

Margarita Pizza for Comfort Food

Prep Time: 6 mins

Cook Time: 25 mins

Ingredients

1 ½ Cups Natural Crushed Tomato or Low Sodium Version
½ Cup Low Sodium Parmesan Cheese
½ Cup Low Sodium Mozzarella Cheese
12 pieces Basil Leaves
200 g Pizza Dough
1 Tsp Olive Oil (all size meal plans)

Makes 3 Servings

Nutrition Information

For 3 slices:

- Protein: 28 g
- Calories: 535 kCal
- Sodium: 218 mg

Instructions

1. Lightly dust a work surface with some flour.
2. Roll or use hands to flatten and spread the dough around into a circle.
3. Once dough is ready, place on baking sheet.
4. Ladle sauce, spread to just before the outside edge.
5. Tear basil and spread around.
6. Sprinkle small amount of mozzarella over the top.
7. Brush outside edge (crust) with olive oil
8. Bake in oven until golden brown.
9. Cut evenly into 8 pieces and serve.