

My Cirrhosis Passport

MY NAME:

**PHONE
NUMBER:**

Take this passport to every
appointment and use it with your
health care team to help manage
your cirrhosis



My Cirrhosis Care Team

FAMILY DOCTOR

----- Phone: -----

NURSE PRACTITIONER

----- Phone: -----

SPECIALIST

----- Phone: -----

SPECIALIST

----- Phone: -----

PARACENTISIS

----- Phone: -----

ENDOSCOPY

----- Phone: -----

LABORATORY

----- Phone: -----

OTHER

----- Phone: -----

Advanced Care Planning (ACP)

ACP is a way to help you think about, talk about, and document the wishes related to your health care.



Discuss

Begin the conversation



Decide

Create a plan



Direct

Document your choices

Have you talked about Advanced Care Planning with your Family Doctor?

Y/N

Have you talked about Advanced Care Planning with your loved ones?

Y/N

Goals of Care Designation (GCD)



Goals of Care Designations are instructions that guide your healthcare team about the general focus of your care, and where you might want that care. After speaking with you and/or you and your agent, a doctor or nurse practitioner will write your Goals of Care Designation as a medical order.



In a medical emergency, your Goals of Care Designation guides your healthcare team to provide timely care that best reflects your health condition, the treatments that will benefit you, and your own wishes and values.



They Goals of Care Designations are kept in a Green Sleeve that all healthcare teams in all areas of Alberta Health Services recognize. When you're at home, keep your Green Sleeve on or near your fridge. This is where healthcare providers such as Emergency Medical Services will look for it. Any time you go to the hospital or to any healthcare provider, take your Green Sleeve with you

Have you completed a Goals of Care Designation (GCD)?

Y/N