a href="http://www.narrowroadhome.com/">www.narrowroadhome.com/</a>	14 beds. No defined program length. Program costs assessed individually. Must be medically-detoxed/stable prior to admission. Methadone/Suboxone allowed. No medication restrictions. Faith-Based model. No smoking allowed. Double & Dorm-Style (3) rooms. Not wheelchair accessible. Limited access to passes, internet, & cell phones. Family visits allowed. Access to: Life Coaches, Chaplains, & Pastors. Services offered: 1-1 Ministry sessions, Family sessions, Job Skills training & volunteering, Inner Healing sessions. Focus on Substance Use & Process Addiction Recovery. <b>(COVID-19: Precautions are in accordance with Alberta Health mandates; increased caution for outings.)</b>
Genesis Recovery Program (Streets Alive Mission)	Lethbridge	403-942-5600 403-320-1060 (Fax) <a href="mailto:info@streetsalive.ca">info@streetsalive.ca</a> <a href="http://www.streetsalive.ca/genesis-womens-ministry/">www.streetsalive.ca/genesis-womens-ministry/</a>	14 beds (3 – Phase 1; 6 – Phase 2; 4- Phase 3). \$600/month. AB Supports funding permitted. No Methadone, Stimulant, Benzo, or Opioid medications allowed. Suboxone allowed, with agreement to taper. Faith-based, bio-psycho-social-spiritual recovery approach. Smoking/vaping allowed. Individual & double rooms. Wheelchair accessible. Limited TV, Internet, & resident phone access. Limited cell phone access after 30 days. Passes provided pending staff approval. Pre-approved visits allowed. Drug testing utilized. 24/7 staff. Access to: Counsellors, AHS Mental Health Services, Pastor, Peer Support, & Medical/Dental Care. Services offered: Educational workshops, Spiritual Care/Support, Volunteering, Financial Management, ID support, Employment Readiness, Freedom From Addiction Workshop, 12-Step Ladies Meetings. Self-Referral. Intended for Pre/Post-Treatment stabilization, requires detox (5-days substance free). <b>Transitional Housing (Phase 3)</b> available up to 1-year (pending availability), including: Employment readiness support, 1-1 counselling, Life-Skills training, individual rooms, & support for reintegration into community. <b>(COVID-19: Masking required for all public outings; vaccinations not required.)</b>

Iskwew Healing Lodge	St. Albert	780-458-1884 / 1-866-458-1884 780-459-1876 (Fax) <a href="mailto:info@poundmaker.org">info@poundmaker.org</a> <a href="http://poundmakerslodge.ca/">http://poundmakerslodge.ca/</a>	7 beds. 8-weeks. \$40/day Room & Board. Methadone/Suboxone must be stabilized, approved case-by-base. No Opioid/Pain, Benzo, or Stimulant medications - Consult before applying. Smoking allowed. Individual & double rooms. Limited TV/cell phone access. Internet access upon request. Limited visits/passes. 12-Step, Abstinence-based Therapeutic Community & traditional First Nations models. 24/7 staffing. Access to: Cultural Advisors, Elder, & Support Staff. Pregnant women allowed, will be fast-tracked; unable to accommodate newborn/post-birth. Services offered: Daily education sessions, Group Counselling, 12-Step Meetings, support to complete up to Step 3, Exercise Room, & Cultural Activities - Sweetgrass Ceremonies, Sweat Lodges, Smudging, Beading, Round Dances, & Pow Wow. Focus on Substance Use & Process Addiction Recovery. Self-Referral with medical form required. Must have recently completed Residential Treatment program (if not Poundmakers, 14 days of assessment required). <b>(COVID-19: Continuous masking for 14 days; 4 designated visitors with physical distancing, mask wearing for 1-hour visits.)</b>
Grandmother Turtle House	Westlock	780-983-1874 <a href="mailto:info@nightwind.ca">info@nightwind.ca</a> <a href="http://www.nightwind.ca">www.nightwind.ca</a>	4 beds. 4-6 months. Cost: To be determined. Ages 15-22. No Methadone/Suboxone allowed; some medication restrictions, consult before applying. No smoking; nicotine replacement may be considered. Individual rooms. Cell phone, telephone, internet, & tv access during designated times. Visits/Passes allowed with team approval. Trauma-informed, traditional First Nations model. 24/7 staffing. Access to: Therapists, Elders, Social Workers, & Youth Care Workers. Services offered: 1-1 & Group Counselling, recreational activities, daily living skills, education, employment, transition to independent living. Focus on Substance Use, Process Addictions, & Concurrent Disorders Recovery. Self-Referral. <b>(COVID-19: Continuous masking for entirety of stay; virtual meetings, no outings, daily symptom screening.)</b>

**Things to Consider with Client: What does s/he need to feel safe? What is most important to help her/him be successful?**

Male vs Female vs Co-Ed Facility?  
 How many beds available?  
 Length of Program?  
 Cost of Program?  
 Smoking vs Non-Smoking Program? Are Vapes allowed?  
 Is Nicotine Replacement provided?  
 12-Step/Abstinence Based or Harm Reduction Based Program?  
 Are passes or visits allowed?  
 Are kids allowed on-site?  
 Access to Fitness Programming?  
 Wheelchair accessible?

Access to Physician? Pharmacist? Nursing Staff? Psychiatrist?  
 Addiction Counsellor? Psychologist? Support Workers? Client  
 Care Assistants? Cultural Mentors/Elders? Peer Support?  
 Access to Internet? Cell Phones? TV? Resident Phone?  
 Individual vs Double vs Dorm (3+) Bedrooms?  
 Opioid Agonist Treatment (Methadone/Suboxone) allowed?  
 Benzo vs Stimulant vs Pain vs Sleep Medications allowed?  
 Intensive Treatment vs Transitional/Supportive Programming?  
 Culturally sensitive/indigenous programming? Trauma treatment?  
 Substance Use vs Process Addiction vs Gambling vs Concurrent  
 Disorders Programming?